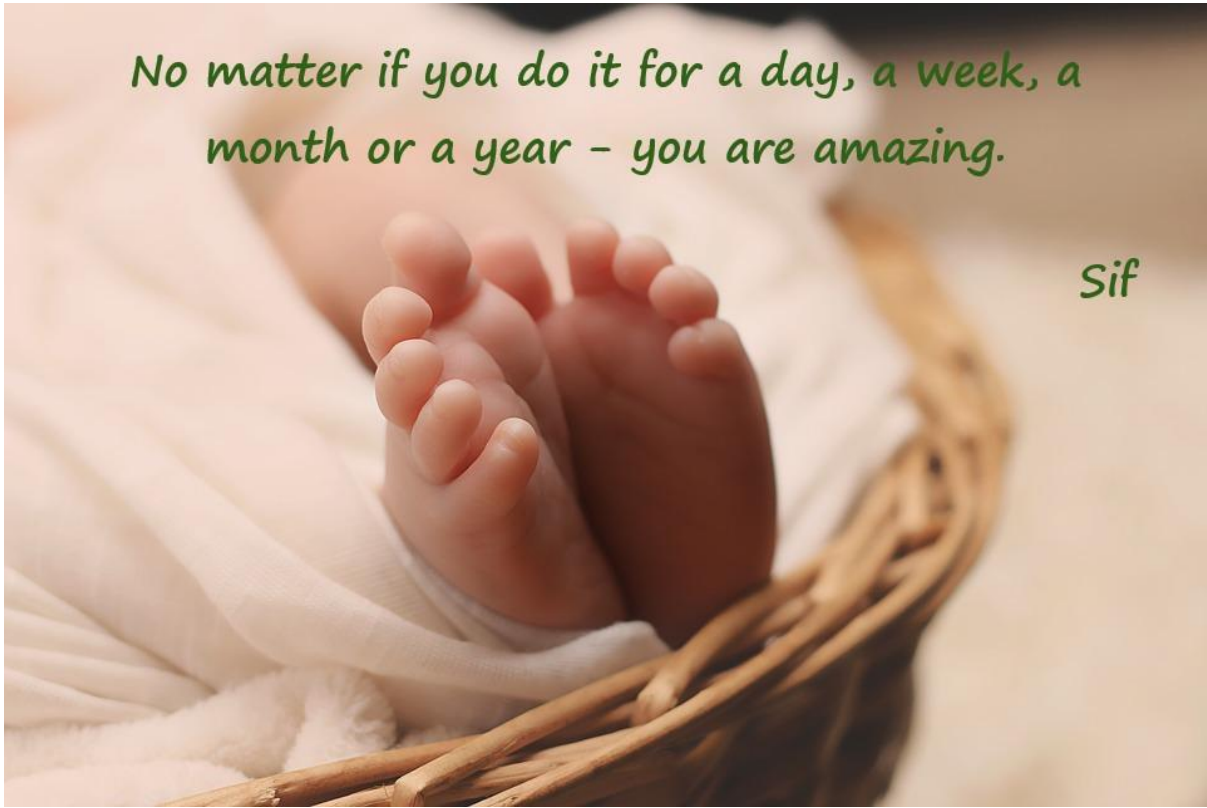


Thought for the Day – August 2022

No matter if you do it for a day, a week, a month or a year – you are amazing.

Sif



August 1st – World Breastfeeding Week

*With confidence,
you have won
before you started.*

*Marcus Garvey
Activist and Orator*



August 2nd

*Sometimes you never know
the value of a moment
until it becomes a memory.*

Dr. Seuss



August 3rd

You always gain by giving love.

Reese Witherspoon



August 4th

*Willpower is like a muscle, the more frequently
you train it, the stronger it gets.*

Unknown



August 5th

*Anger can be an
expensive luxury.*

Italian Proverb



August 6th

If you see something beautiful in
someone, speak it.

Ruthie Lyndsey



August 7th

Be happy with what you have. Be
excited about what you want.

Alan Cohen



August 8th



**If people can't
acknowledge the wisdom
of indigenous cultures,
then that's their loss.**

Jay Griffiths

August 9th – International Day of World's Indigenous Peoples



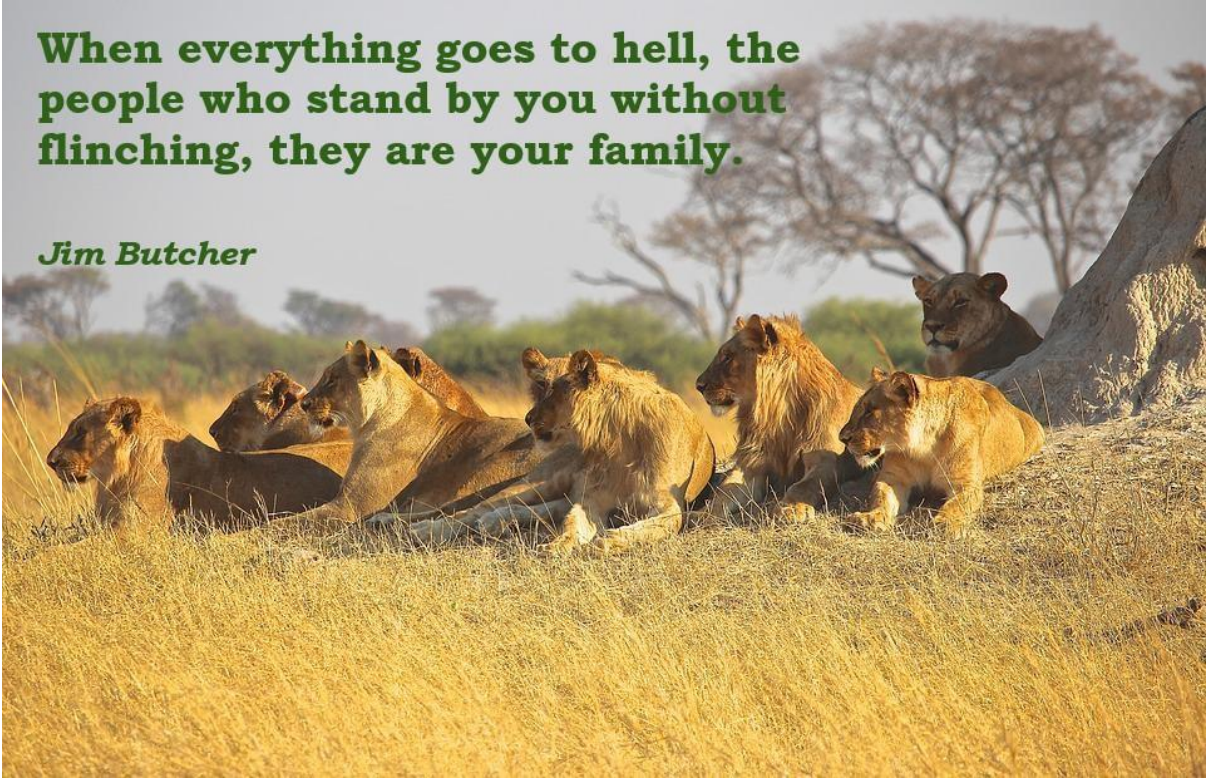
**Weeds are flowers too,
once you get to know
them.**

A.A. Milne

August 10th

When everything goes to hell, the people who stand by you without flinching, they are your family.

Jim Butcher



August 11th

The foundation of every state is the education of its youth.

Diogenes



August 12th – International Youth Day

Left handers are not different because they are unique. They are unique because they are different.

Peter-Cole C. Onele

August 13th – International Left Handers Awareness Day

Going to church doesn't make you a christian any more than standing in a garage makes you a car.



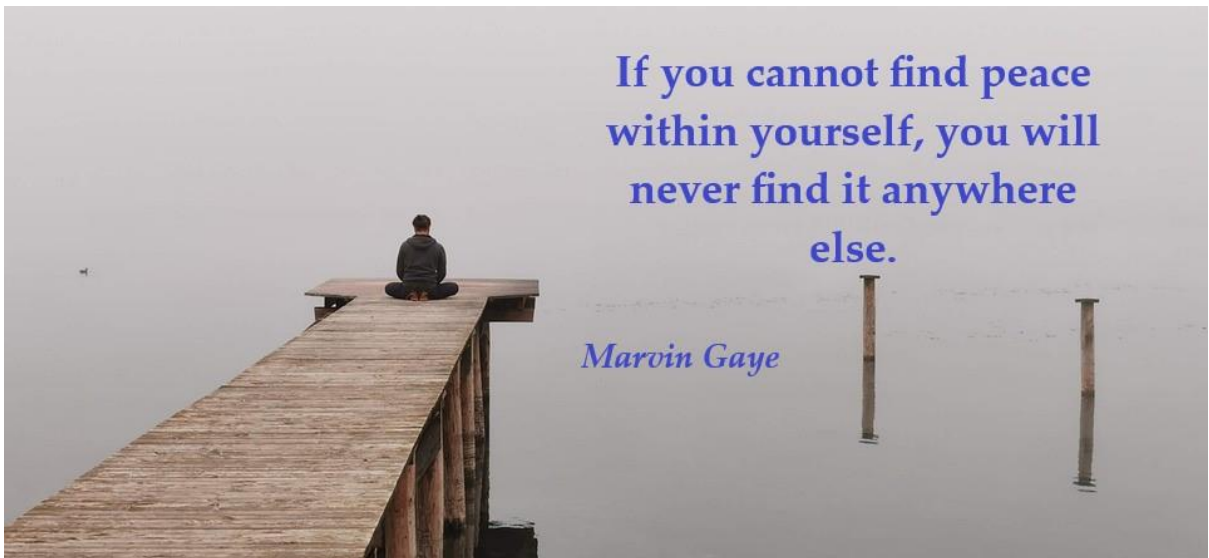
August 14th



I've learned that people will
forget what you said,
people will forget what you
did, but people will never
forget how you made them
feel.

Maya Angelou


August 15th



If you cannot find peace
within yourself, you will
never find it anywhere
else.

Marvin Gaye


August 16th



You make a life out of what you have,
not what you're missing.

Kate Morton

August 17th



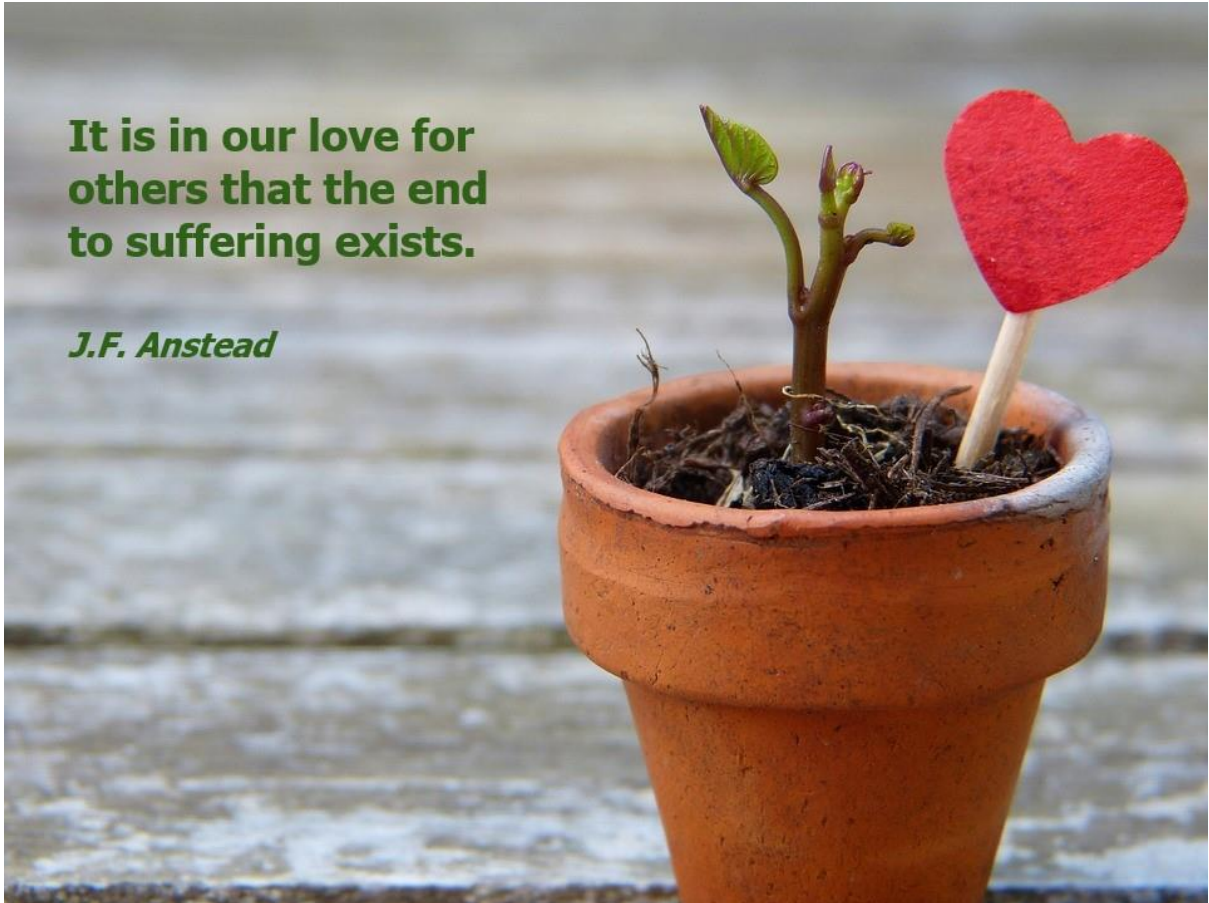
**Never give up, for that is just the place and time
that the tide will turn.**

Harriet Beecher Stowe

August 18th – Never Give Up Day

**It is in our love for
others that the end
to suffering exists.**

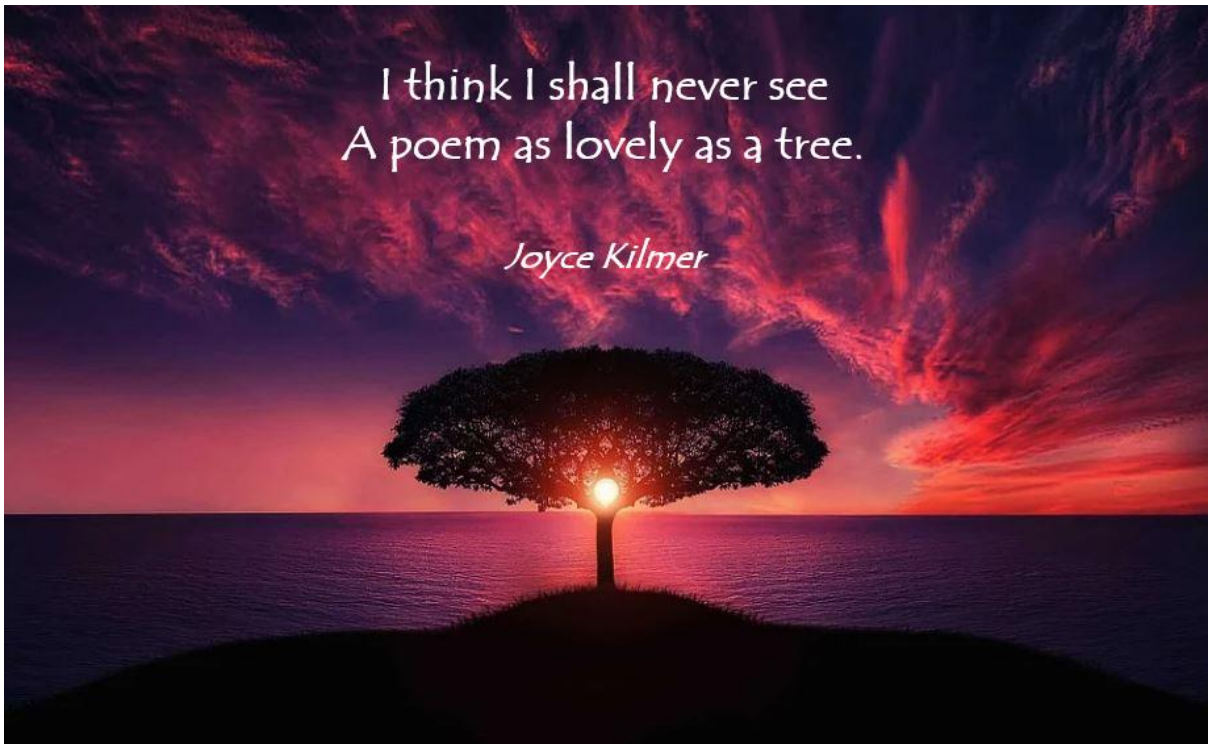
J.F. Anstead



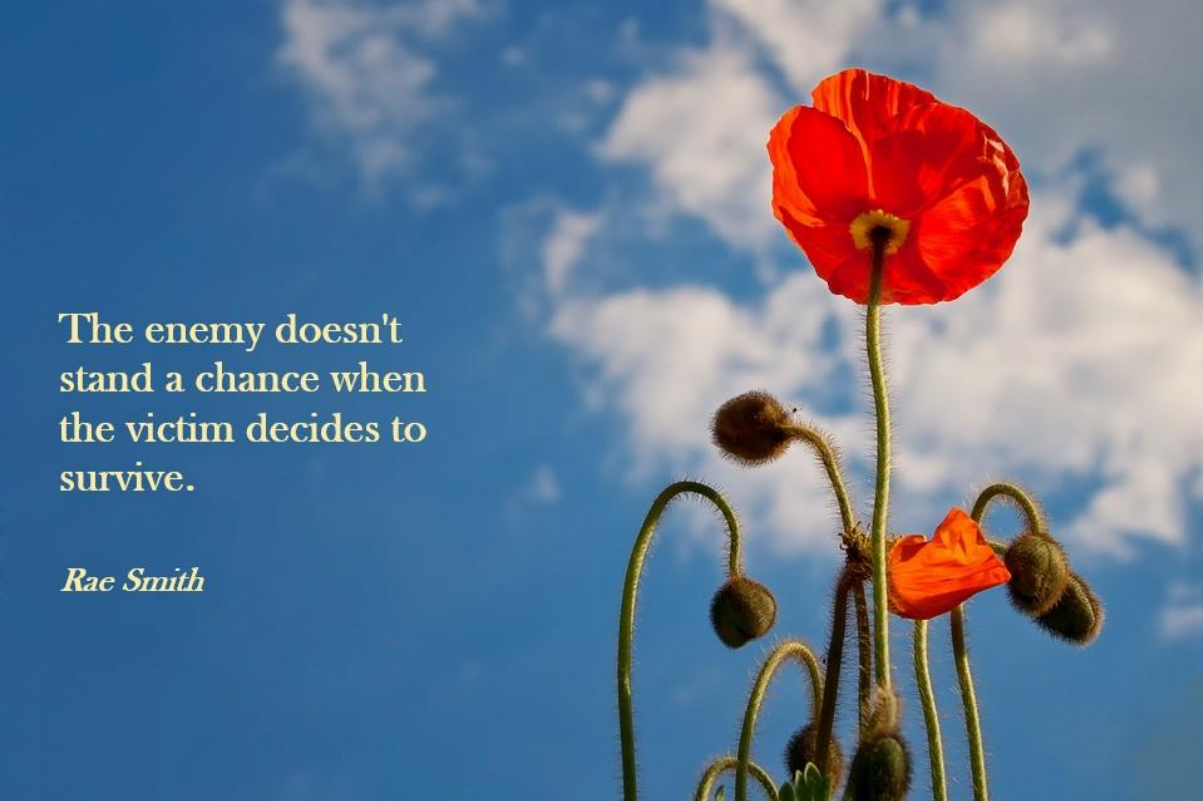
August 19th – World Humanitarian Day

I think I shall never see
A poem as lovely as a tree.

Joyce Kilmer




August 20th – Poetry Bears Picnic



The enemy doesn't
stand a chance when
the victim decides to
survive.

Rae Smith

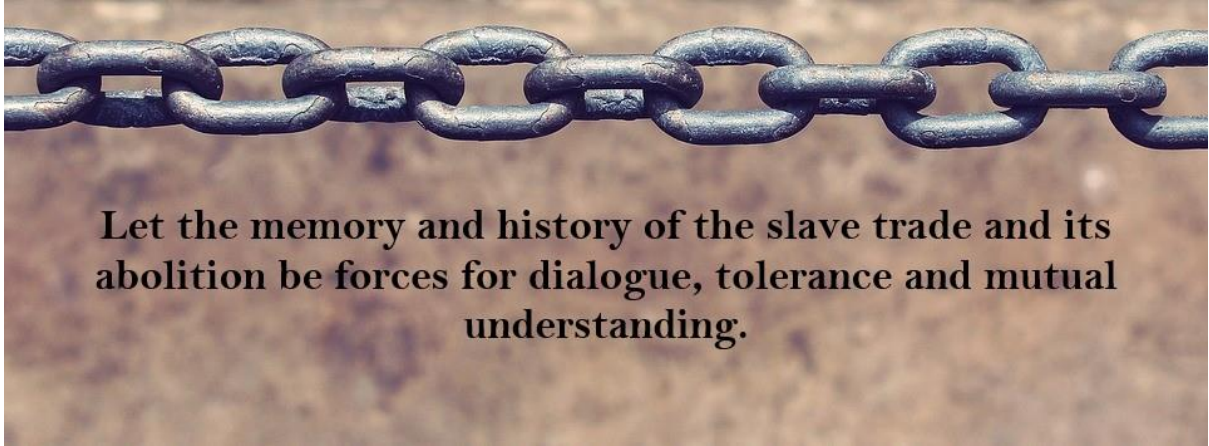
August 21st - International Day of Remembrance and Tribute to the Victims of Terrorism



I am not what happened to me,
I am what I choose to become.

CG Jung

August 22nd - International Day Commemorating the Victims of Acts of Violence Based on Religion or Beliefs



Let the memory and history of the slave trade and its abolition be forces for dialogue, tolerance and mutual understanding.

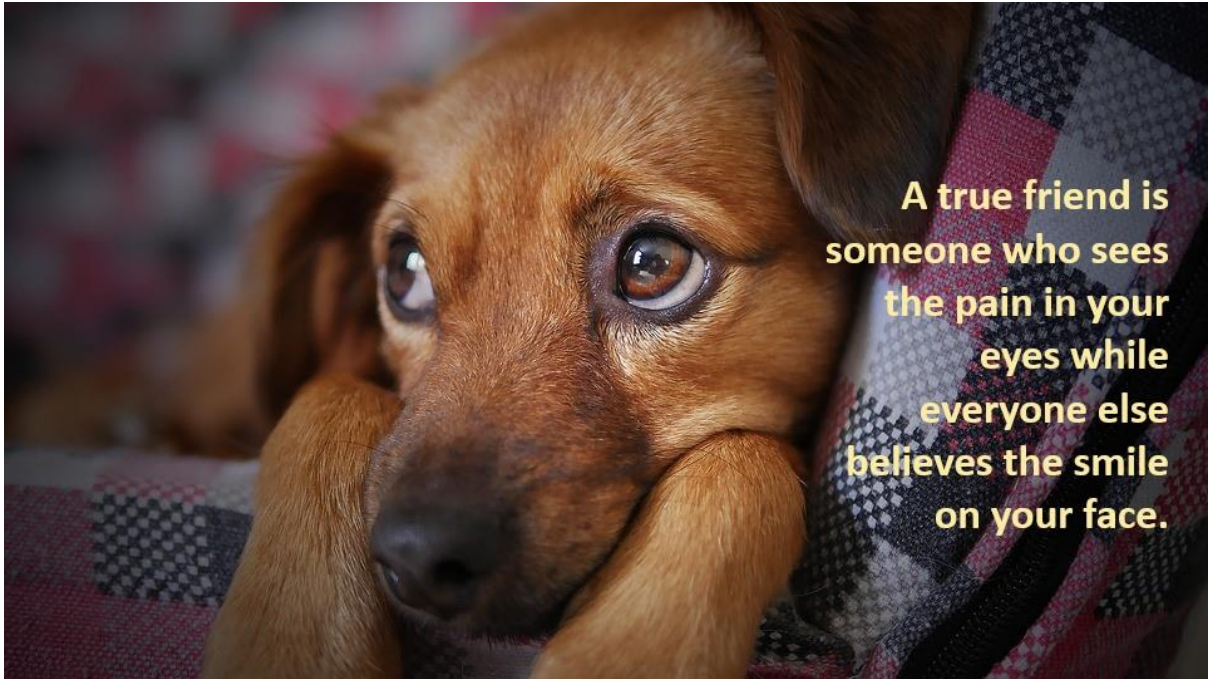
August 23rd - International Day for Remembrance of the Slave Trade and its Abolition



There is no path to happiness; happiness is the path.

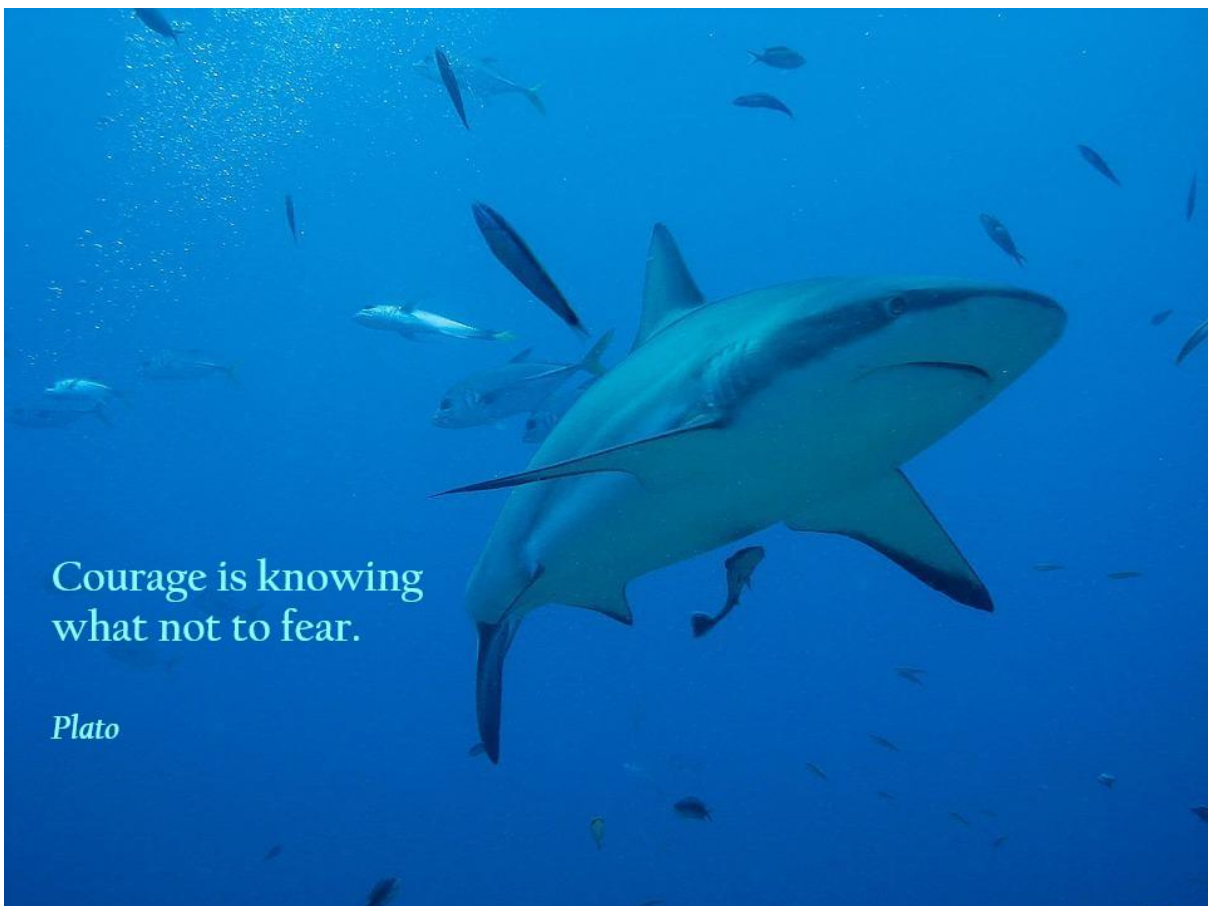
Buddha

August 24th



A true friend is
someone who sees
the pain in your
eyes while
everyone else
believes the smile
on your face.

August 25th



Courage is knowing
what not to fear.

Plato

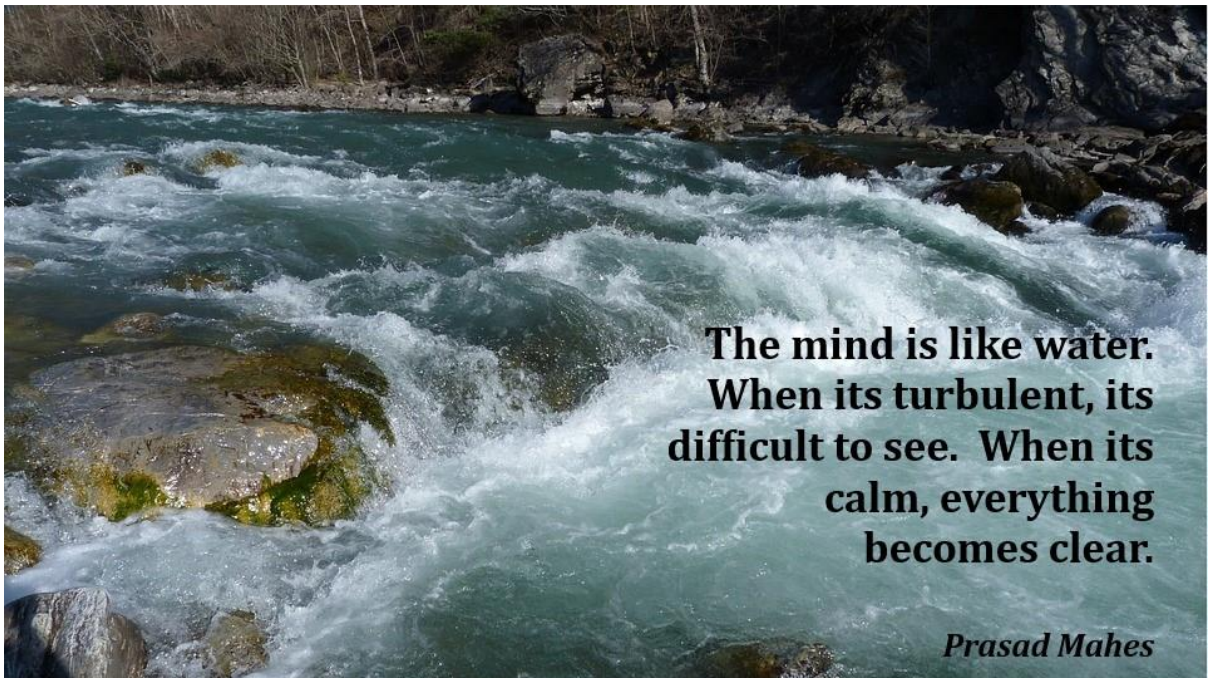
August 26th



The things that truly
bring us joy are rarely
things.

Joshua Fields Millburn

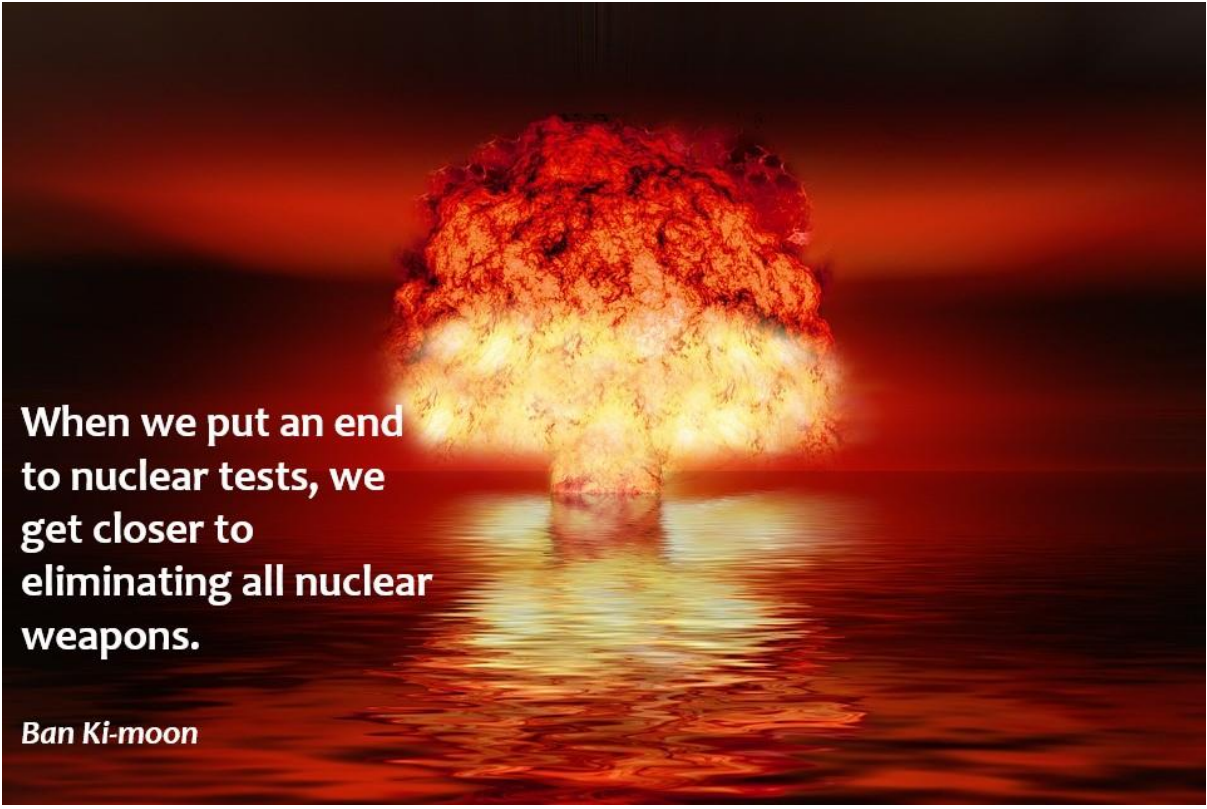
August 27th



The mind is like water.
When its turbulent, its
difficult to see. When its
calm, everything
becomes clear.

Prasad Mahes

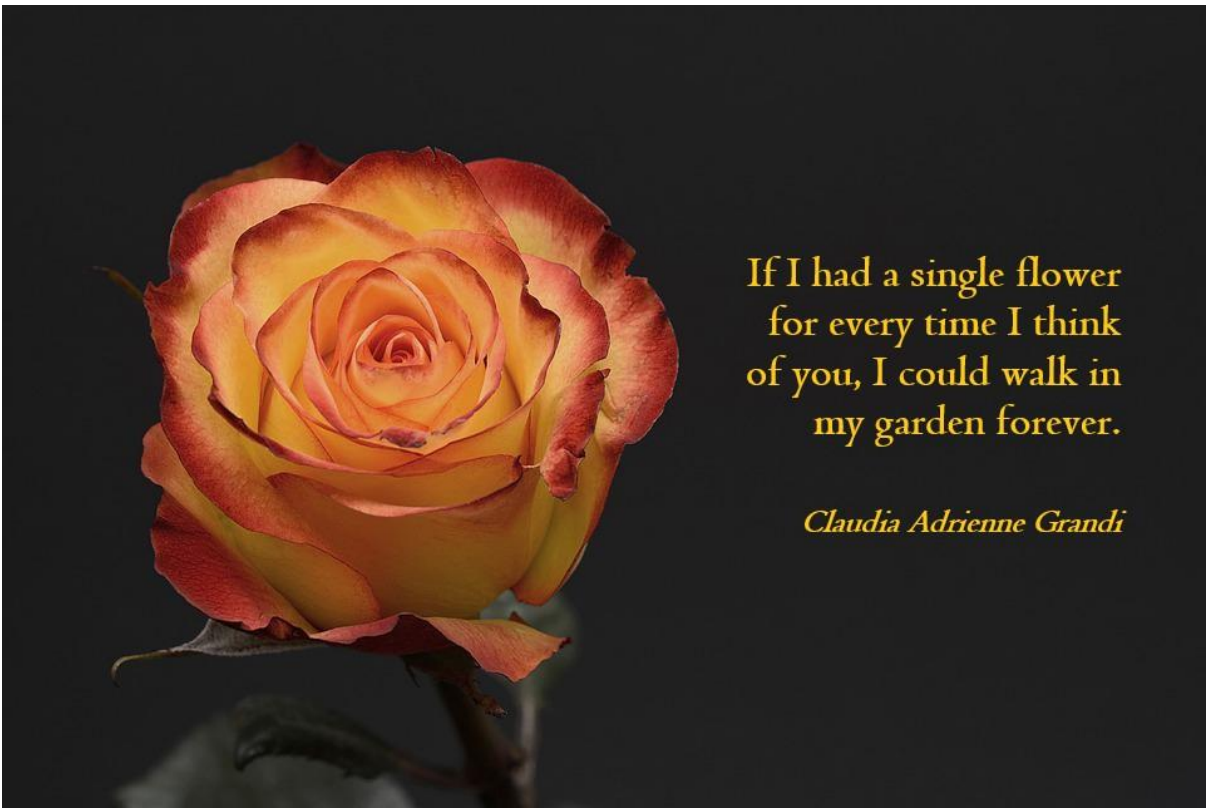
August 28th



When we put an end
to nuclear tests, we
get closer to
eliminating all nuclear
weapons.

Ban Ki-moon

August 29th – International Day Against Nuclear Tests



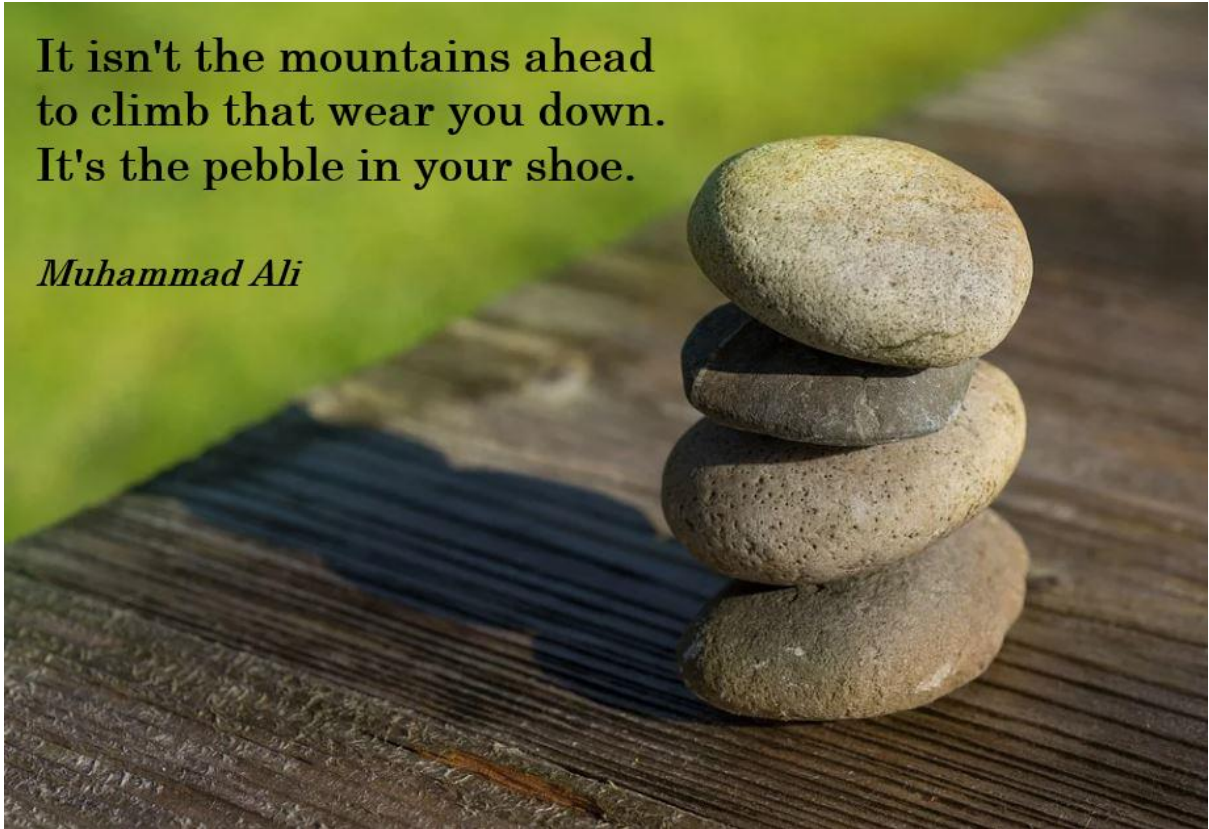
If I had a single flower
for every time I think
of you, I could walk in
my garden forever.

Claudia Adrienne Grandi

August 30th – International Day of the Disappeared

It isn't the mountains ahead
to climb that wear you down.
It's the pebble in your shoe.

Muhammad Ali



August 31st – International Day of People of African Descent