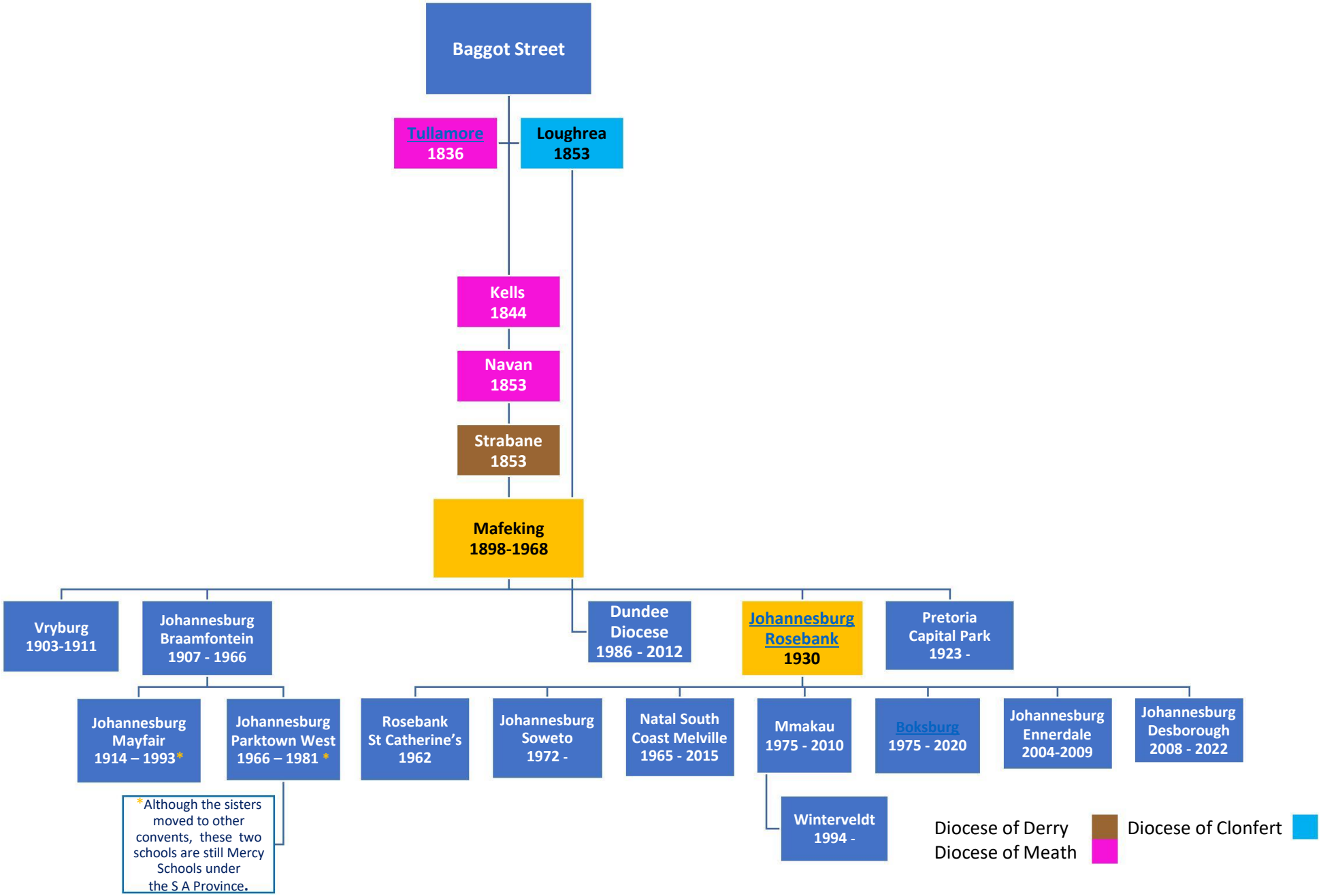Foundations in South Africa