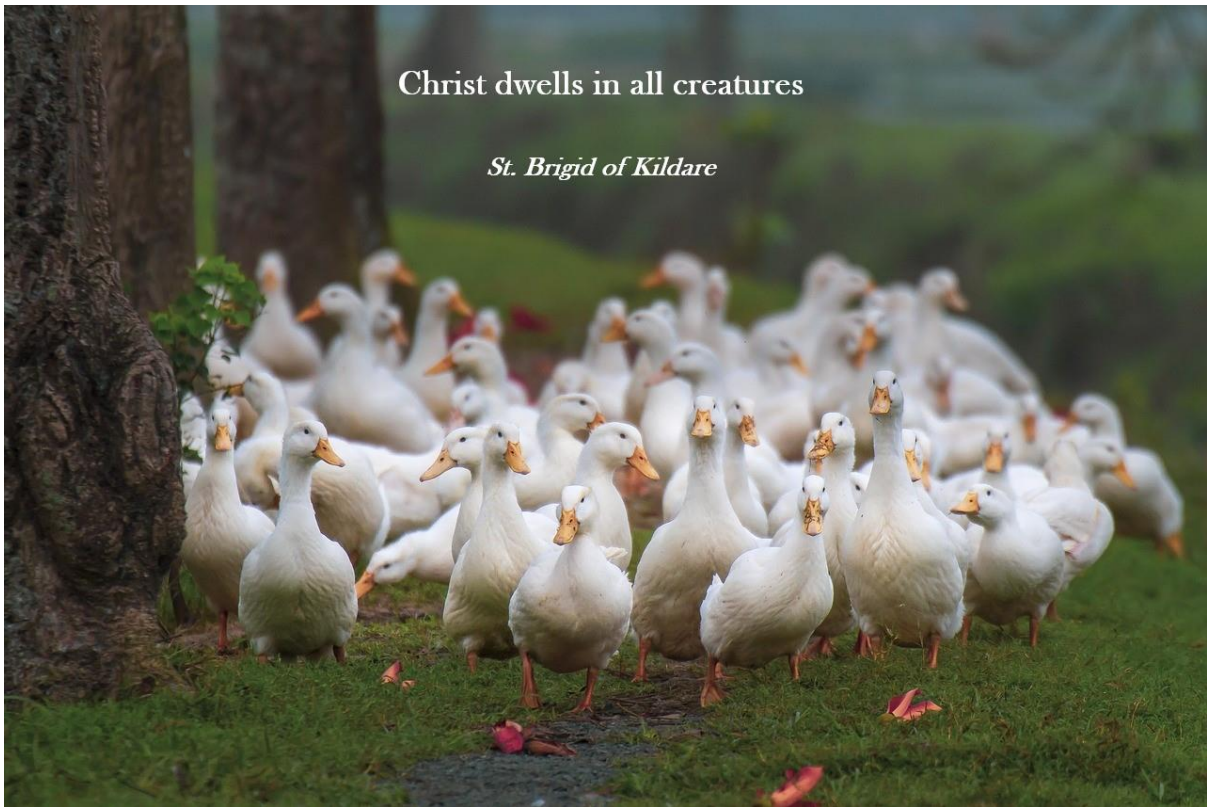


Thought For The Day – February 2024



Christ dwells in all creatures

St. Brigid of Kildare

February 1st – St. Brigid's Day



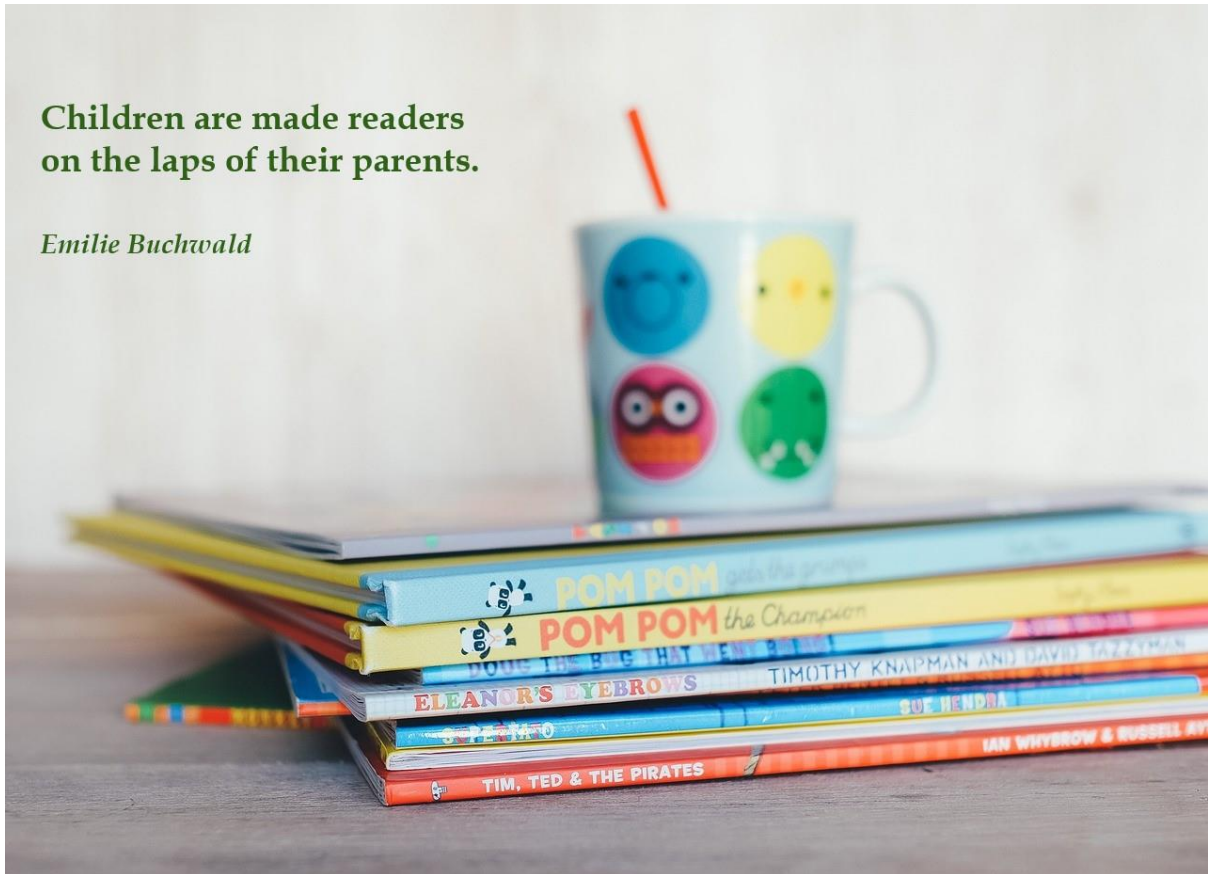
The time is always
right to do what is
right.

Martin Luther King Jr.

February 2nd – Black History Month

**Children are made readers
on the laps of their parents.**

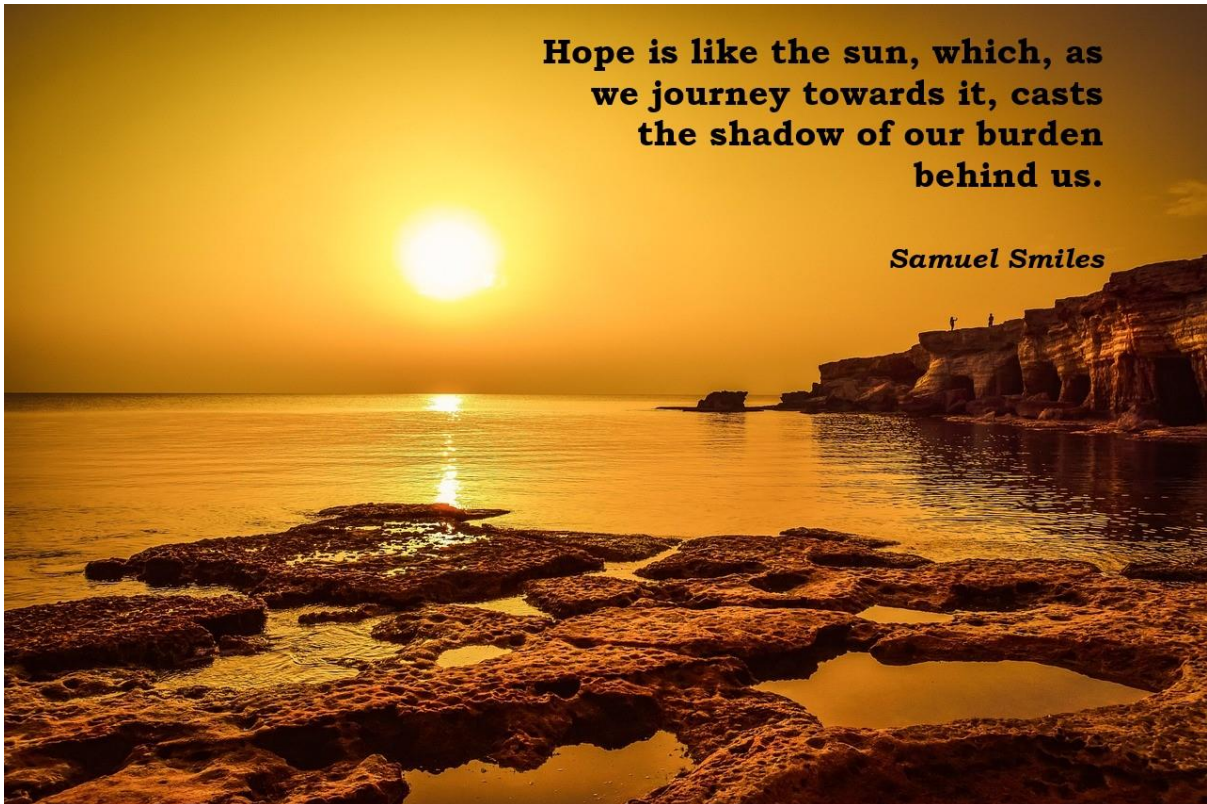
Emilie Buchwald



February 3rd – World Read Aloud Day

**Hope is like the sun, which, as
we journey towards it, casts
the shadow of our burden
behind us.**

Samuel Smiles



February 4th – World Cancer Day

**When everything seems to be going against
you, remember that the airplane takes off
against the wind, not with it.**

Henry Ford




February 5th



**Girls are well
created, and it is
unnecessary and
irrelevant to cut any
part of their bodies.**


Joseph Osuigwe Chidibere

February 6th - International Day of Zero Tolerance to Female Genital Mutilation



**Dance is the hidden
language of the soul.**

February 7th – World Ballet Day



**You are enough just as
you are.**

Meghan Markle

February 8th



**As we work to create light
for others, we naturally
light our own way.**

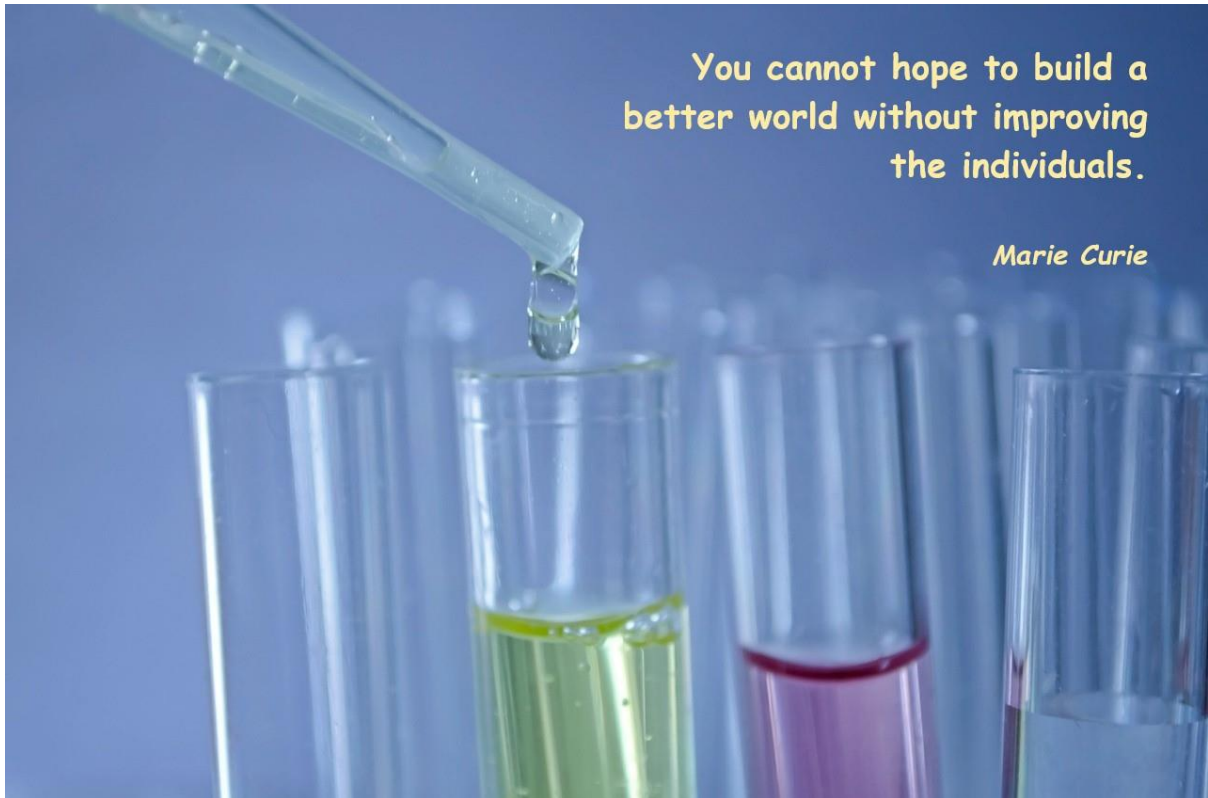
Mary Anne Radmacher

February 9th



**May your New Year be
as bright as the
lanterns that light the
sky.**

February 10th – Chinese New Year



You cannot hope to build a
better world without improving
the individuals.

Marie Curie

February 11th - International Day of Women and Girls in Science



Never let the things you cannot do prevent you from
doing the things you can.

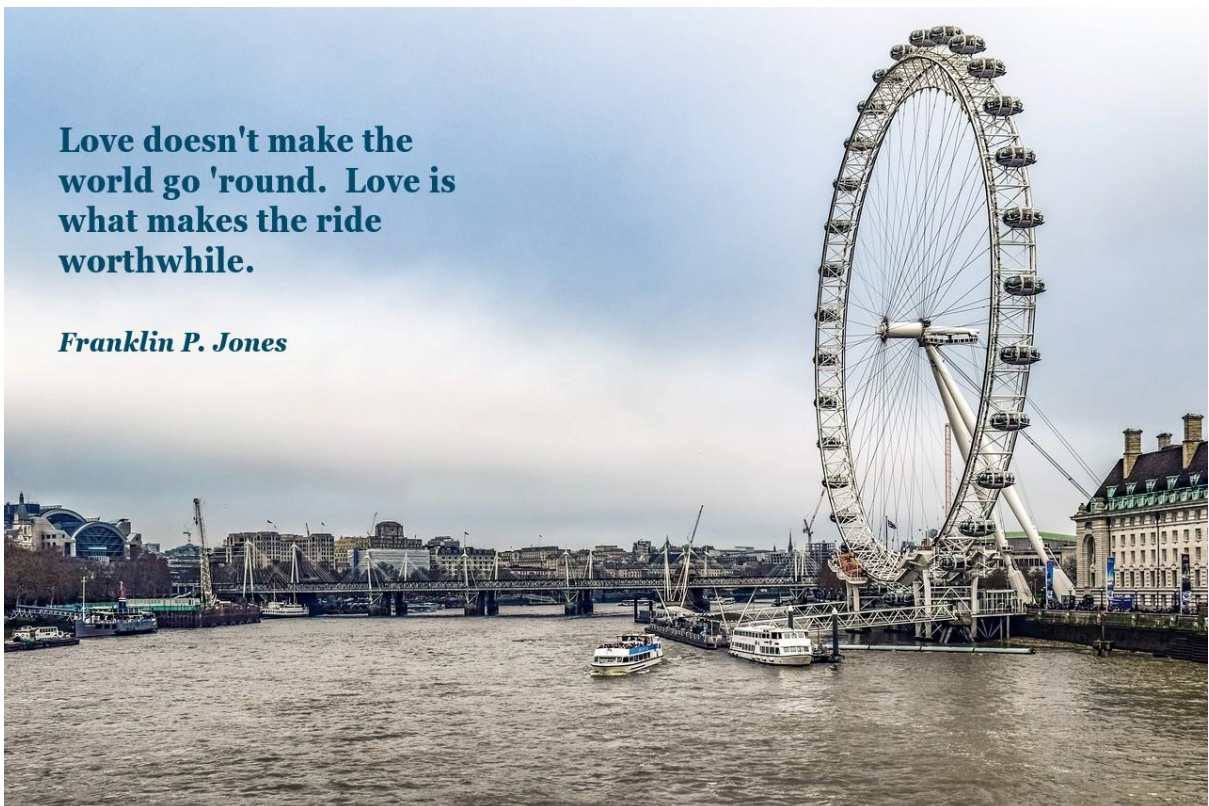
John Wooden

February 12th – International Epilepsy Day



May your life be filled
with the sweetness of
pancakes.

February 13th – Shrove/Pancake Tuesday



Love doesn't make the
world go 'round. Love is
what makes the ride
worthwhile.

Franklin P. Jones

February 14th – Valentine's Day

Endangered species are our friends.




February 15th – World Hippopotamus Day



*Friendship is the only cement
that will ever hold the world
together.*

Woodrow Wilson


February 16th



How do we change the world? One
random act of kindness at a time.

Morgan Freeman

February 17th – Random Acts of Kindness Day



The real threat to
whales is whaling,
which has endangered
many whales species.

Dave Barry

February 18th – World Whale Day

Joy is a net of love by which you can
catch souls.

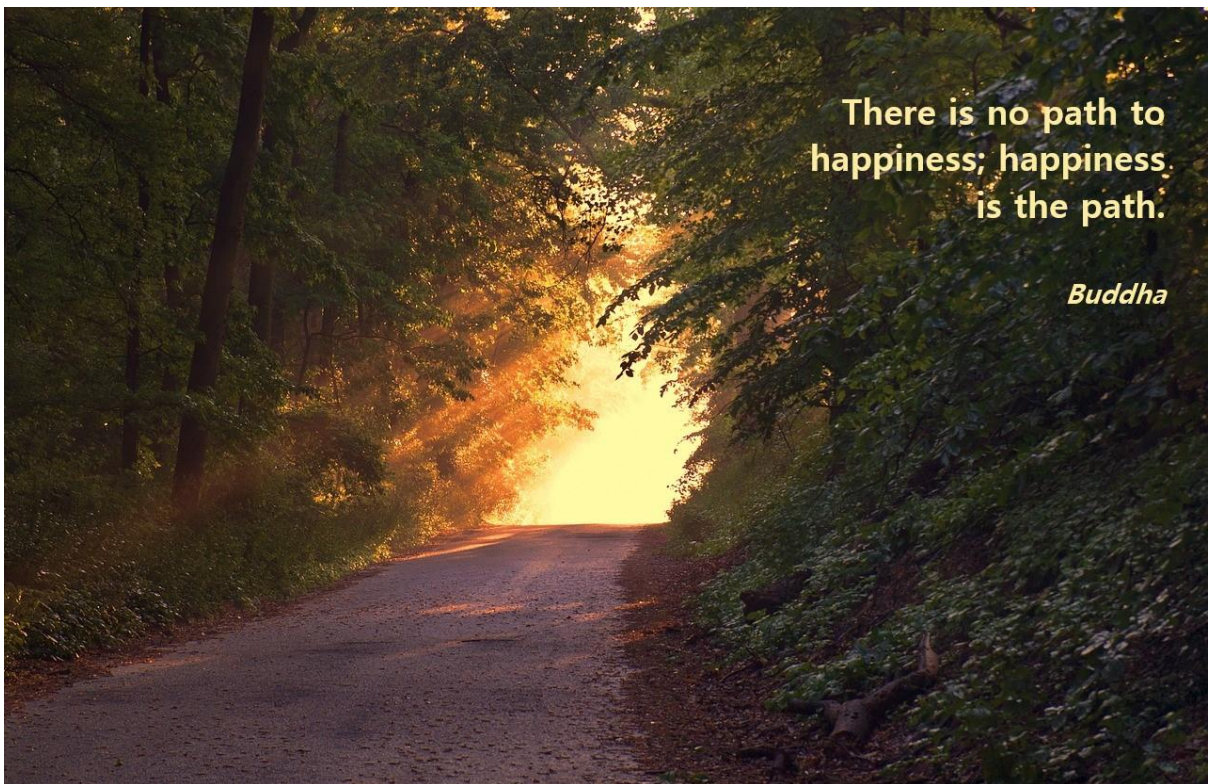
Mother Teresa



February 19th

There is no path to
happiness; happiness
is the path.

Buddha



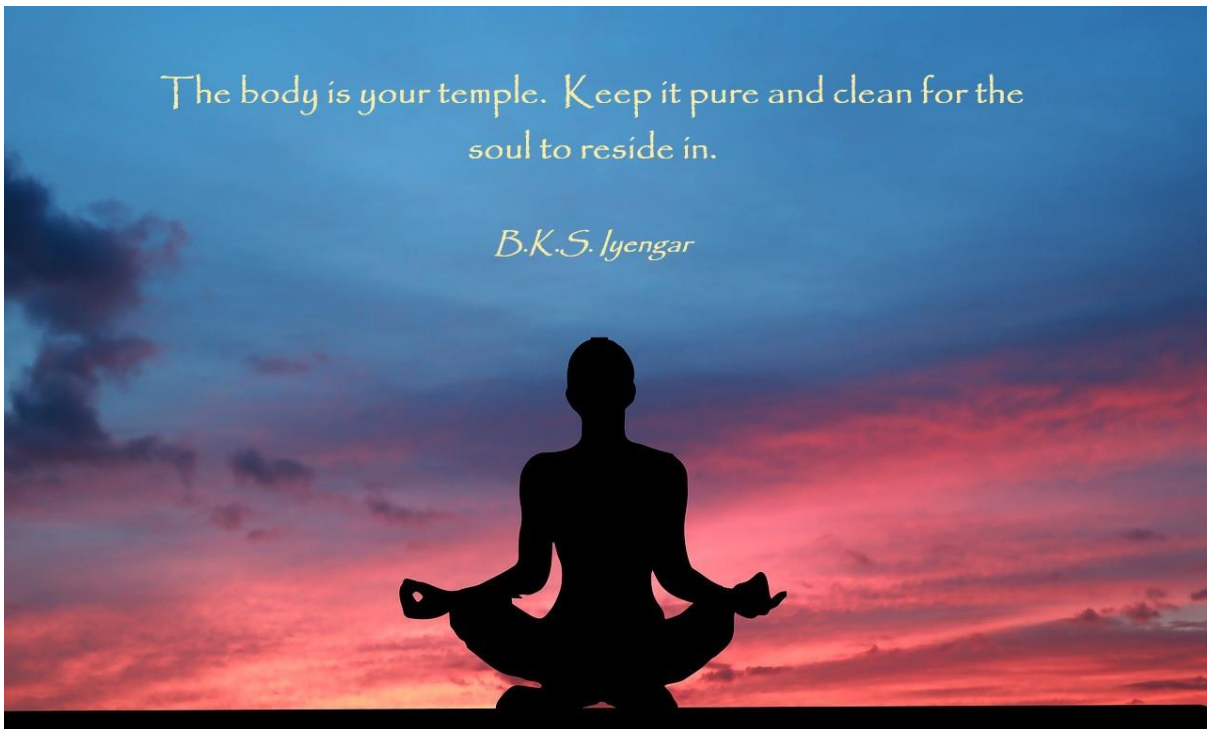
February 20th



Rhythm is our universal mother tongue. It's the language of the soul.

Gabrielle Roth

February 21st – International Mother Language Day



The body is your temple. Keep it pure and clean for the soul to reside in.

B.K.S. Iyengar

February 22nd – World Yoga Day

**It takes nothing away
from a human to be
kind to an animal.**

Joaquin Phoenix



February 23rd – World Spay Your Pets Day

**In every day, there
are 1,440 minutes.
That means that
we have 1,440
daily opportunities
to make a positive
impact.**

Les Brown



February 24th

**This is a wonderful day. I have never
seen this one before.**

Maya Angelou



February 25th

**Walking with a friend
in the dark is better
than walking alone in
the light.**

Helen Keller



February 26th



Take away the ice and snow,
increase the temperature by
even a little, and the realm that
makes their lives possible
literally melts away.

Sylvia Earle

February 27th – World Polar Bear Day



Life is made of ever
so many partings
welded together.

Charles Dickens

February 28th

Embracing an extra day
of magic!



February 29th – Leap Year Day