It has been important to me that I share the process with other members of my Congregation. I don't edit my experiences, feelings and thoughts, and I don't particularly 'like' all of them. It's easy to see that all of them have yet to coalesce, but may be there's no wisdom in the coalescence. For me right now, it is all about inspiration and process and I think that it is important to share, to hold conversations, for in them, I have found myself and others. Sharing my 'journal stories' with others is helping me keep accountable.

Journaling my life has helped me become more aware of myself, of how I feel. I am now more interested in sharing my 'real' self with others. Even as I write this, I'm challenging a deep-seated belief that things like energy and opportunities are scarce and am having glimpses that they are really abundant- and available. All in all, the challenges and triumphs that I have experienced in keeping my journal have been sources of great learning...It's a wonderful feedback loop!

This has been an exciting walk. I had no idea where this would go from day one. Our (HG) series of faith was a demonstration of our faith in God. He provided the people (HG), the resources, and the partnership in our life together that made it happen.

We connected in Emmaus, October, 2011, a group of 'seeming strangers' to each other new faces... God lay on our hearts that this was something He wanted us to do even though in my heart, I thought 'There's no way possible. This is too big, 'Working in chaos, doodles, systems, loops and circles! My G! "But, I submitted to the invitation to play Host, and said, 'Okay, Lord, I'll do it.' I got on board and started trusting God in each step.

It's been awesome. I have to thank the HG and Paula for leading us through the process. Working on the HG has given me lots of insights from the knowledge, wisdom and experiences of other HG members, some very seasoned spiritual Mercy women.

As a group, we received the help we needed for our next steps in the process. We did the work, but our life together provided the support we needed to successfully 'Host' the Congregational Chapter, 2011/2012. I humbly admit I have had the fun to watch myself grow both spiritually and in trust. I had no idea of the talent we had among us, both as HG and Congregation! I hesitate to mention the many surprises I have received as I encouraged membership to take individual responsibility for the Chapter.

The biggest thing for me, the thing I would say I have learned from being a HG member, is to turn myself loose and let go. Likewise to turn membership loose and let them go... go wherever the process takes them. I've watched the creativity come out and the flavour is so personal to the sisters in the congregation. How membership is growing has been phenomenal.

In my observation, the Conference Call worked well to keep us connected, it offered a forum for us to monitor ourselves and the process as well. The idea of sub-groups was superb and helped get work done efficiently. I am not sure, how successful was the idea of members connecting on net, e.g. the Exchange group.

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