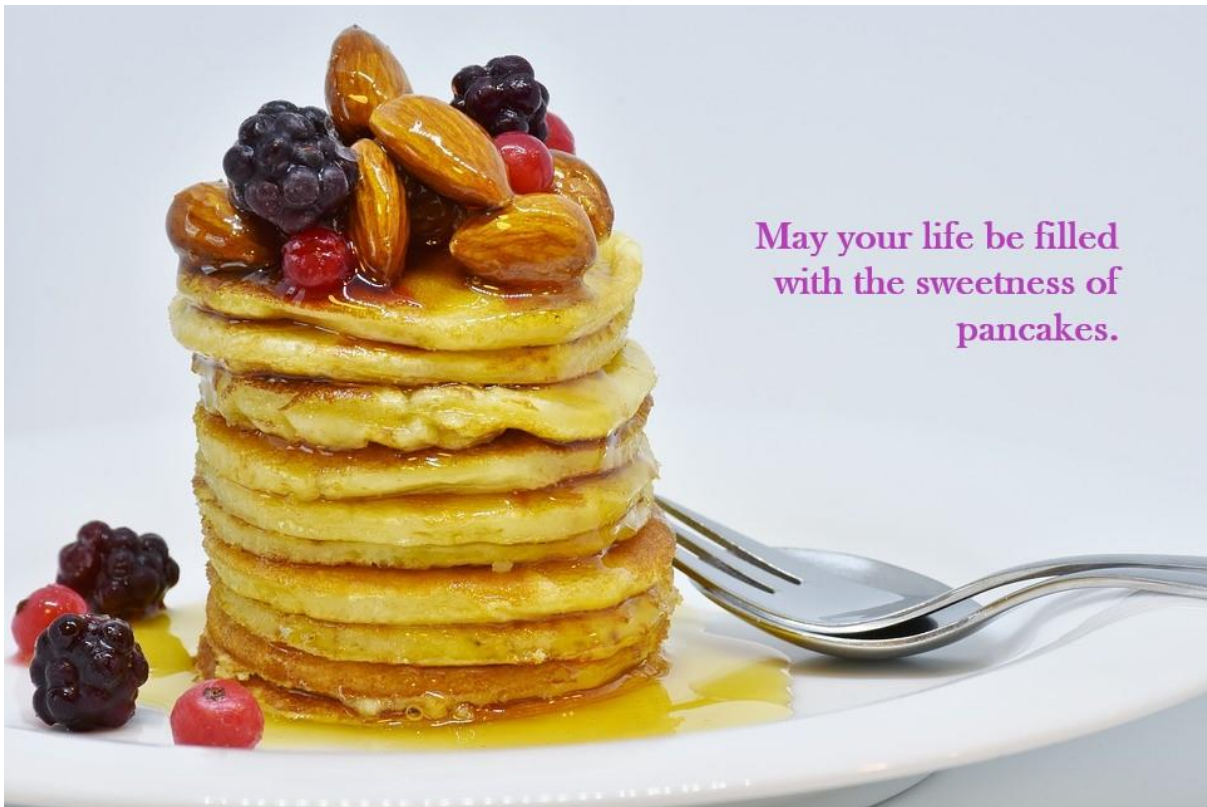


Thought For The Day – March 2022



May your life be filled
with the sweetness of
pancakes.

March 1st – Shrove Tuesday

Let today be the day you
give up who you've been
for who you can become.

Hal Elrod



March 2nd – Ash Wednesday (the first day of Lent)

Blindness separates us from things but deafness separates us from people.

Helen Keller



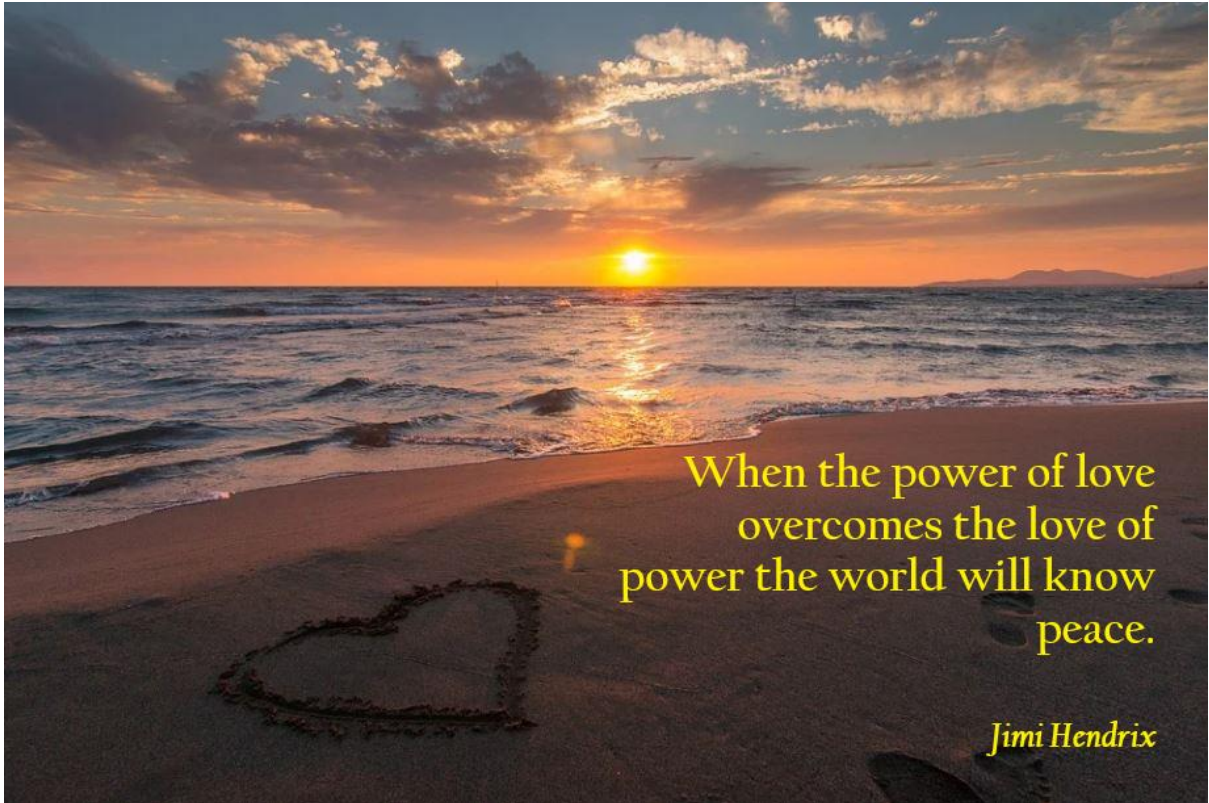
March 3rd – World Hearing Day

The key to being happy is knowing you have
the power to choose what to accept and what
to let go.

Dodinsky



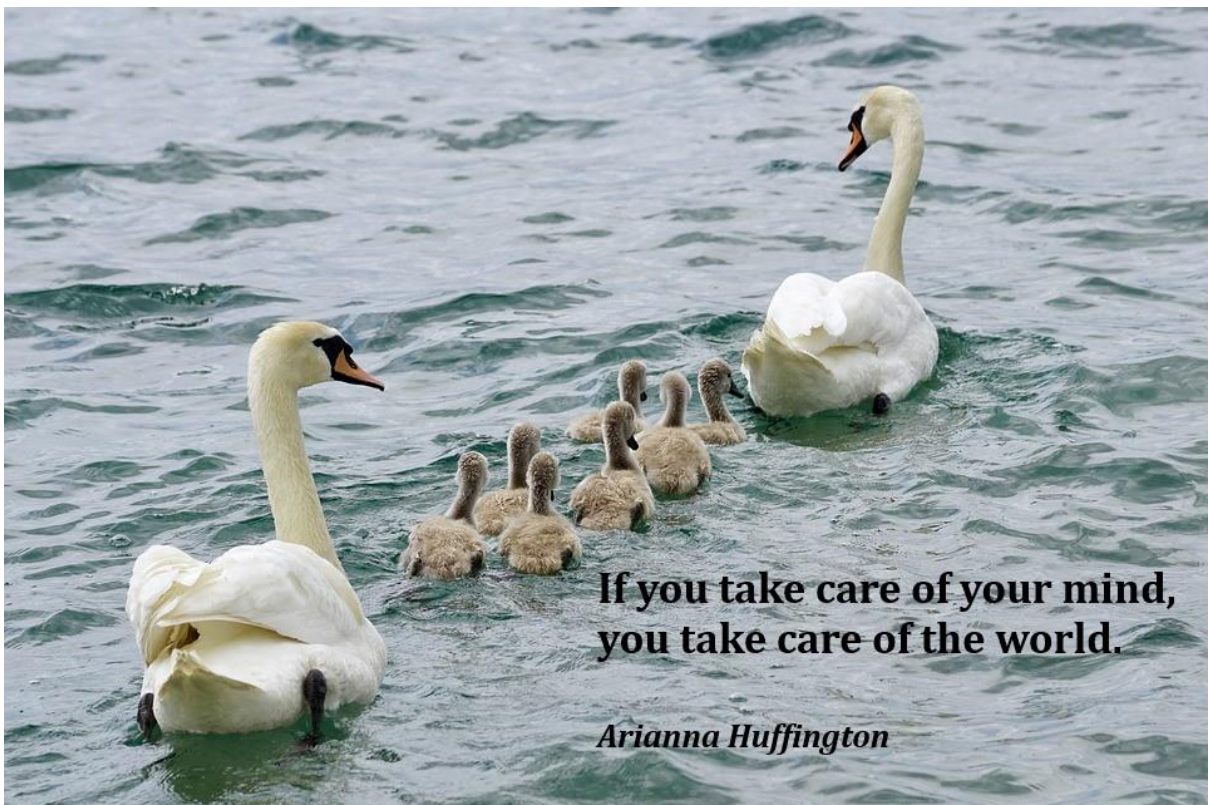
March 4th



When the power of love
overcomes the love of
power the world will know
peace.

Jimi Hendrix

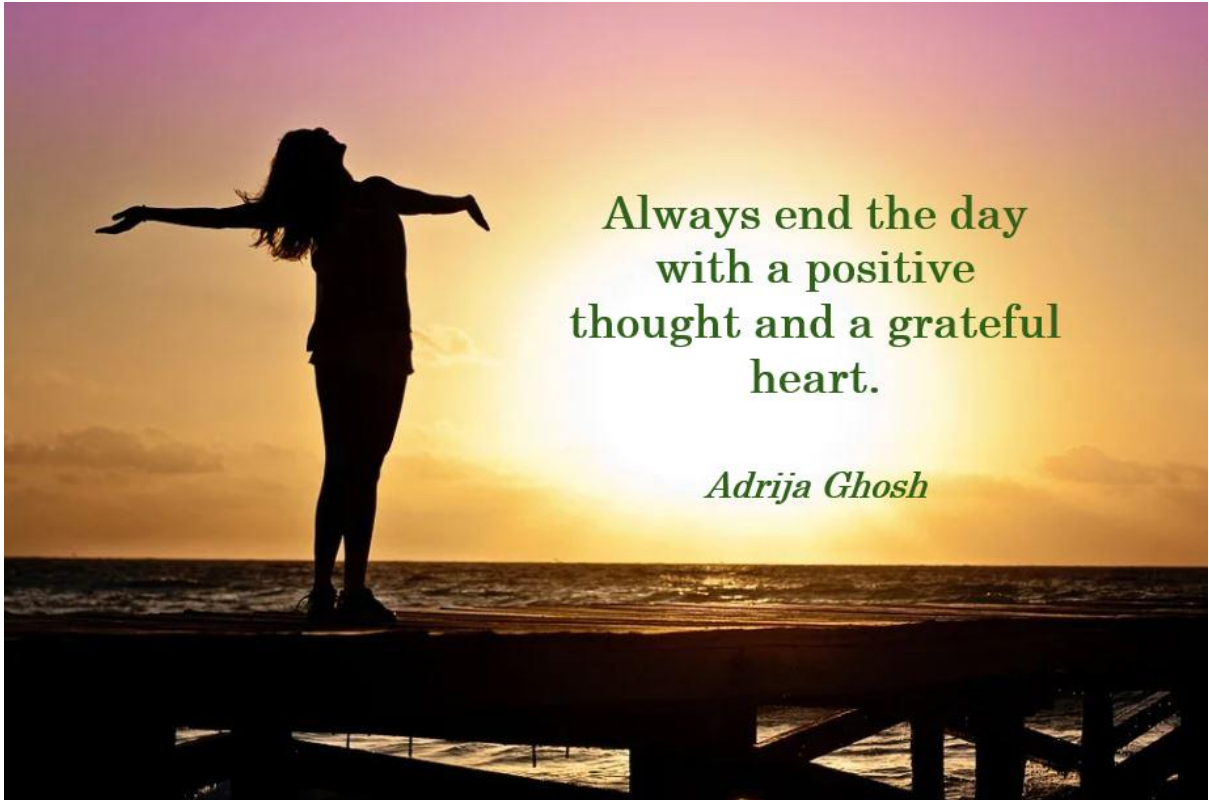
March 5th



**If you take care of your mind,
you take care of the world.**

Arianna Huffington

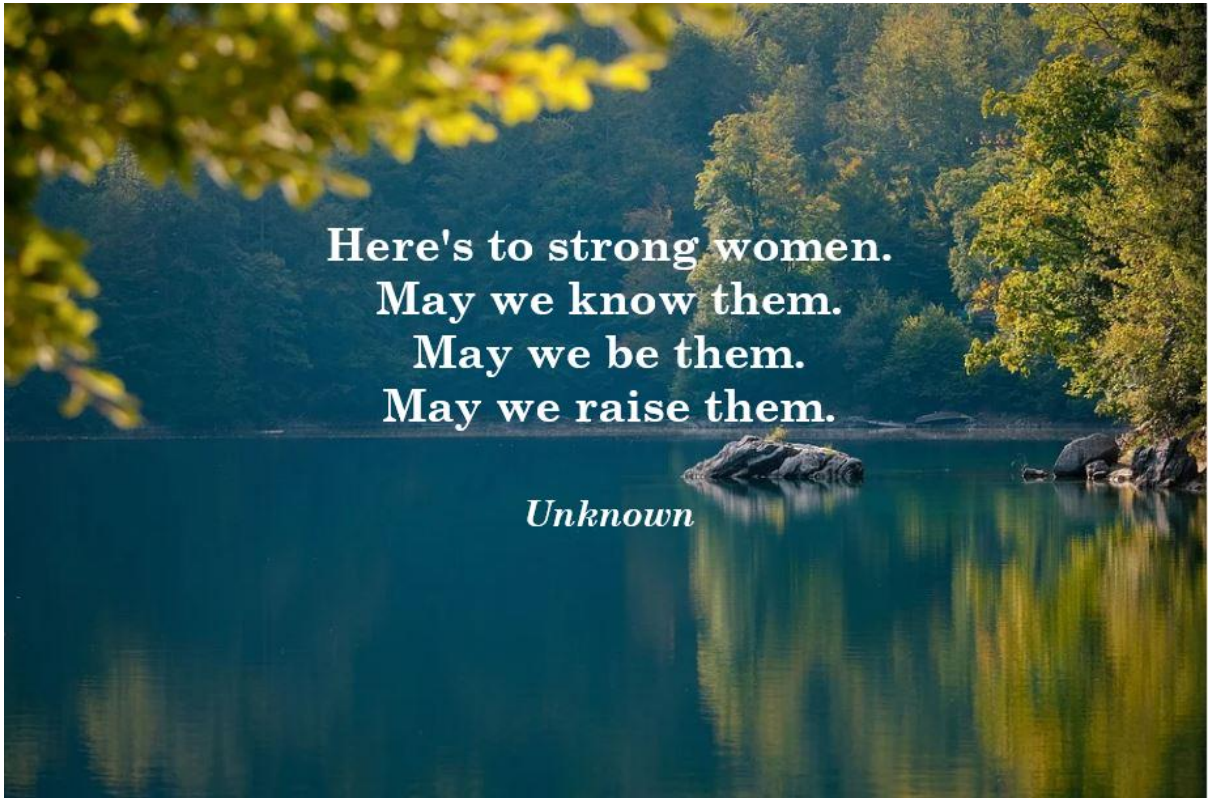
March 6th – International Parental Mental Health Week



Always end the day
with a positive
thought and a grateful
heart.

Adrija Ghosh

March 7th



Here's to strong women.
May we know them.
May we be them.
May we raise them.

Unknown

March 8th – International Women's Day

There is no power for change greater than a community discovering what it cares about.



Margaret J. Wheatley

March 9th

**With the new day comes
new strength and new
thoughts.**

Eleanor Roosevelt



March 10th – World Kidney Day

A friend is someone who helps you up when you're down and if they can't, they lay down beside you and listen.

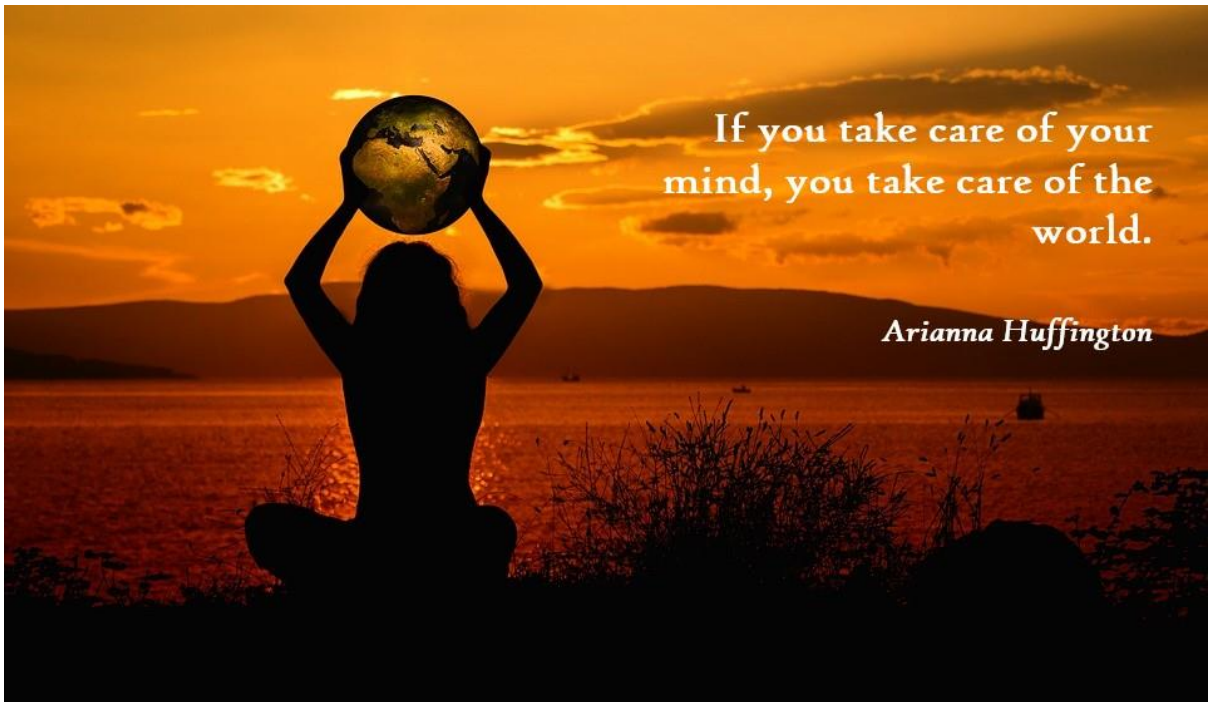
A.A. Milne



March 11th

If you take care of your mind, you take care of the world.

Arianna Huffington

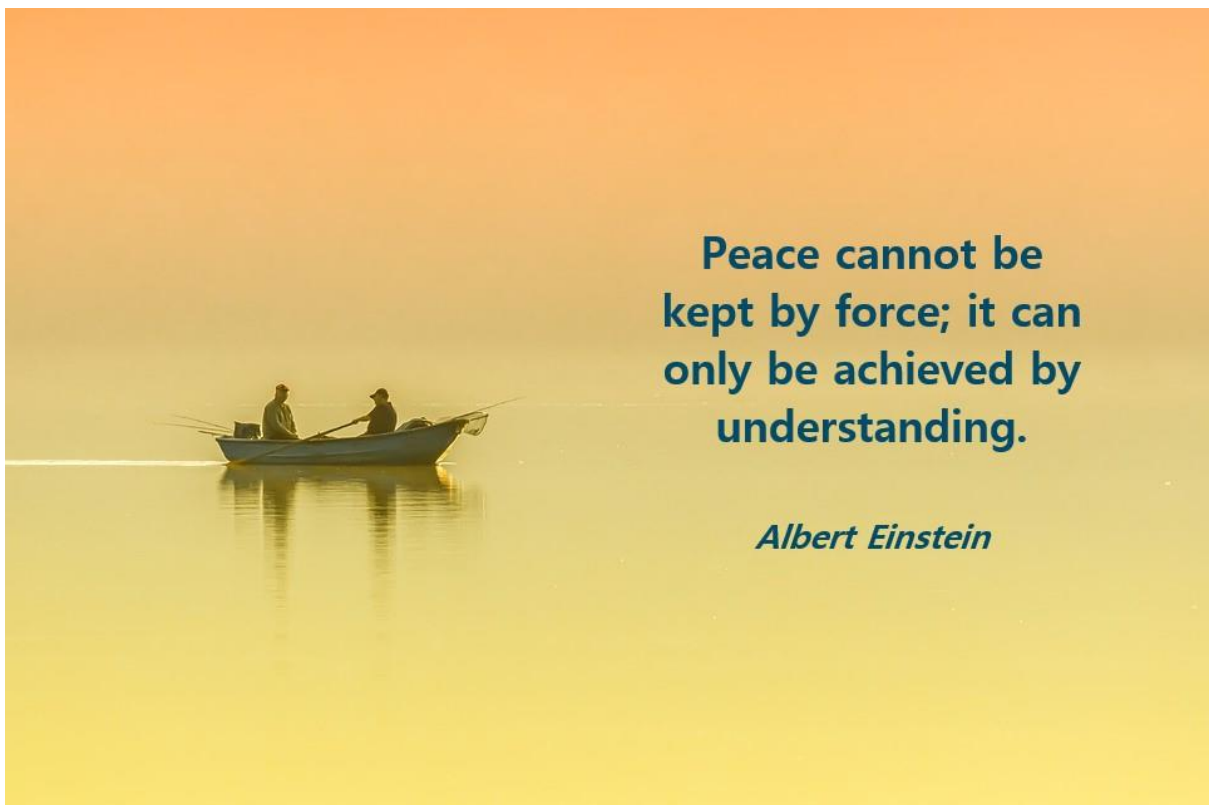


March 12th – Parental Mental Health Awareness Week



**Sometimes miracles are
just good people with
kind hearts**

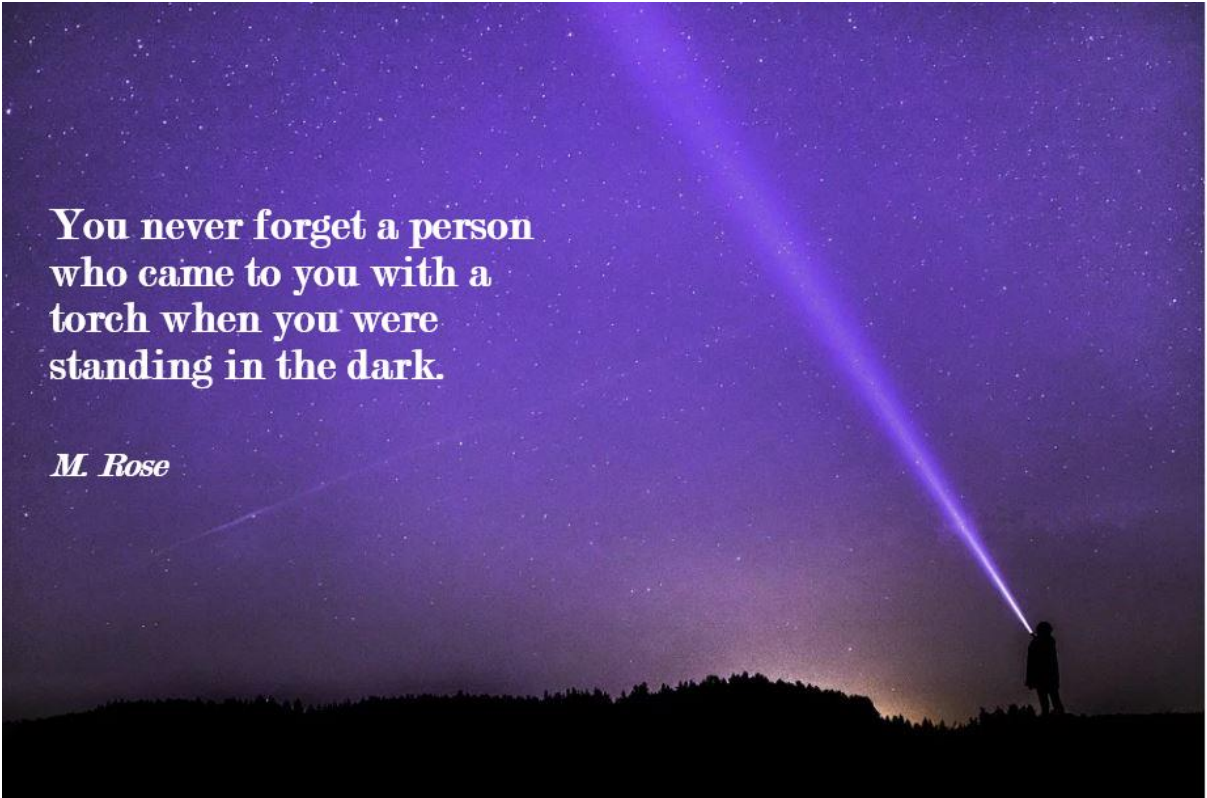
March 13th



**Peace cannot be
kept by force; it can
only be achieved by
understanding.**

Albert Einstein


March 14th



**You never forget a person
who came to you with a
torch when you were
standing in the dark.**

M. Rose

March 15th



**I've found that
there is always
some beauty left -
in nature, sunshine,
freedom, in
yourself.**

Anne Frank

March 16th



May you always walk in sunshine
May you never want for more
May Irish Angels rest their wings
Right outside your door

Irish Blessing

March 17th – St. Patrick's Day



**Recycling turns things
into other things,
which is like MAGIC!**

March 18th – Global Recycling Day

A genuine smile comes
from the heart, but a
healthy smile needs good
dental care.

Wayne Chirisa



March 20th – World Oral Health Day

The way you're different
might be the difference
that makes the world a
better place.



March 21st – World Down Syndrome Day



Water is the driving force of
nature.

Leonardo da Vinci

Photograph courtesy of Elizabeth McNamee, Western Province


March 22nd – World Water Day



**Climate is what we
expect, weather is
what we get.**

Mark Twain

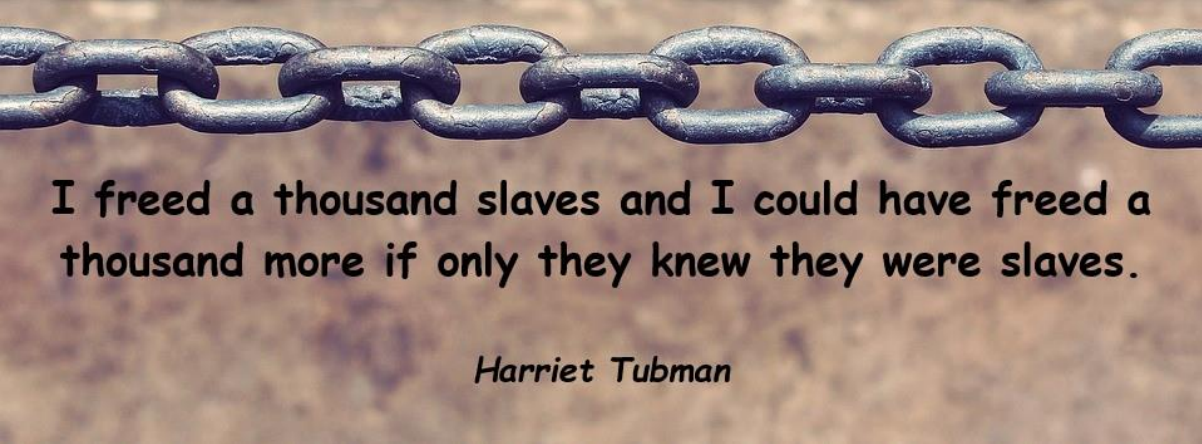
March 23rd – World Meteorological Day



**Truth is like the sun.
You can shut it out for
a while but it ain't
going away.**

Elvis Presley

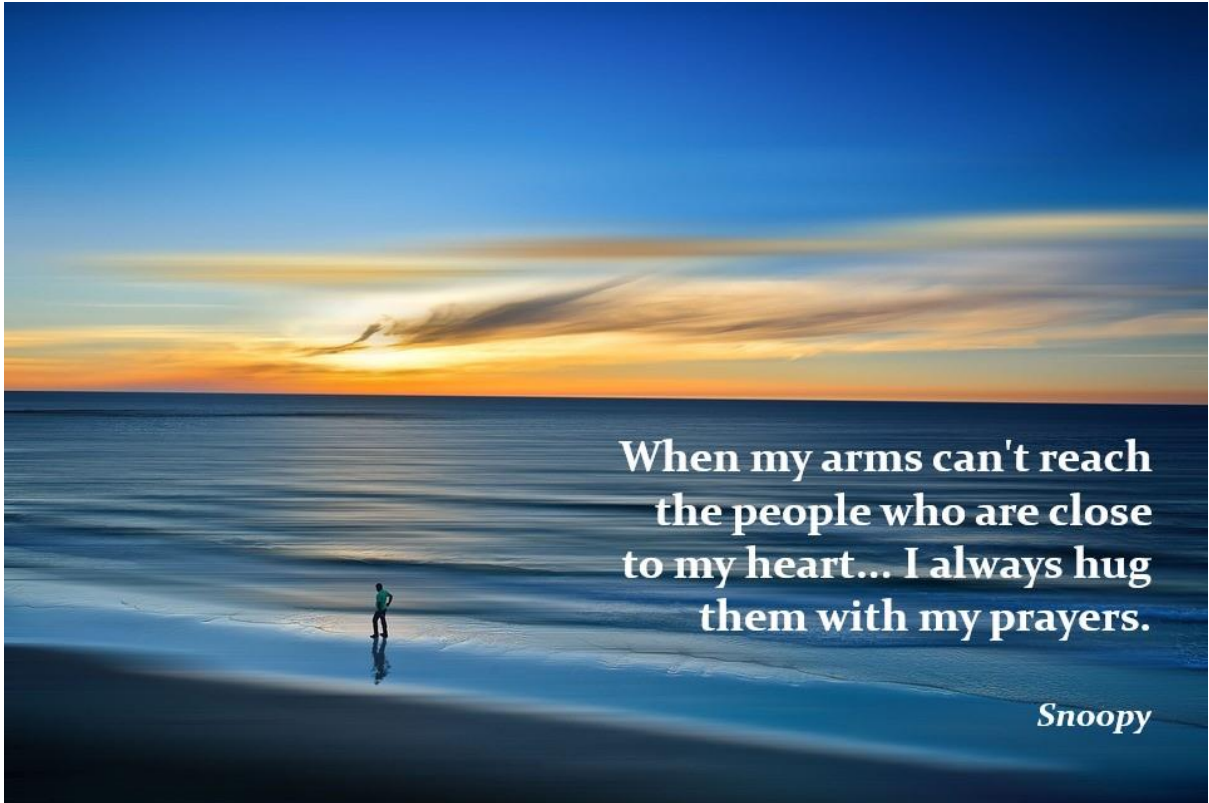
*March 24th - International Day for the Right to the Truth concerning Gross Human Rights Violations
and for the Dignity of Victims*



**I freed a thousand slaves and I could have freed a
thousand more if only they knew they were slaves.**

Harriet Tubman

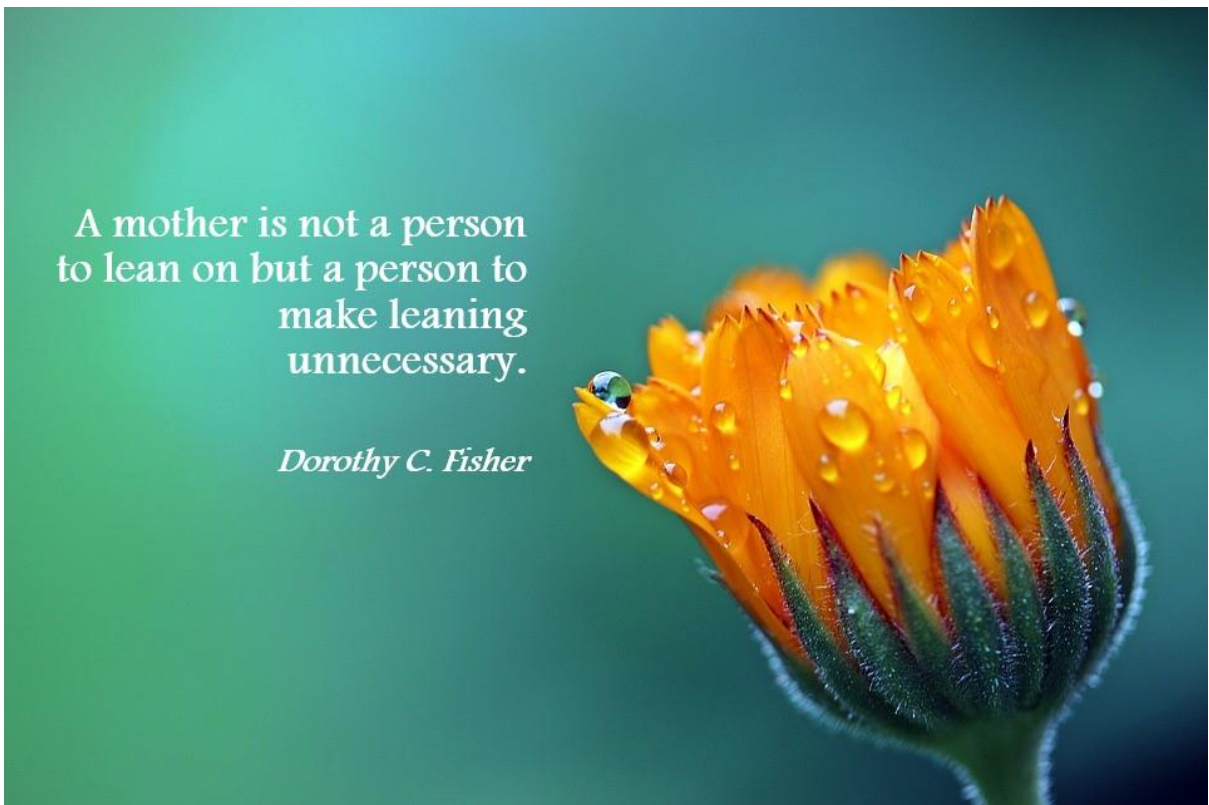
*March 25th - International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave
Trade*



When my arms can't reach
the people who are close
to my heart... I always hug
them with my prayers.

Snoopy

March 26th



A mother is not a person
to lean on but a person to
make leaning
unnecessary.

Dorothy C. Fisher

March 27th

**If they can't learn the way we teach, we
teach the way they learn.**

Dr. O. Ivar Lovaas




March 28th – World Autism Acceptance Week

**I am sure that if the
mothers of various
nations could meet, there
would be no more wars.**

E.M. Forster



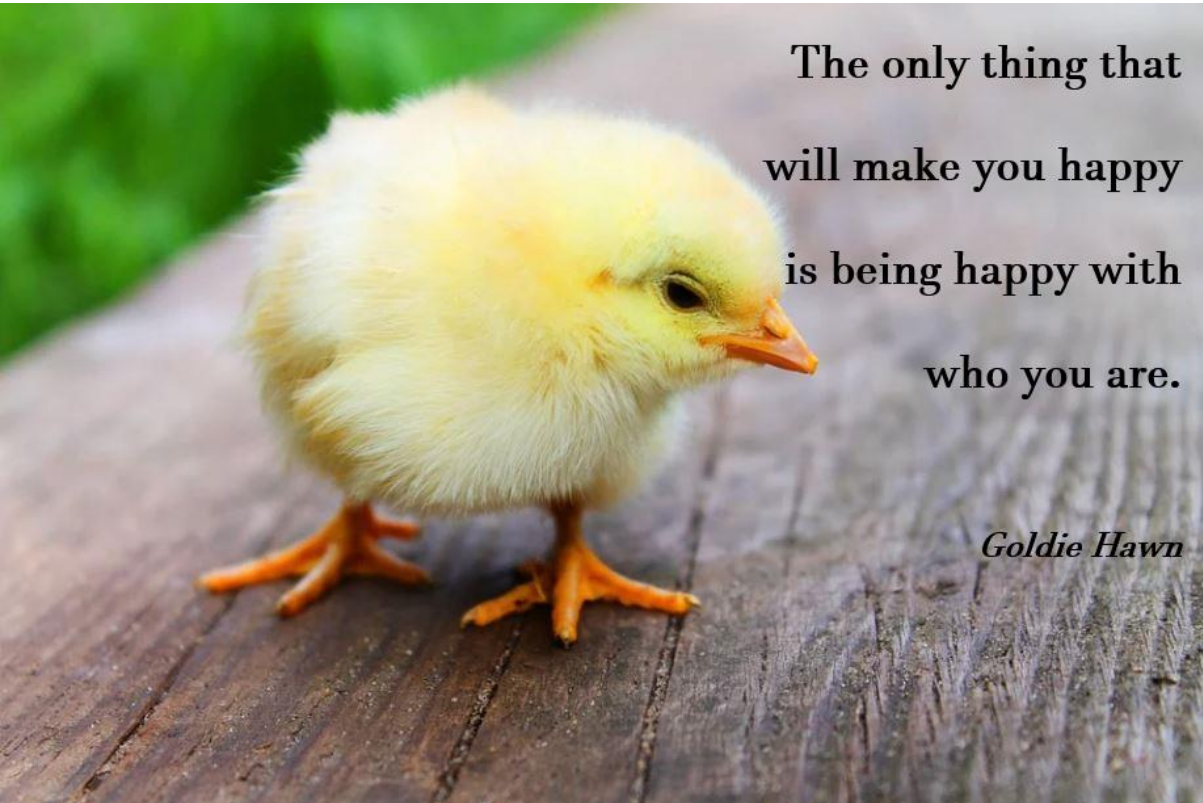
March 29th



Don't let the entire
staircase overwhelm you.
Focus on the first step.

Unknown

March 30th – World Bipolar Day



The only thing that
will make you happy
is being happy with
who you are.

Goldie Hawn

March 31st

