

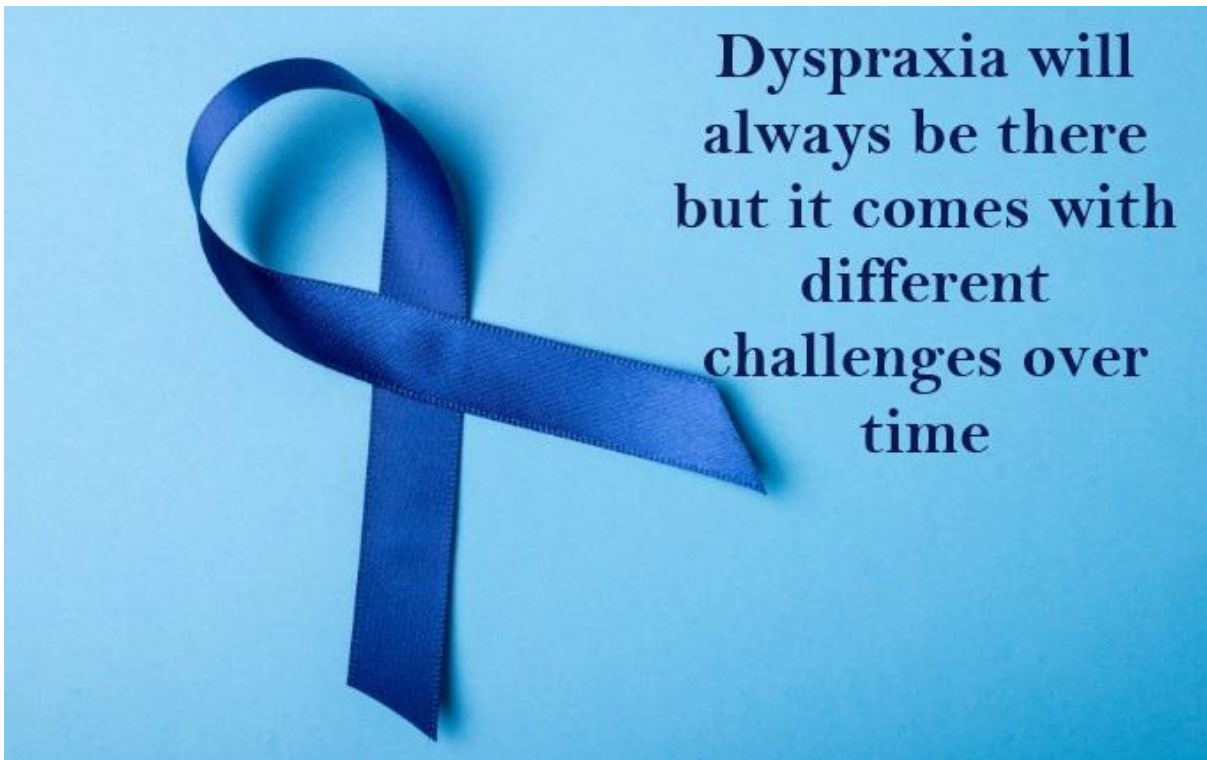
Thought For The Day – July 2024



**When it rains, look for rainbows.**

**When it's dark, look for stars.**

*July 1<sup>st</sup>*



**Dyspraxia will  
always be there  
but it comes with  
different  
challenges over  
time**

*July 2<sup>nd</sup> – Dyspraxia Awareness Week*



Plastic bags are bad and  
for the most part  
unnecessary

*David Suzuki*

July 3<sup>rd</sup> – International Plastic Bag Free Day



Freedom is never dear at any  
price, it is the breath of life.  
What would a man pay for  
living?

*Mahatma Gandhi*

July 4<sup>th</sup> – Independence Day

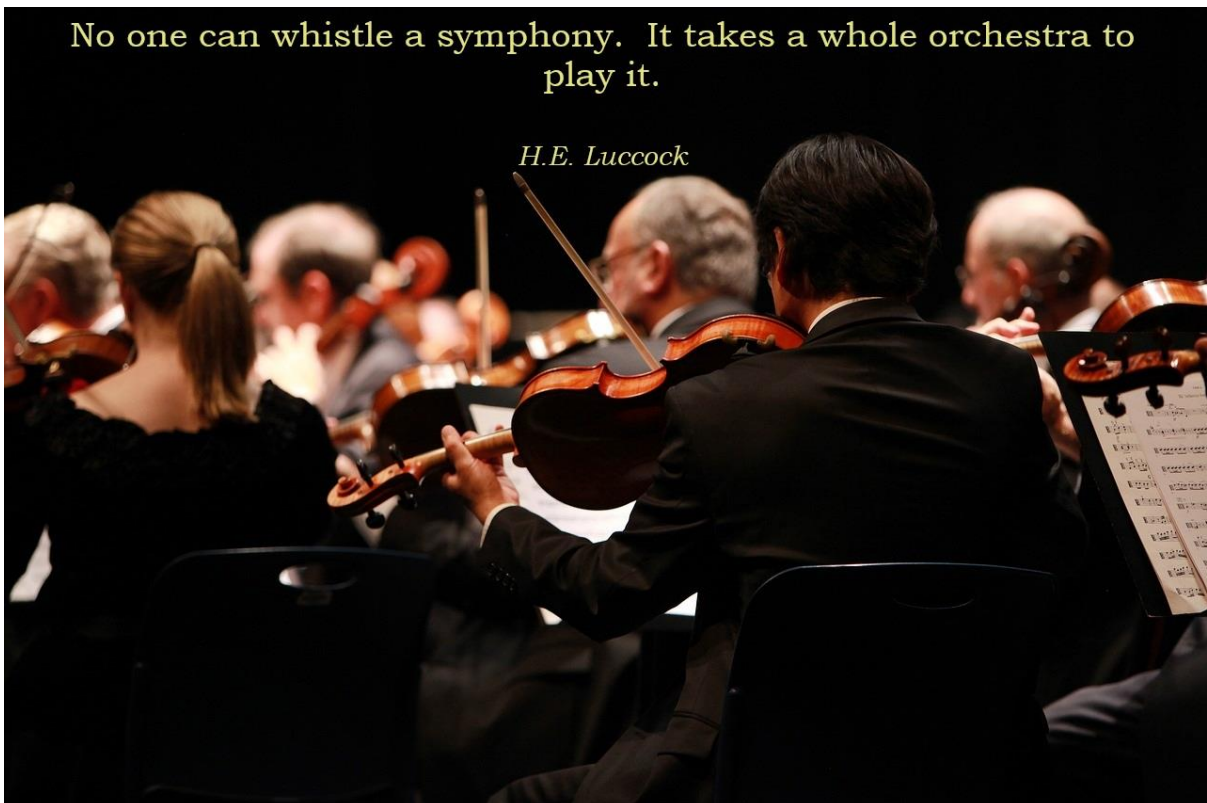




Talent wins games, but  
teamwork and  
intelligence wins  
championships.

*Michael Jordan*

*July 5<sup>th</sup>*



No one can whistle a symphony. It takes a whole orchestra to  
play it.

*H.E. Luccock*

*July 6<sup>th</sup> – International Day of Co-Operatives*

You dance love and you dance joy, and  
you dance dreams.

*Gene Kelly*



*July 7<sup>th</sup> – World Circle Dance Day*

You become what you  
believe.

*Oprah Winfrey*



*July 8<sup>th</sup>*



A close-up photograph of a red, vintage-style alarm clock with two bells and a brass handle, sitting on a patch of green grass with small white daisies. The clock face is visible, showing the time as approximately 10:10.

**Don't watch the clock;  
do what it does. Keep  
going.**

*Sam Levenson*

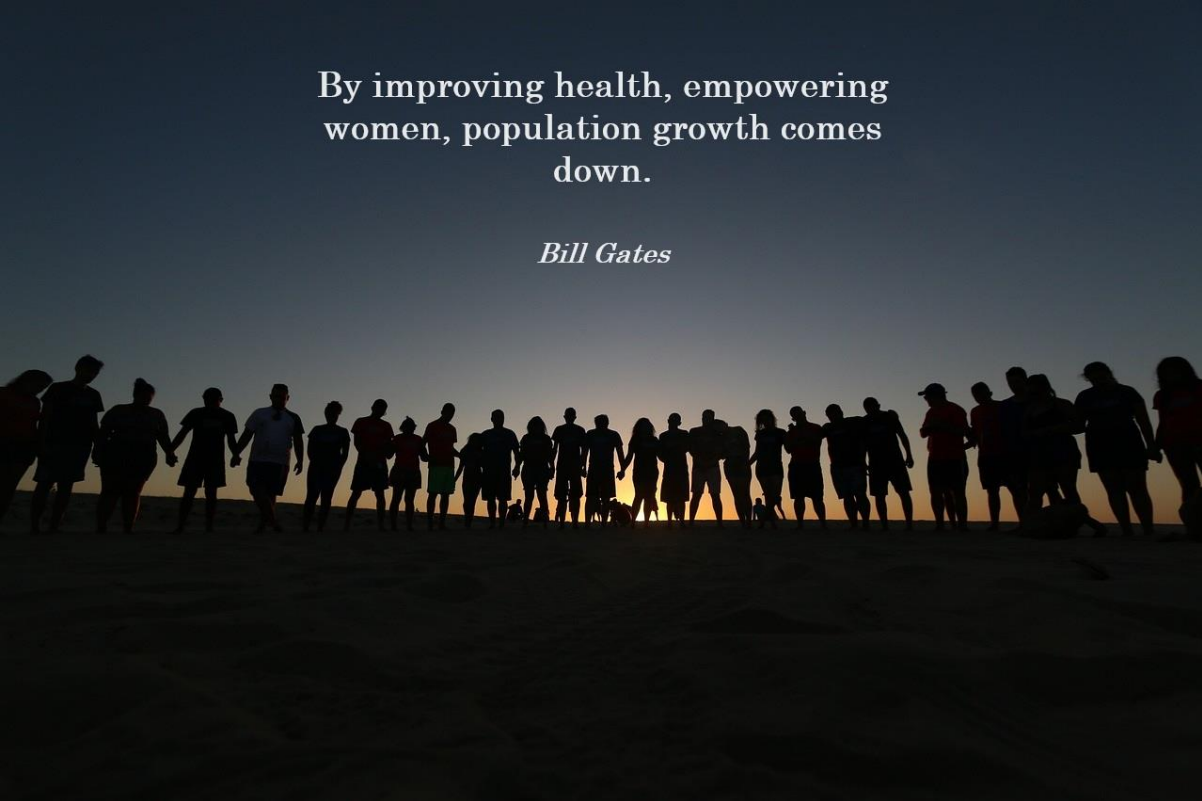
*July 9<sup>th</sup>*



**If bees only gathered nectar  
from perfect flowers, they  
wouldn't be able to make a  
single drop of honey.**

*Matshona Dhliwayo*

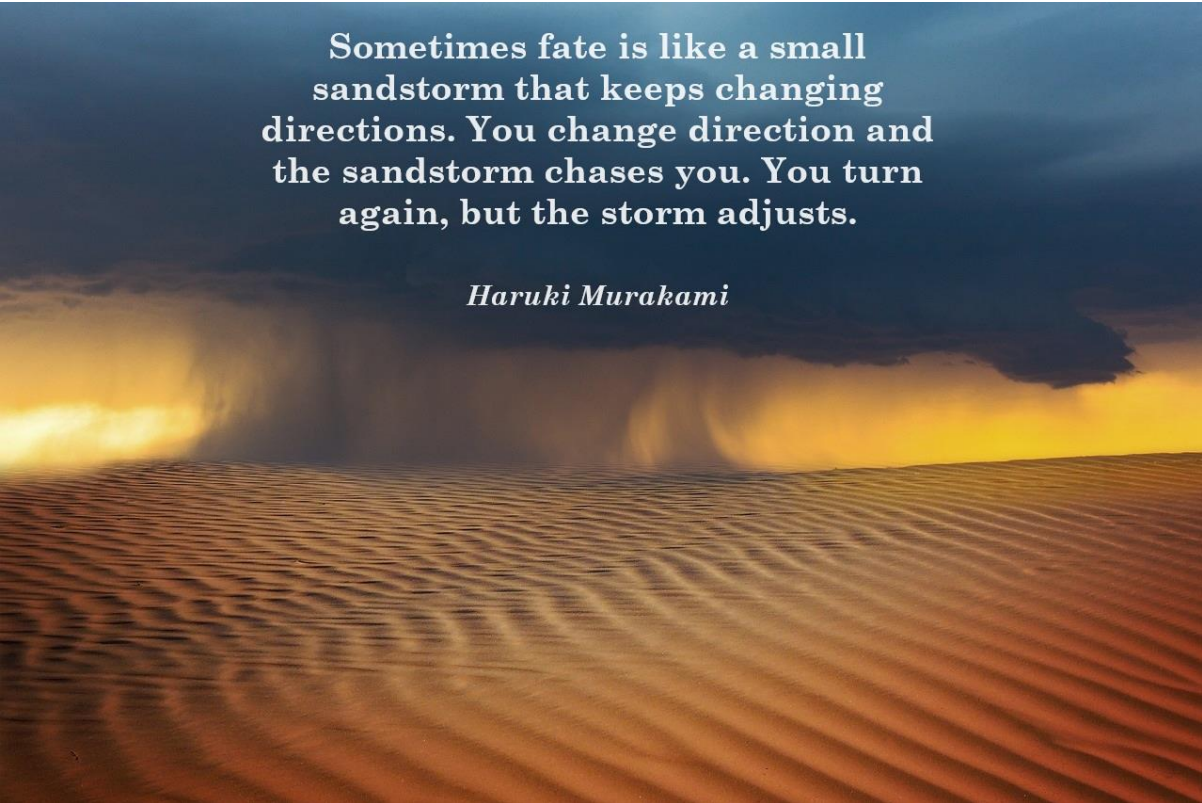
*July 10<sup>th</sup> – Don't Step On a Bee Day*



By improving health, empowering  
women, population growth comes  
down.

*Bill Gates*

July 11<sup>th</sup> – World Population Day



Sometimes fate is like a small  
sandstorm that keeps changing  
directions. You change direction and  
the sandstorm chases you. You turn  
again, but the storm adjusts.

*Haruki Murakami*

July 12<sup>th</sup> – International Day to Combat Sand and Dust Storms





If it weren't for the  
rocks in its bed, the  
stream would have no  
song.

*Carl Perkins*

*July 13<sup>th</sup> – International Rock Day*



**My mission is to  
create a world  
where we can live in  
harmony with  
nature.**

*Jane Goodall*

*July 14<sup>th</sup> – World Chimpanzee Day*

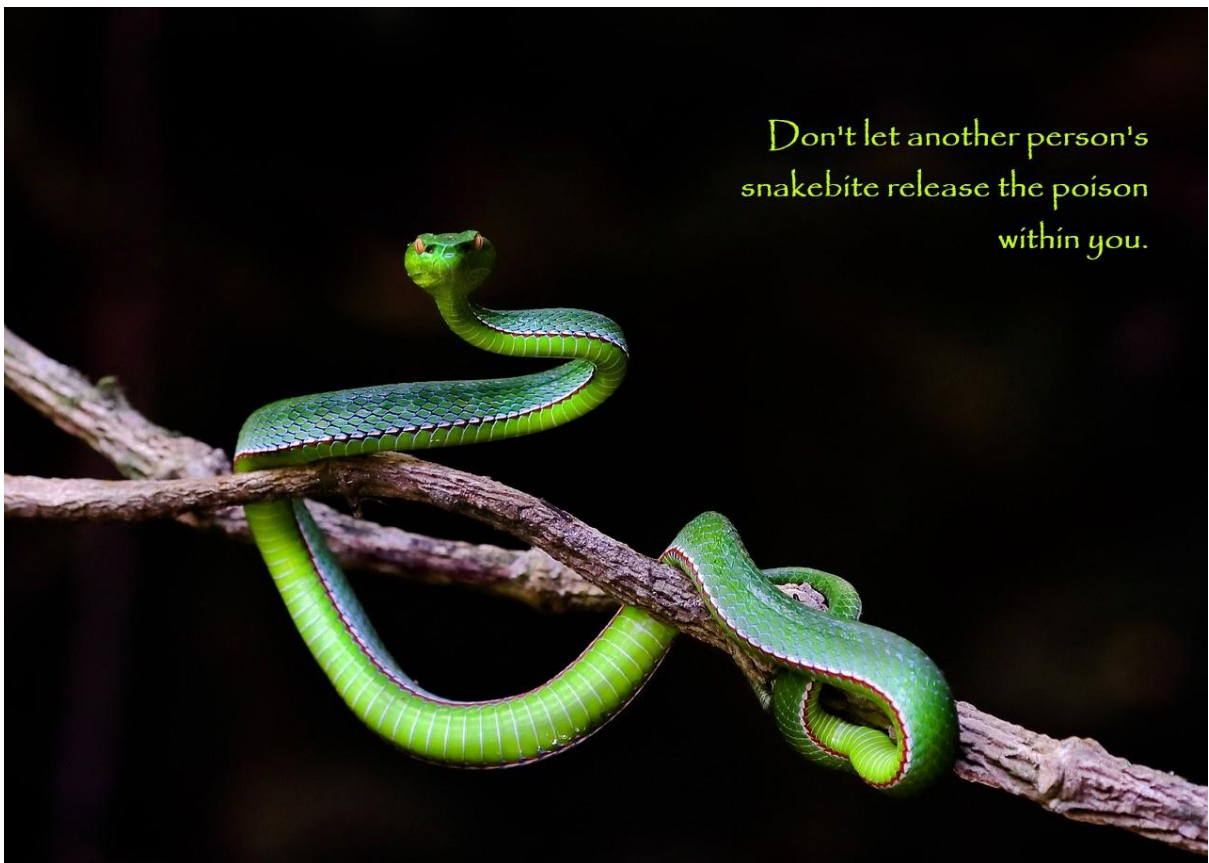




The more we give  
importance to skill  
development, the  
more competent will  
be our youth.

*Narendra Modi*

*July 15<sup>th</sup> – World Youth Skills Day*



Don't let another person's  
snakebite release the poison  
within you.

*July 16<sup>th</sup> – World Snake Day*



**Justice will not be served until those  
who are unaffected are as outraged as  
those who are.**

*Benjamin Franklin*



*July 17<sup>th</sup> – Day of International Justice*

**Courageous people do not fear  
forgiving, for the sake of peace.**

*Nelson Mandela*



*July 18<sup>th</sup> – Nelson Mandela International Day*



Today will never come again.  
Be a blessing.  
Be a friend.  
Encourage someone.  
Take time to care.  
Let your words heal, not wound.

July 19<sup>th</sup>



July 20<sup>th</sup> – World Jump Day



A friend is one of the best things you  
can be and the greatest things you can  
have.

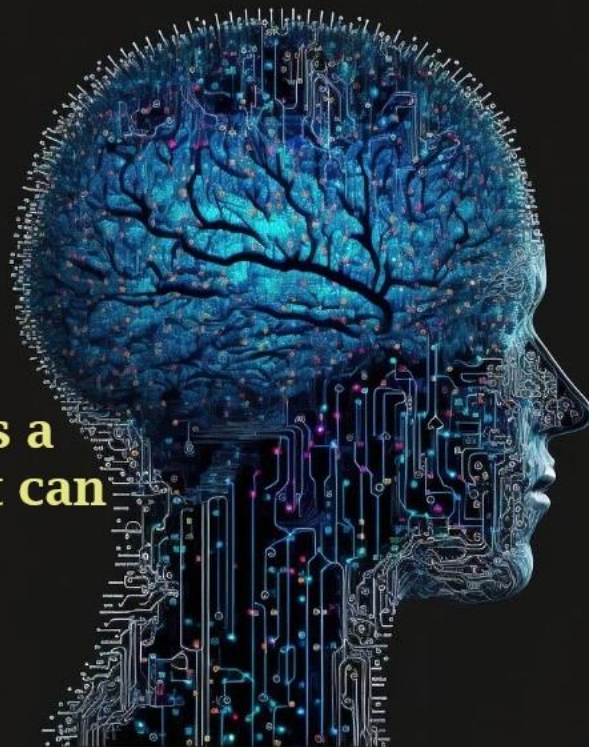
*Sarah Valdez*



*July 21<sup>st</sup>*

**The brain is a  
muscle that can  
move the  
world.**

*Stephen King*



*July 22<sup>nd</sup> – World Brain Day*



Kindness is stronger than iron bars

*Margaret George, Mary Queen of Scots*

July 23<sup>rd</sup>



Talk to yourself like  
you would to someone  
you love.

*Brene Brown*

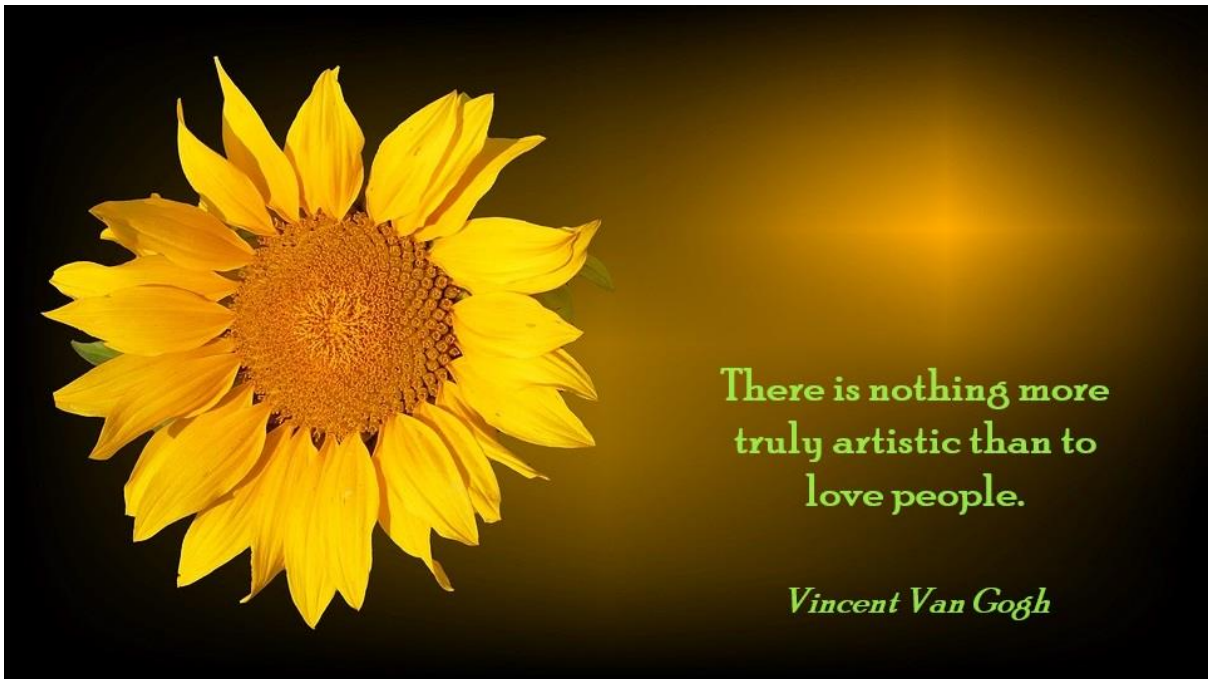
July 24<sup>th</sup>





Anyone can drown,  
no one should.

*July 25<sup>th</sup> – World Oceans Day*

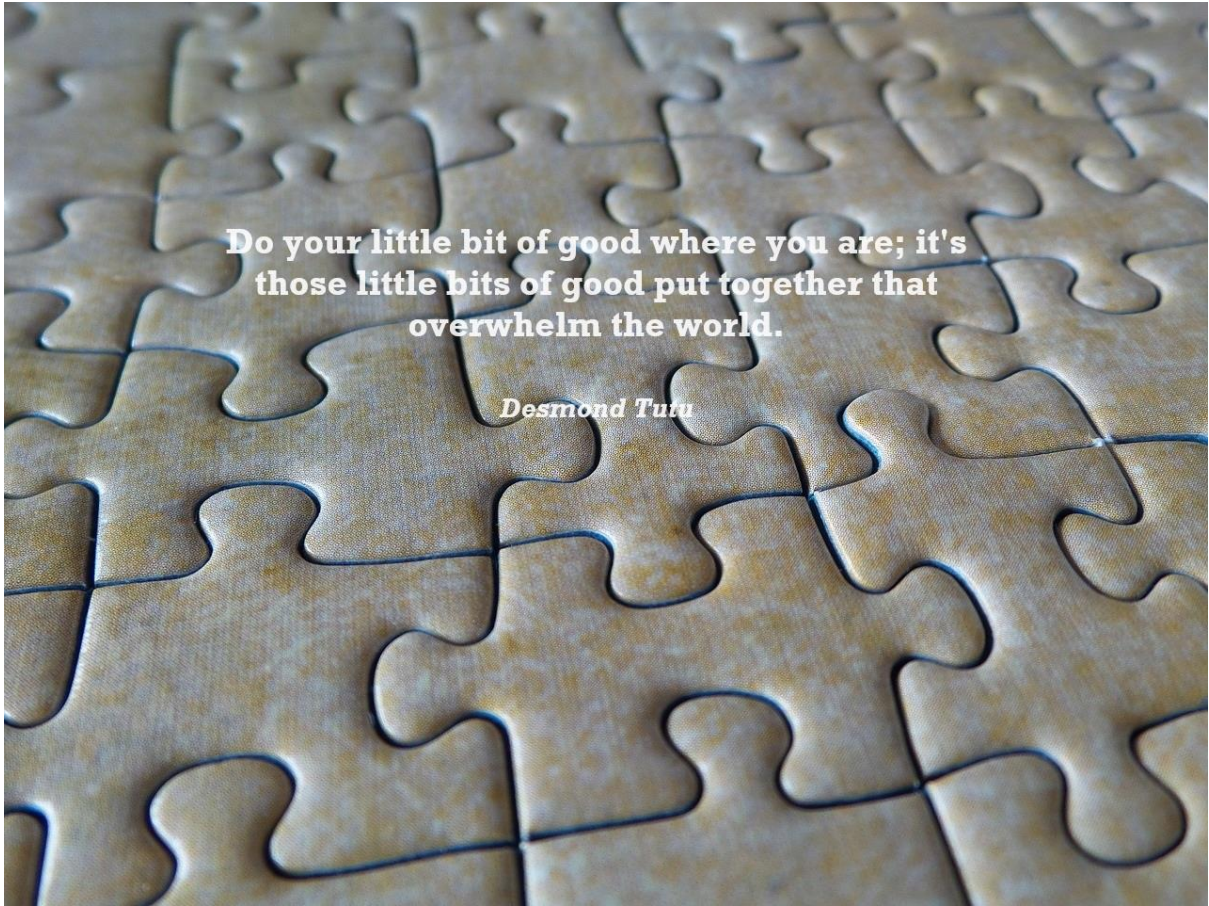


There is nothing more  
truly artistic than to  
love people.

*Vincent Van Gogh*

*July 26<sup>th</sup>*





**Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.**

*Desmond Tutu*

*July 27<sup>th</sup>*



Look deep into nature and then you will understand everything better.

*Albert Einstein*

*July 28<sup>th</sup> – Nature Conservation Day*



A tiger never loses  
sleep over the opinion  
of sheep.

*Ziad K. Abdelnour*



*July 29<sup>th</sup> – International Tiger Day*

**Friends are like stars in  
a night sky; you don't  
always see them, but you  
know they're always  
there.**



*July 30<sup>th</sup> – World Friendship Day*



**Happiness is a warm puppy.**

*Charles M. Schulz*

*July 31<sup>st</sup>*