Thought For The Day – October 2023

Wrinkles will only go where the smiles have been.

Jimmy Buffet

October 1st – International Day of Older Persons

The greatness of a nation and its moral progress can be judged by the way its animals are treated.

Mahadma Ghandi

October 2nd – World Farm Animal Day

*Do not allow people to dim your shine because they are blinded.
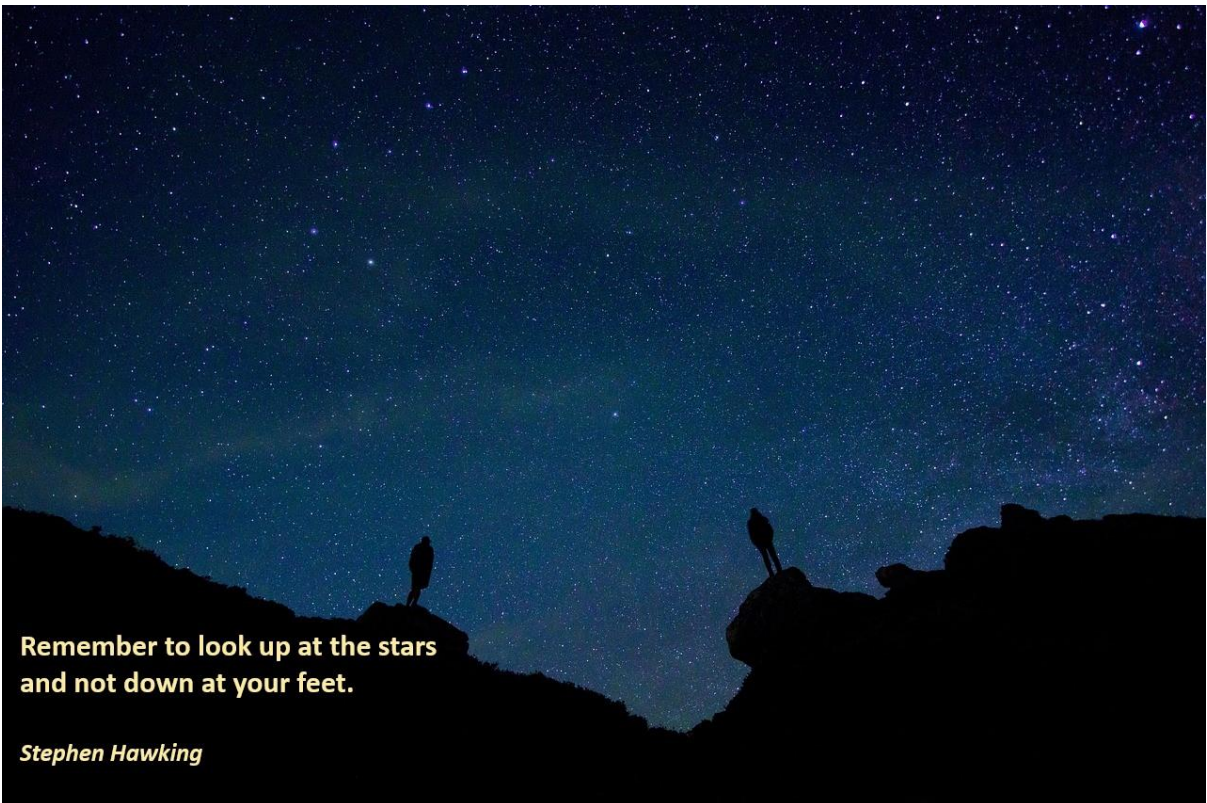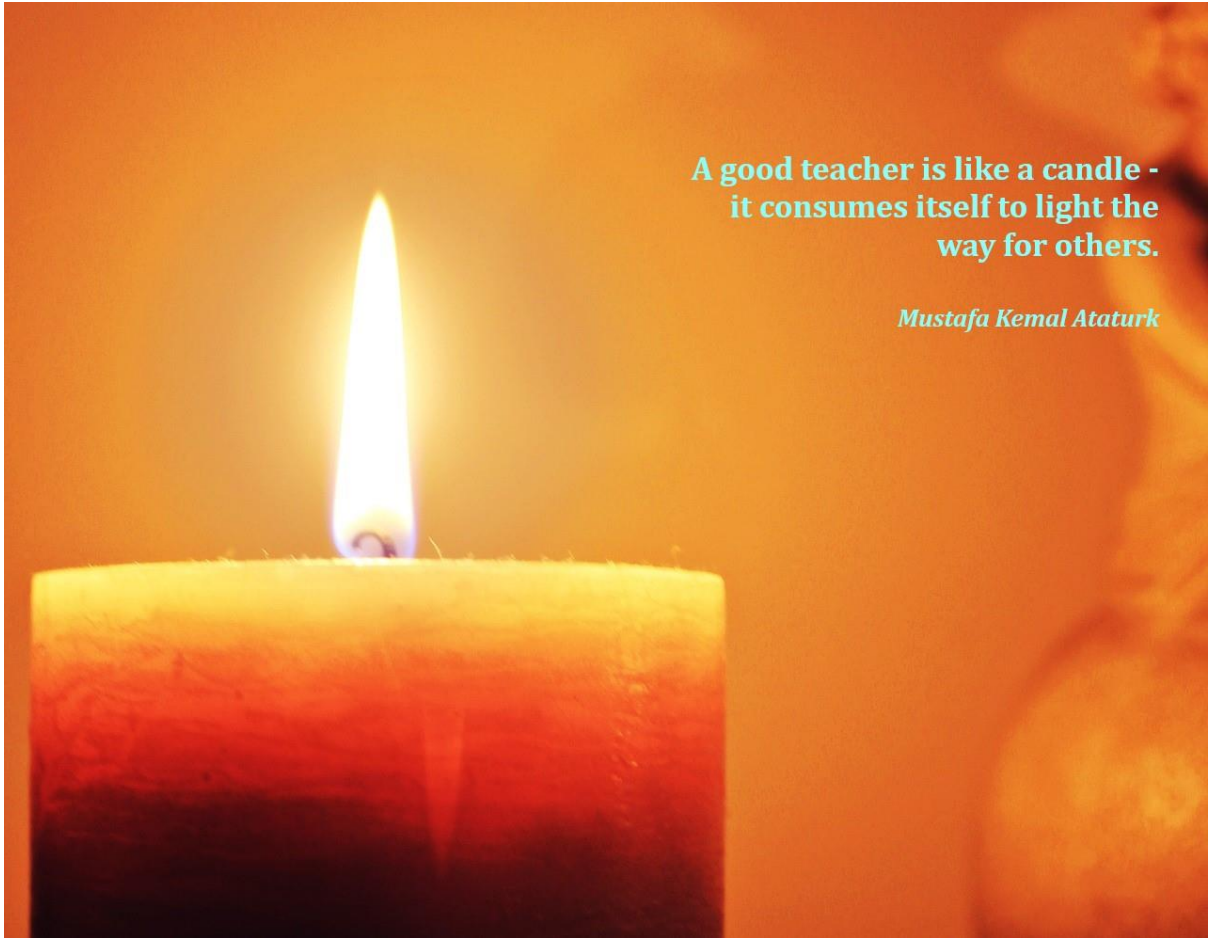Tell them to put some sunglasses on.*

Lady Gaga

October 3rd

Remember to look up at the stars
and not down at your feet.

Stephen Hawking

October 4th – World Space Week

A good teacher is like a candle - it consumes itself to light the way for others.

Mustafa Kemal Ataturk

October 5ᵗʰ – World Teachers Day
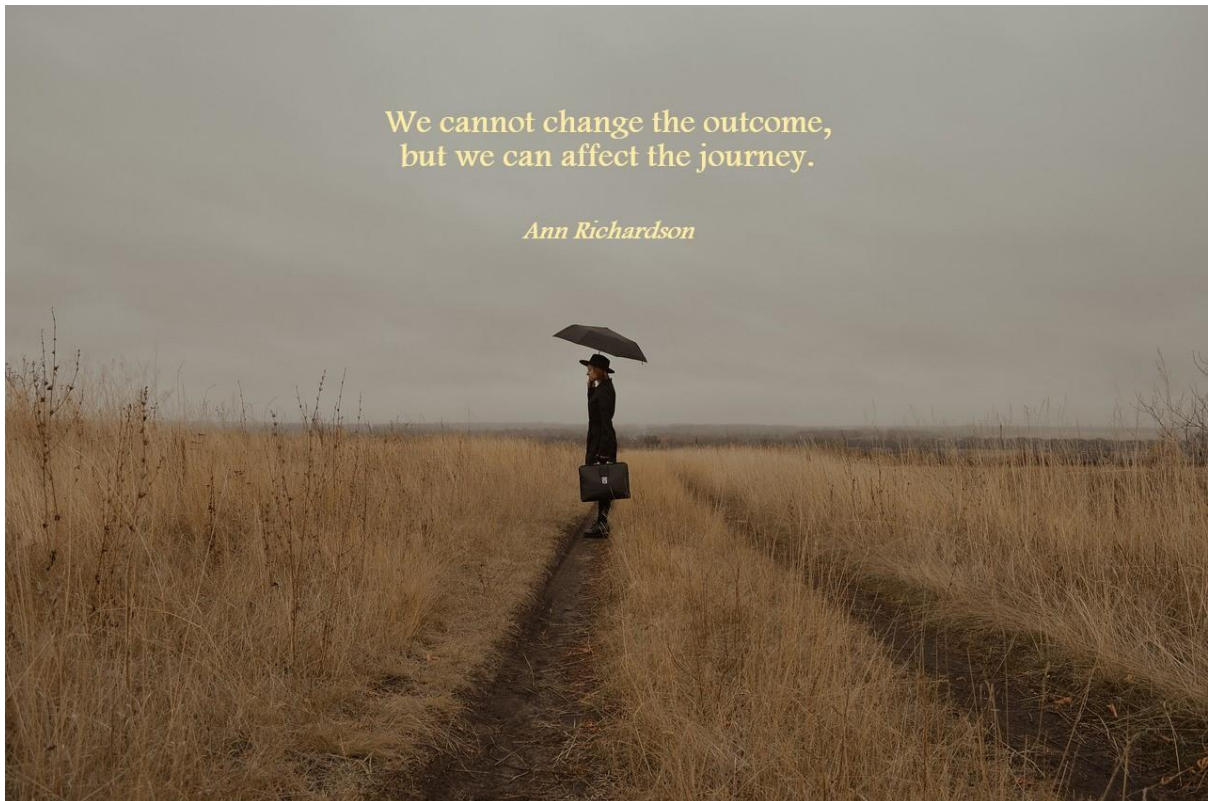

A smile is the shortest distance between two people.

Keep on Smiling!

October 6ᵗʰ – World Smile Day

> A hug is always the right size.
>
> *Winnie The Pooh*

October 7th

> We cannot change the outcome,
> but we can affect the journey.
>
> *Ann Richardson*

October 8th – World Hospice and Palliative Care Day

A postman's bag is always heavy because it carries life itself; it carries all the sorrows and all the joys, all the worries and all the hopes!

Mehmet Murat Ildan

October 9th – World Post Day

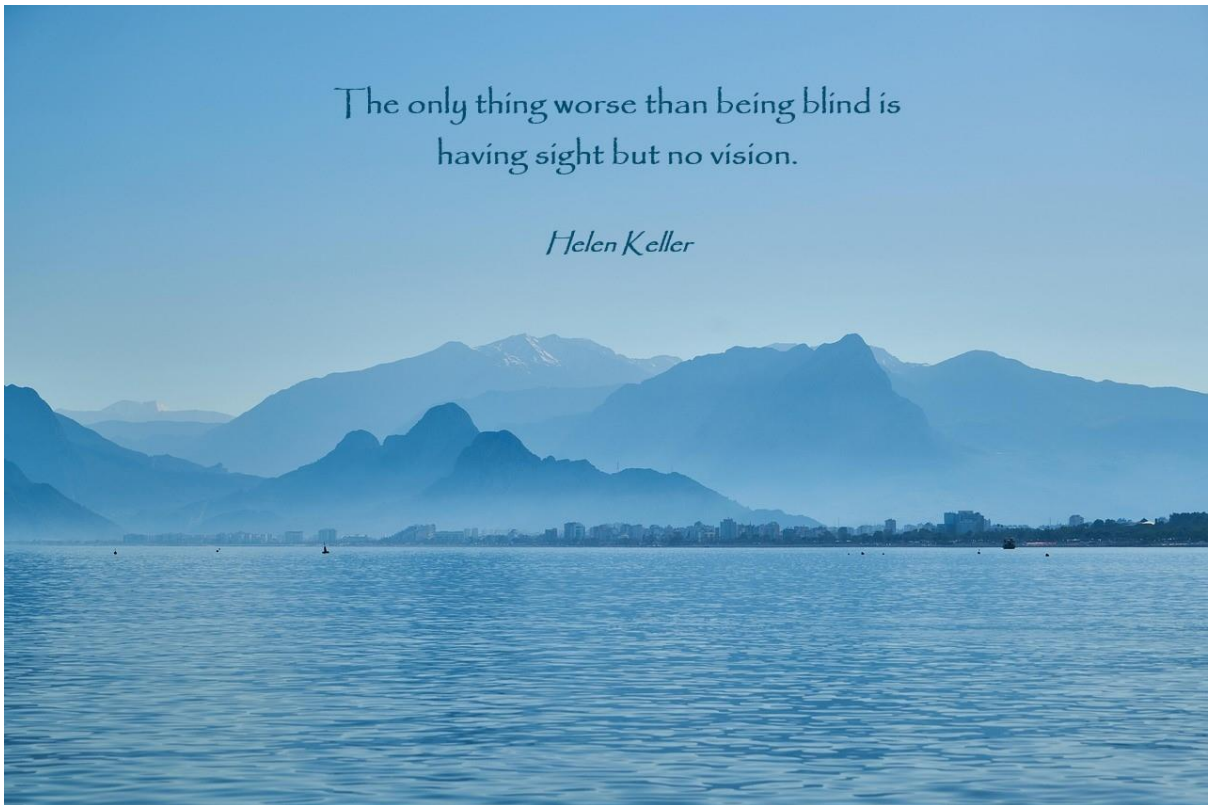Don't brush off the small steps of progress. They count, too.

Dr. Jenn Hardy

October 10th – World Mental Health Day

Fly free, my daughter. Be what I could never be and leave the cage forever.

Nalini Singh
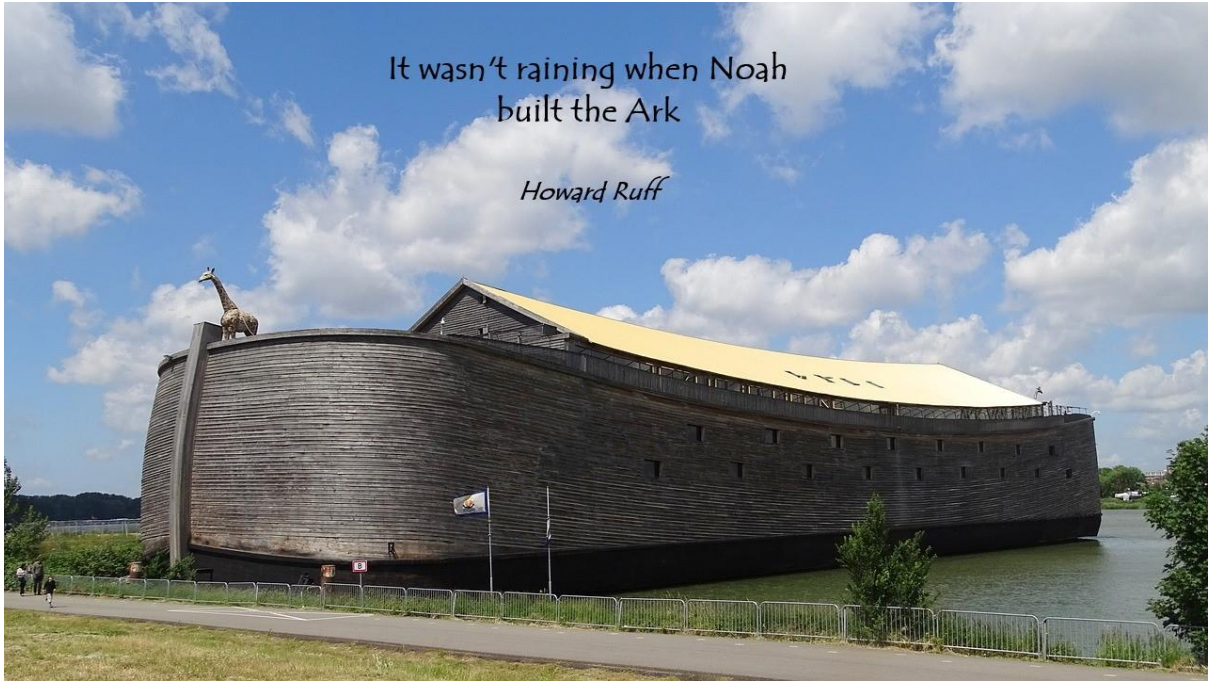
October 11ᵗʰ – International Day of the Girl Child

The only thing worse than being blind is having sight but no vision.

Helen Keller

October 12ᵗʰ – World Sight Day

It wasn't raining when Noah
built the Ark

Howard Ruff

October 13ᵗʰ - International Day of Disaster Risk Reduction

Like geese.....people who share a
common direction and sense of
community can get where they are
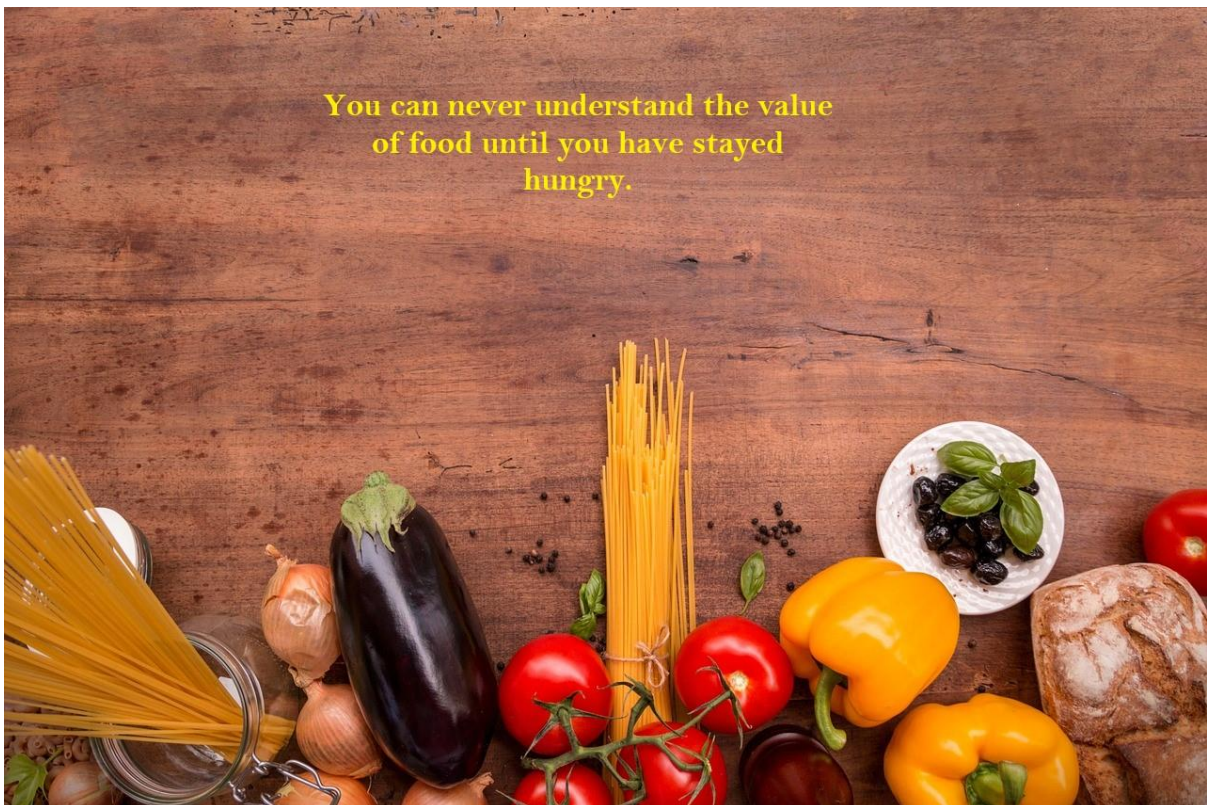going quicker and easier than
those who try to go it alone.

October 14ᵗʰ – World Migratory Bird Day

Gender equality is more than just a human right - it is key vor a sustainable and prosperous world.

Winnie Byanyima
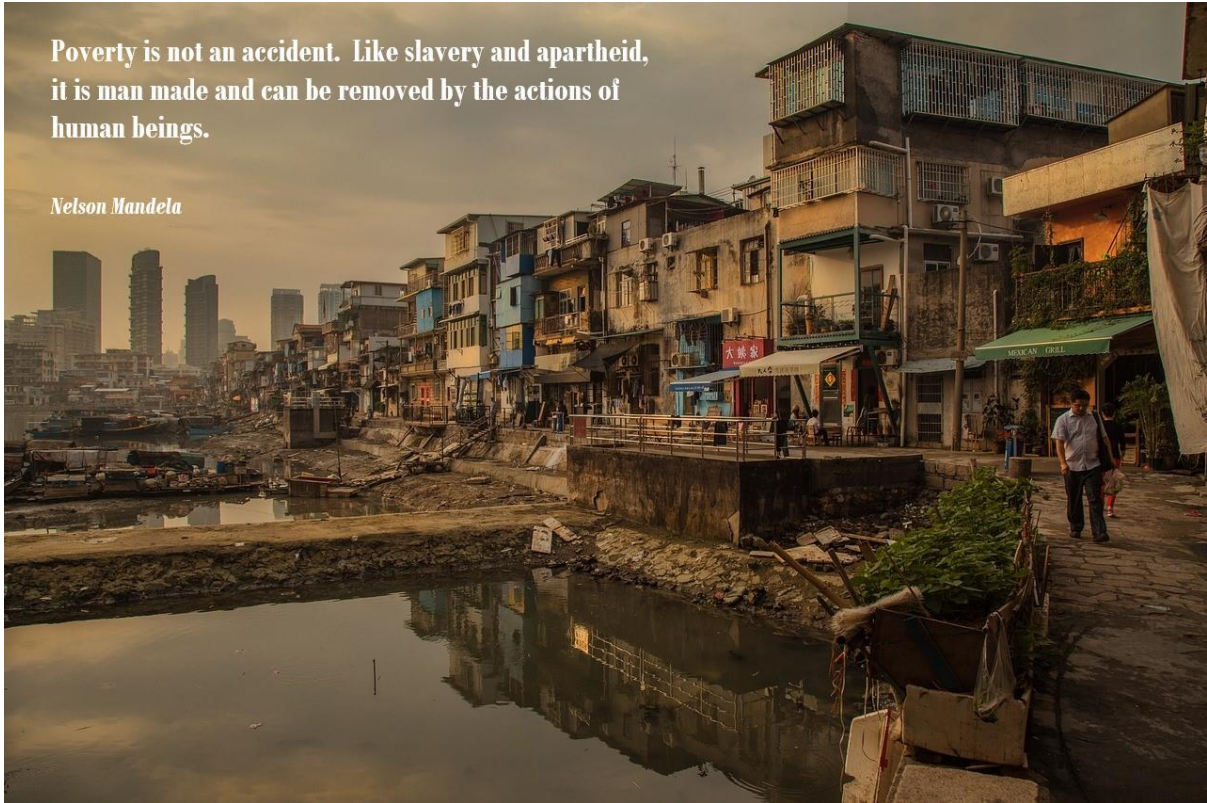
October 15th – International Day of Rural Women

You can never understand the value of food until you have stayed hungry.

October 16th – World Food Day

Poverty is not an accident. Like slavery and apartheid, it is man made and can be removed by the actions of human beings.

Nelson Mandela

October 17th – International Day for the Eradication of Poverty

Menopause is not the end of the road, it's a new beginning.

Anonymous

October 18th – World Menopause Day

Love is never lost. If not reciprocated, it will flow back and soften and purify the heart.

Washington Irving
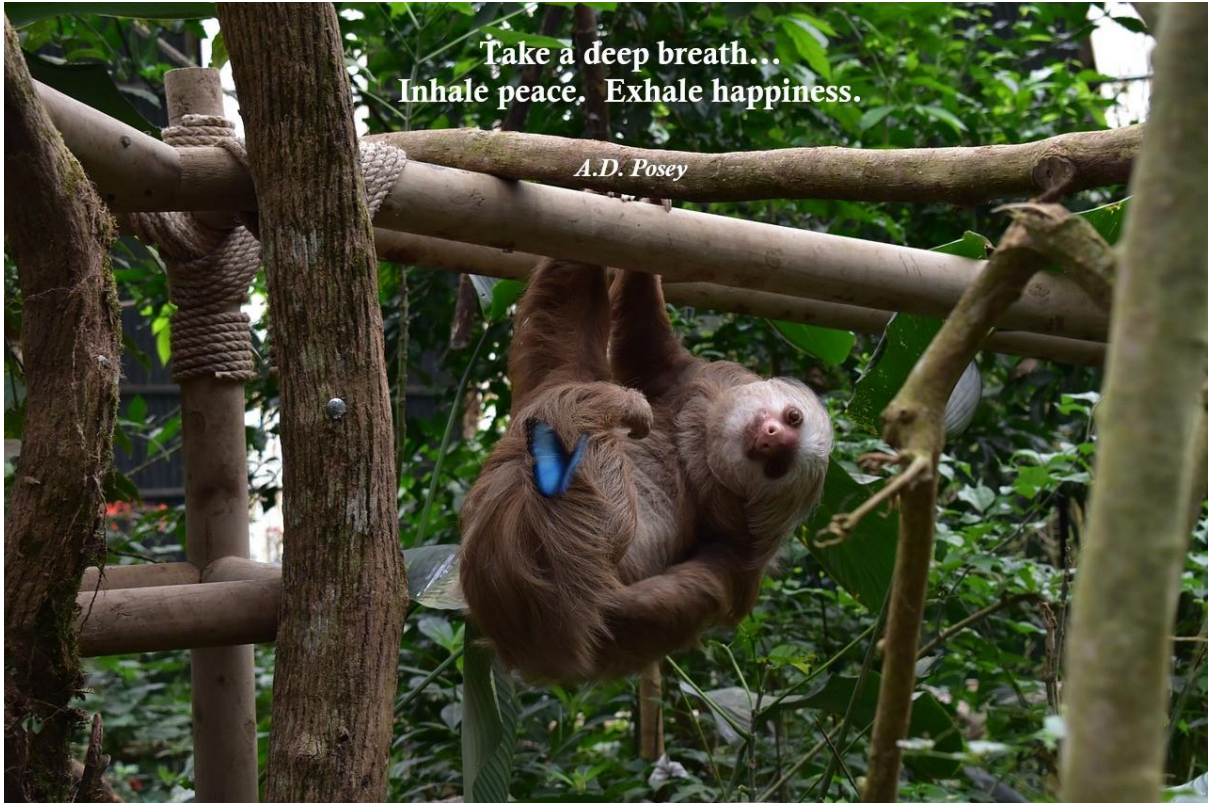
October 19th

Don't waste your time in anger, regrets, worries and grudges. Life is too short to be unhappy.
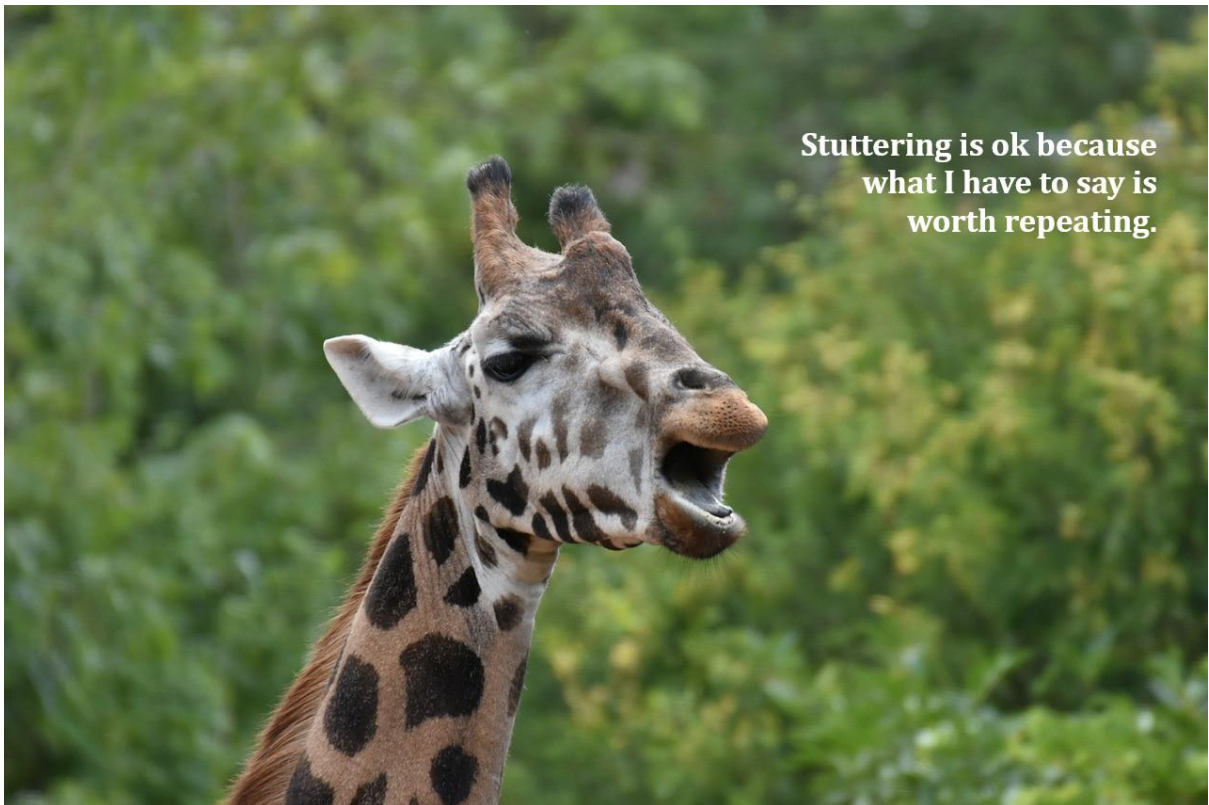
Roy T. Bennett

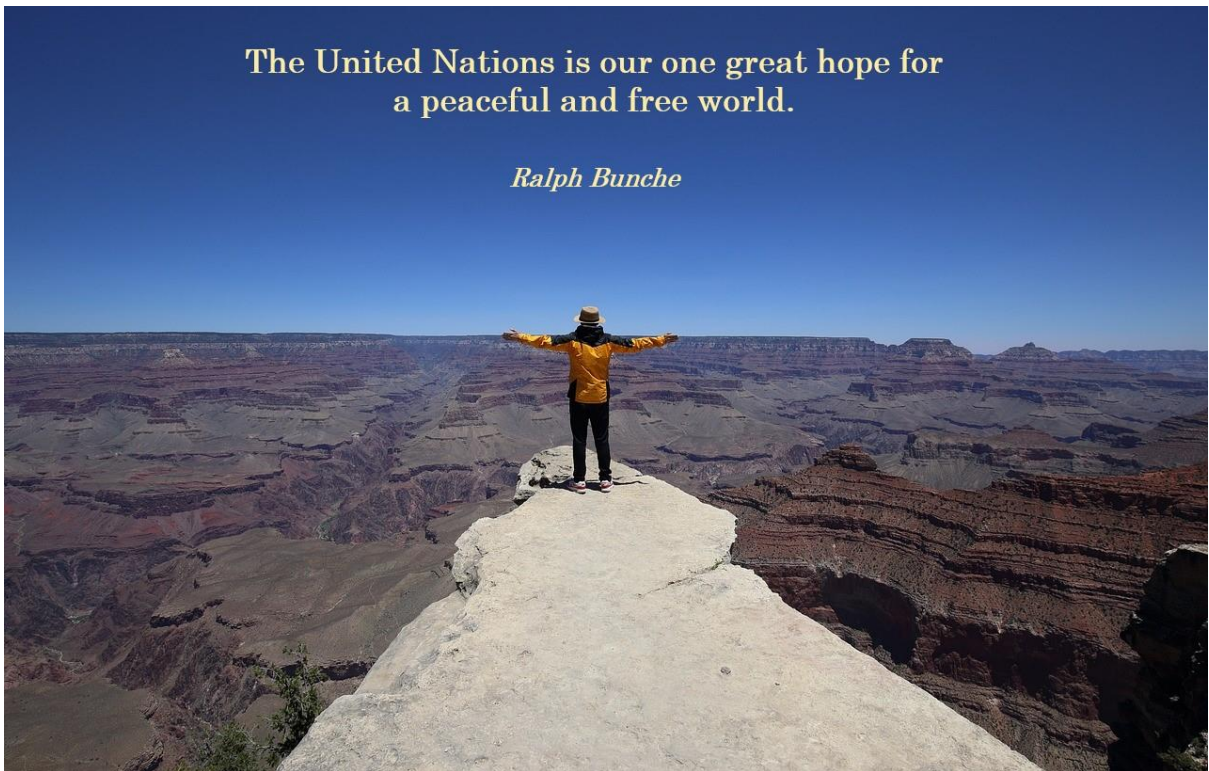*October 20th*

October 21ˢᵗ – International Sloth Day

October 22ⁿᵈ – International Stammering/Stuttering Day
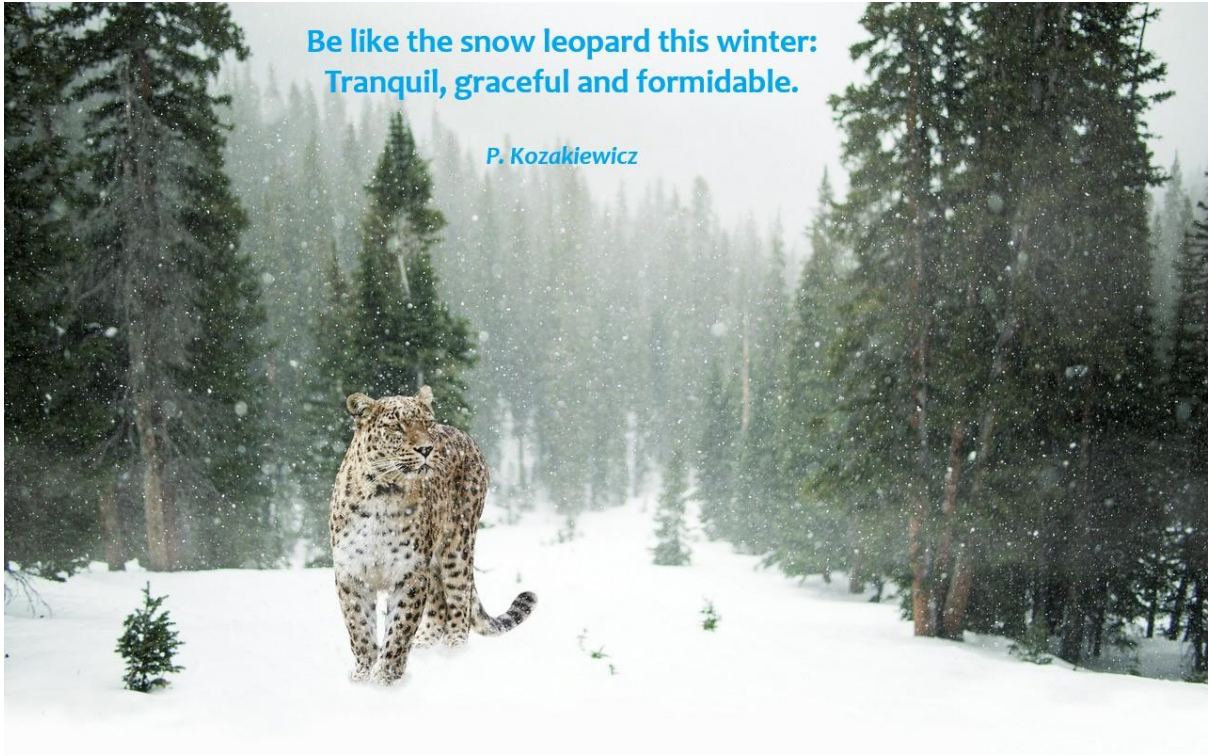
Be like the snow leopard this winter:
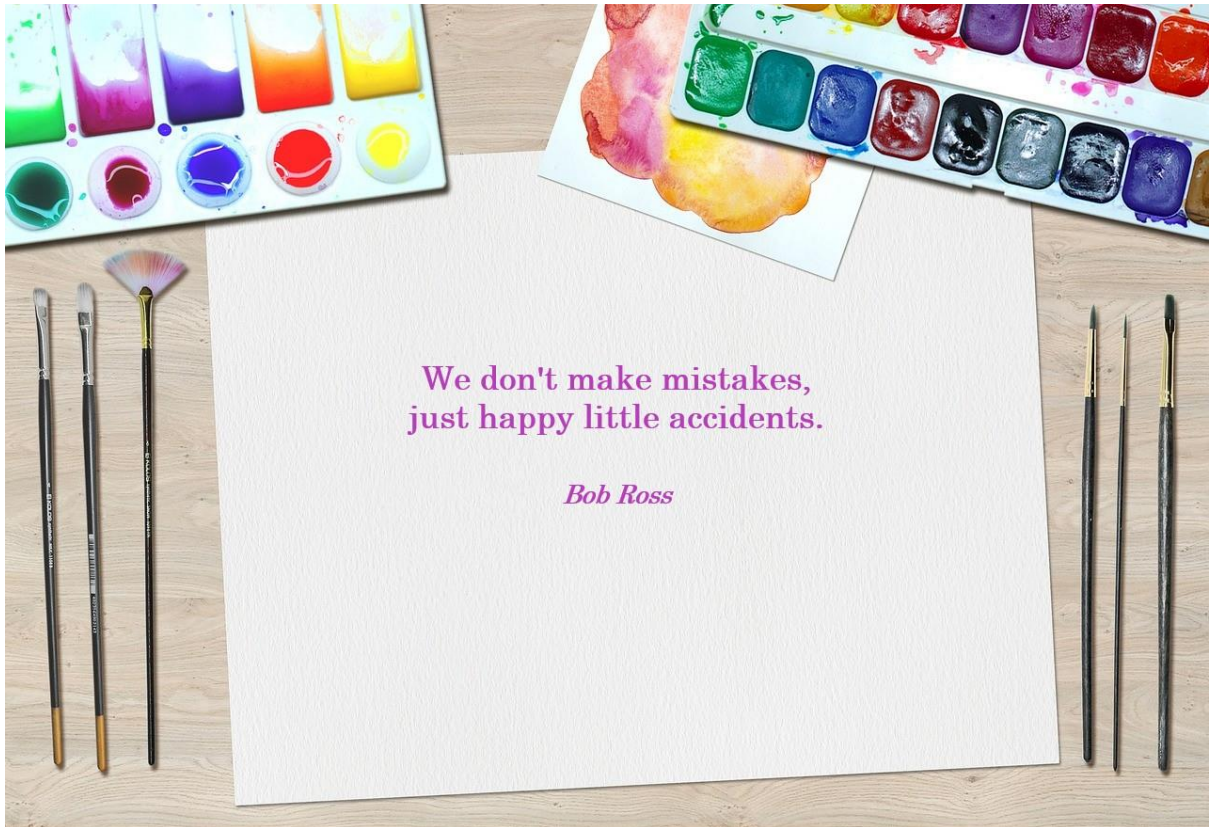Tranquil, graceful and formidable.

P. Kozakiewicz

October 23rd – International Snow Leopard Day

The United Nations is our one great hope for
a peaceful and free world.

Ralph Bunche

October 24th – United Nations Day

October 25ᵗʰ – International Artist Day

We don't make mistakes,
just happy little accidents.

Bob Ross

October 26ᵗʰ

Sometimes it takes only one
act of kindness and caring
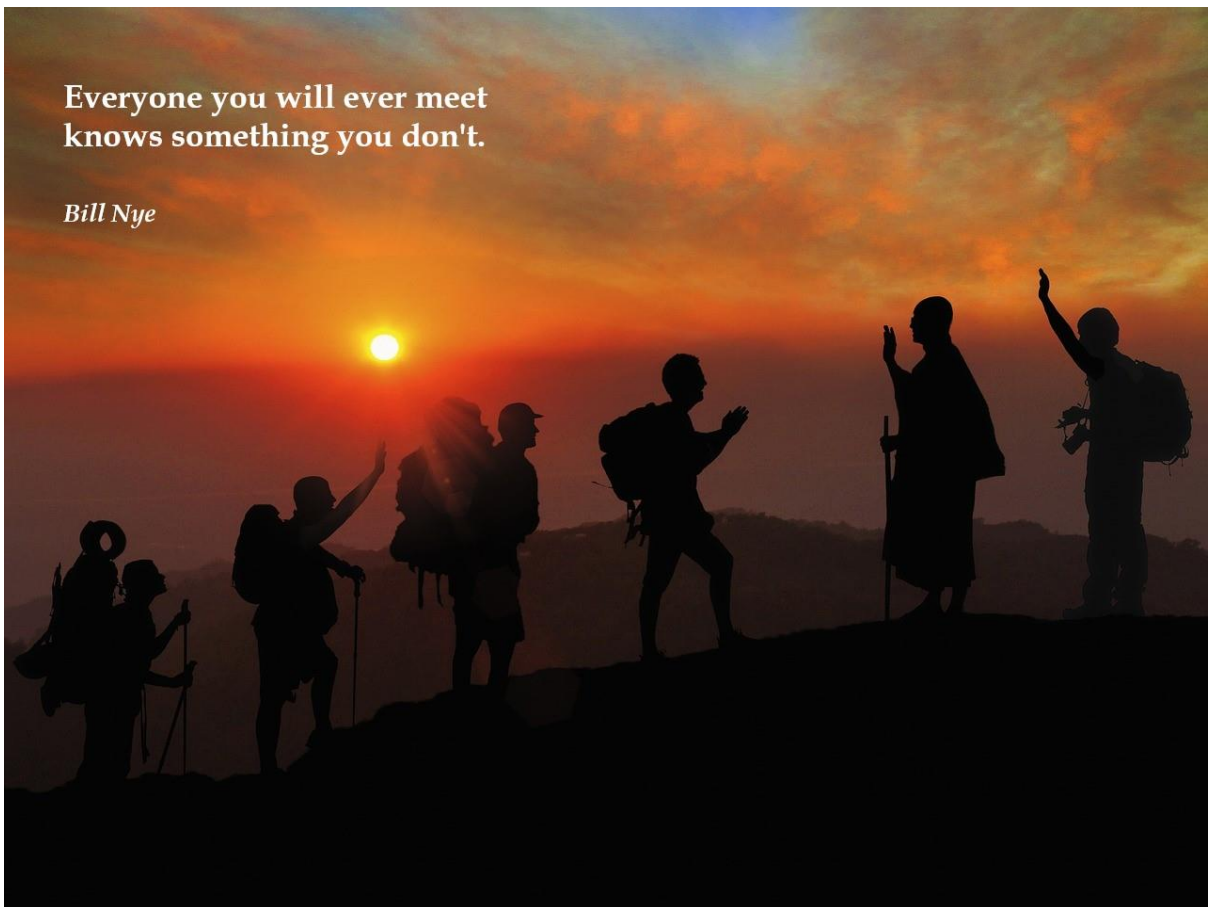to change a person's life.

Jackie Chan

October 27th
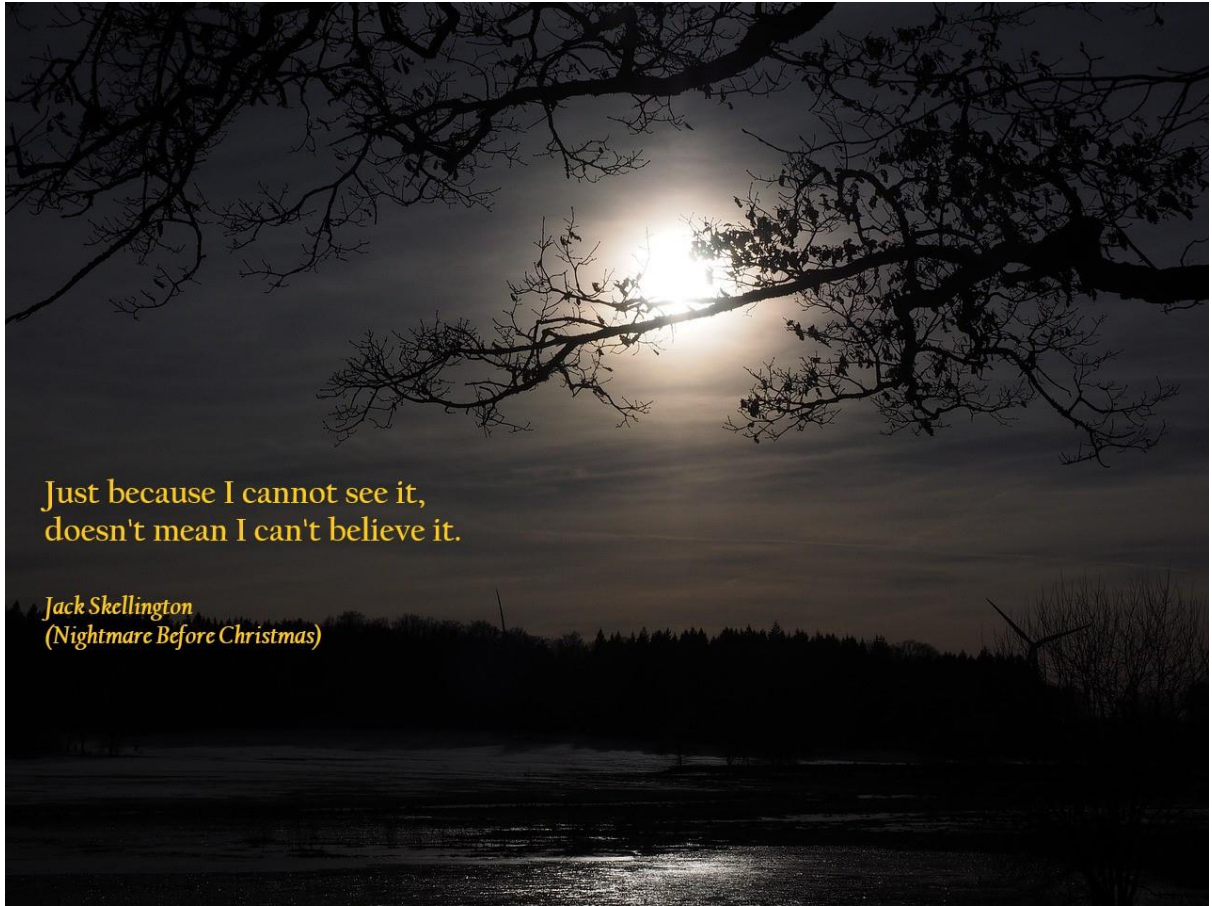

October 28th

Grow through what you go through.

October 29th – World Stroke Day

Everyone you will ever meet knows something you don't.

Bill Nye

October 30th – World Online Networking Day

Just because I cannot see it,
doesn't mean I can't believe it.

Jack Skellington
(Nightmare Before Christmas)

October 31st – Halloween