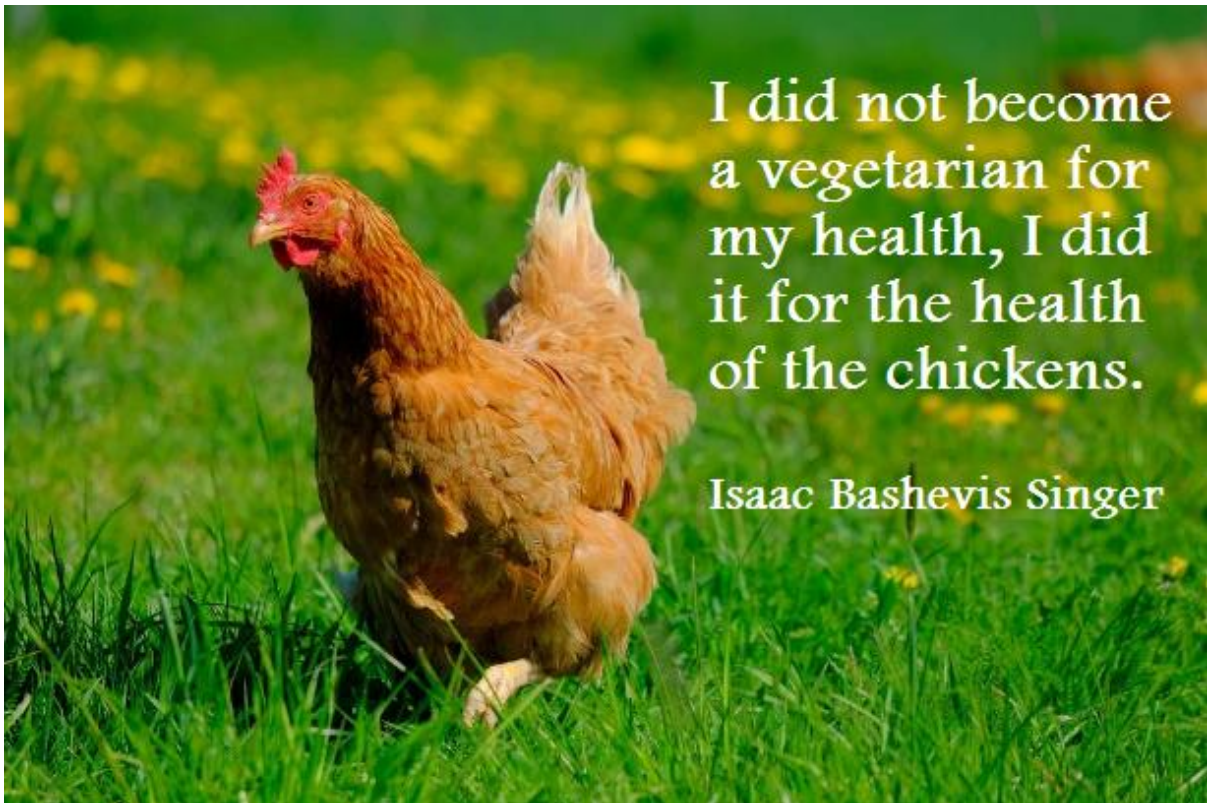


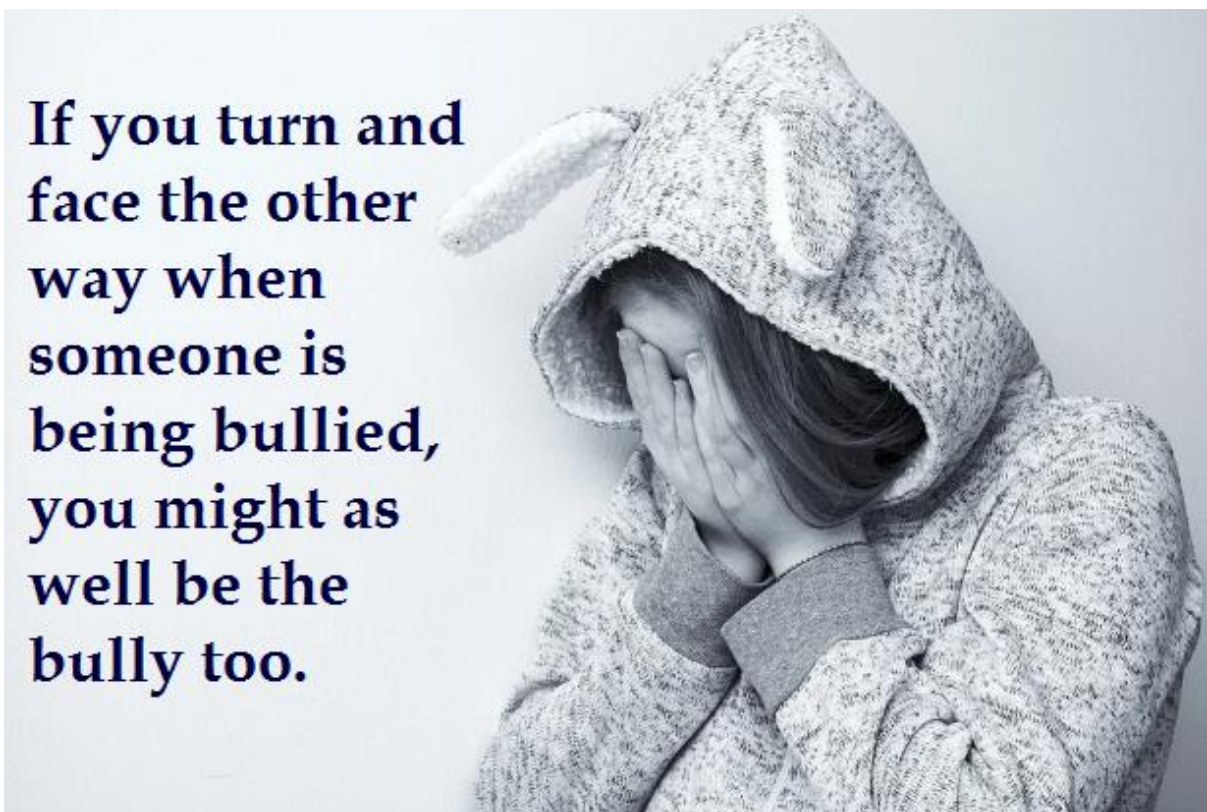
Thought For The Day October 2021



I did not become
a vegetarian for
my health, I did
it for the health
of the chickens.

Isaac Bashevis Singer

October 1st – World Vegetarian Day



**If you turn and
face the other
way when
someone is
being bullied,
you might as
well be the
bully too.**

October 2nd – Bullying Prevention Month

They laugh at me because I am different;
I laugh at them because they are all the
same.

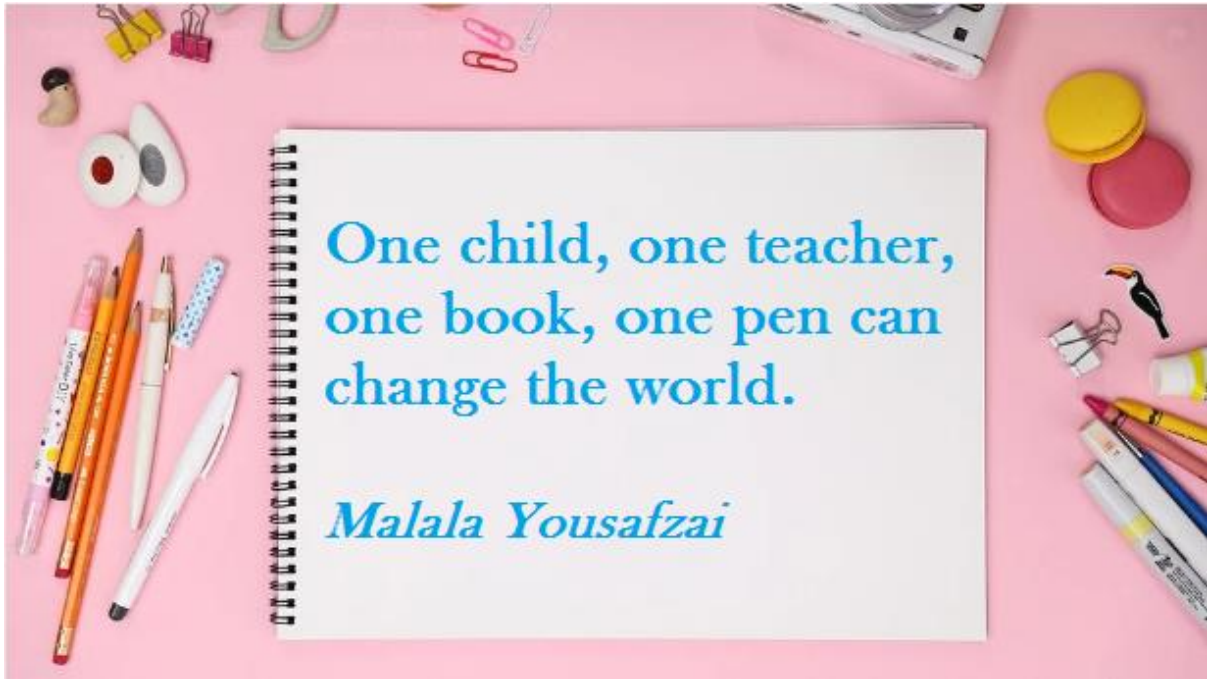


October 3rd – Dyspraxia Awareness Week

Until one has
loved an animal, a
part of one's soul
remains
unawakened.



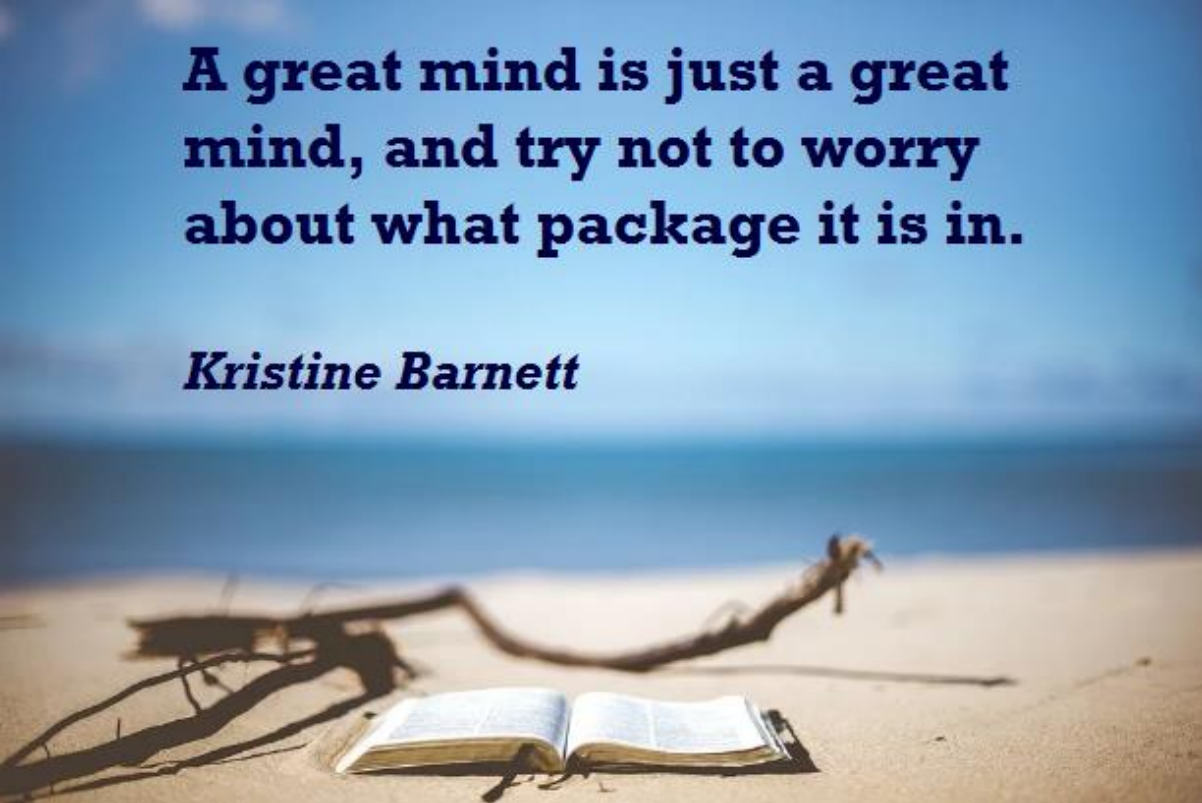
October 4th – World Animal Day



October 5th – World Teachers Day




October 6th

A photograph of a beach scene. In the foreground, an open book lies on the sand. Behind it, a piece of driftwood is scattered across the sand. The background shows the ocean and a clear blue sky.

**A great mind is just a great
mind, and try not to worry
about what package it is in.**

Kristine Barnett


October 7th – International Dyslexia Awareness Day

A photograph of a large industrial factory with several tall smokestacks. Thick, white smoke is rising from the stacks into a dark, overcast sky. The factory building is visible in the foreground, and a body of water is in the distance.

**Contributing to
clean air is
everyone's
responsibility.**

Steve Owens


October 8th – World Clean Air Day



Postman's bag is always
heavy because it carries life
itself; It carries all the
sorrows and all the joys, all
the worries and all the
hopes!

Mehmet Murat Ildan

October 9th – World Post Day



What mental health
needs is more
sunlight, more candor
and more unashamed
conversation.

Glenn Close

October 10th – World Mental Health Day

**I want every girl to know that her
voice can change the world.**



Malala

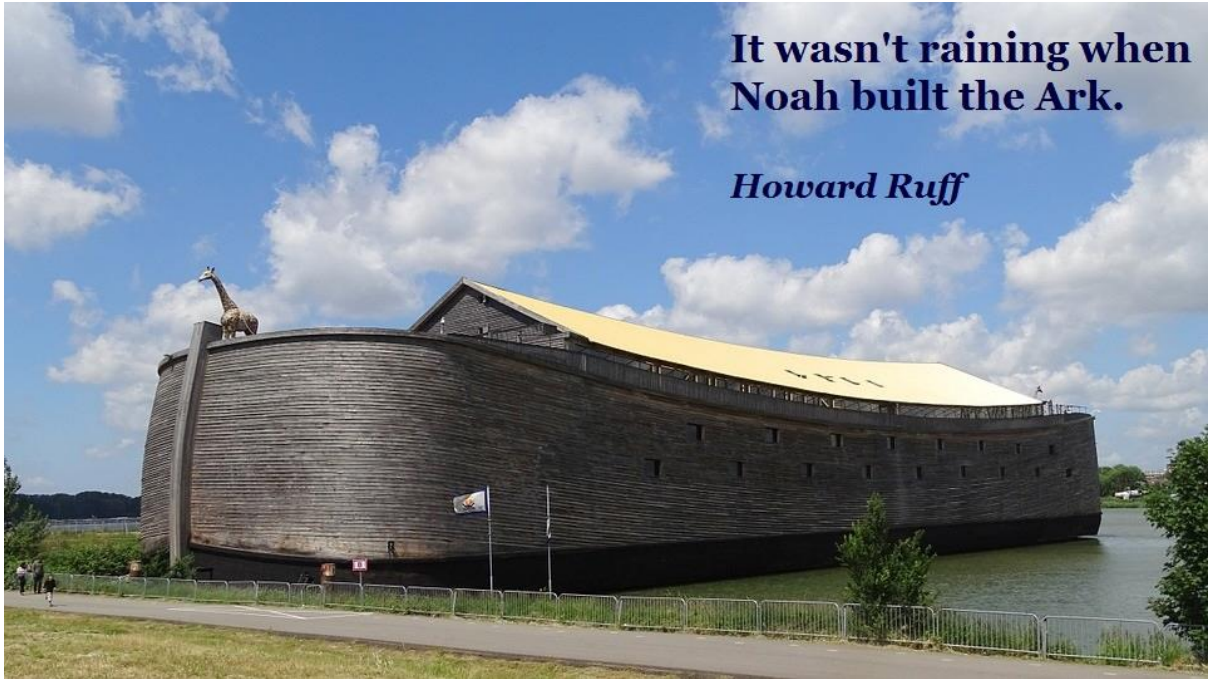
October 11th – International Day of the Girl Child

*We cannot change the outcome, but we
can affect the journey.*

Ann Richardson



October 12th – International Hospice and Palliative Care Day



**It wasn't raining when
Noah built the Ark.**

Howard Ruff

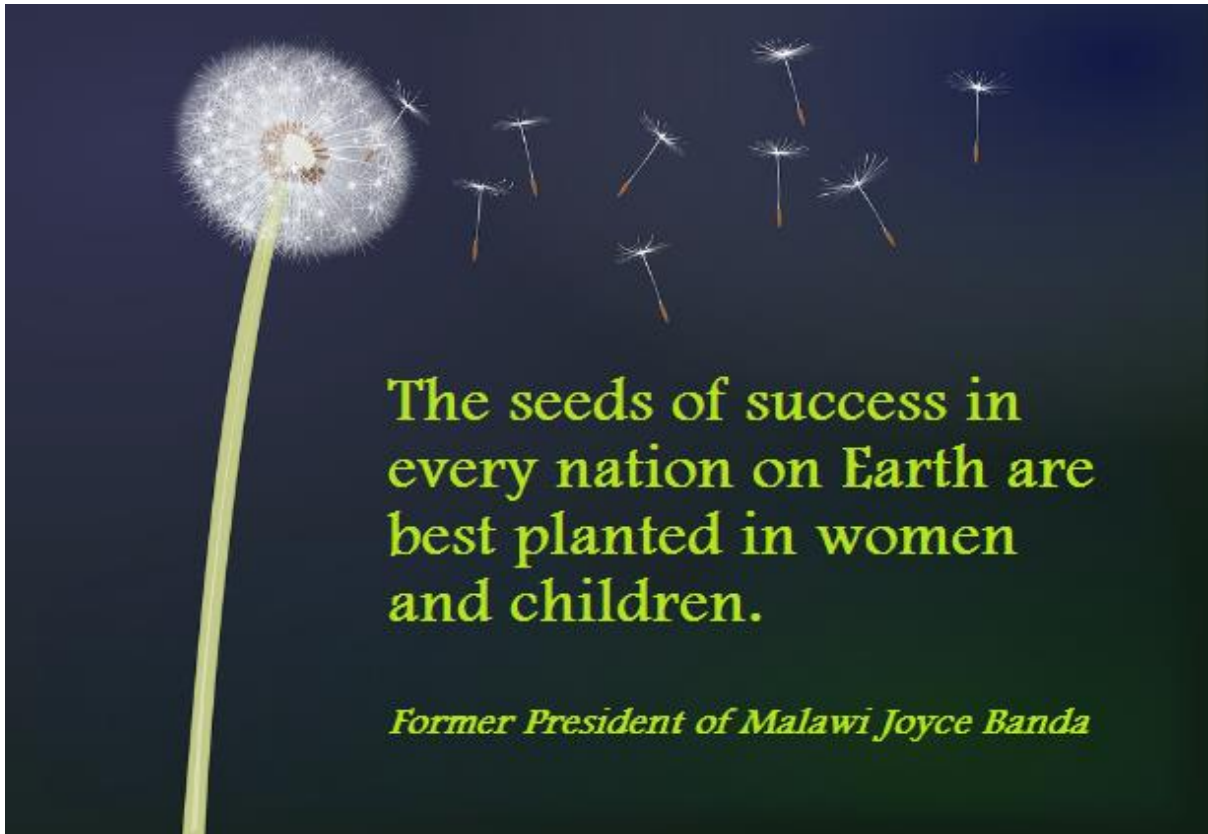
October 13th – International Day of Disaster Risk Reduction



**The only thing worse than being blind
is having sight but no vision.**

Helen Keller

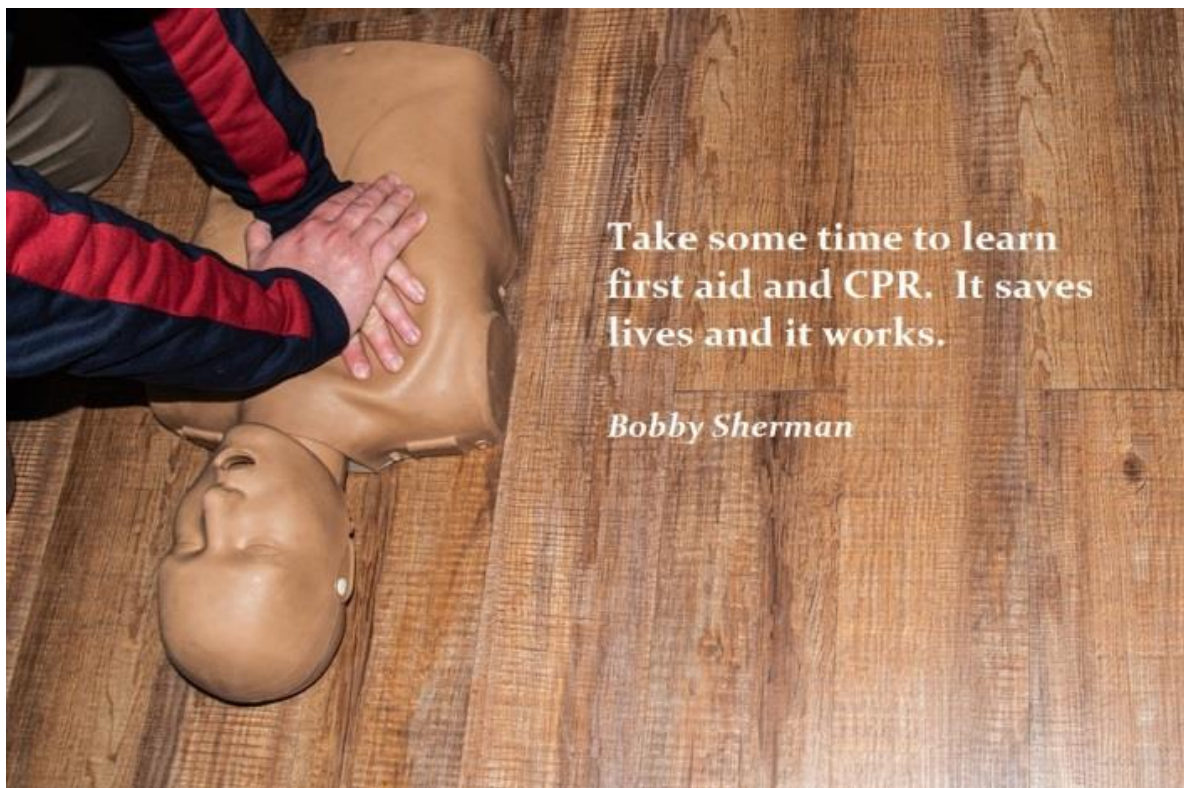
October 14th – World Sight Day



The seeds of success in every nation on Earth are best planted in women and children.

Former President of Malawi Joyce Banda

October 15th – International Day of Rural Women



Take some time to learn first aid and CPR. It saves lives and it works.

Bobby Sherman

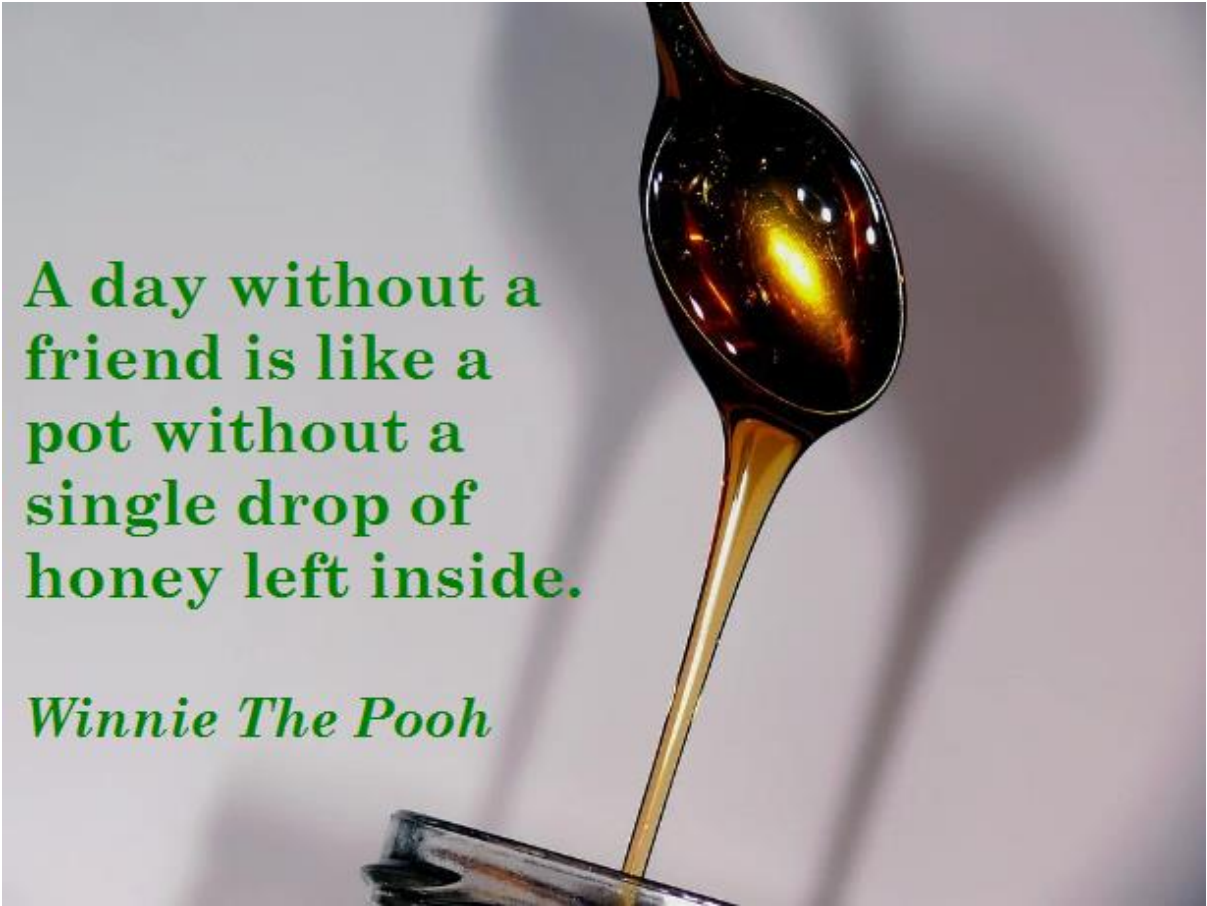
October 16th – Restart A Heart Day



*Photograph courtesy of Moses Baraka, Kenyan Province
October 17th – International Day of Eradication of Poverty*



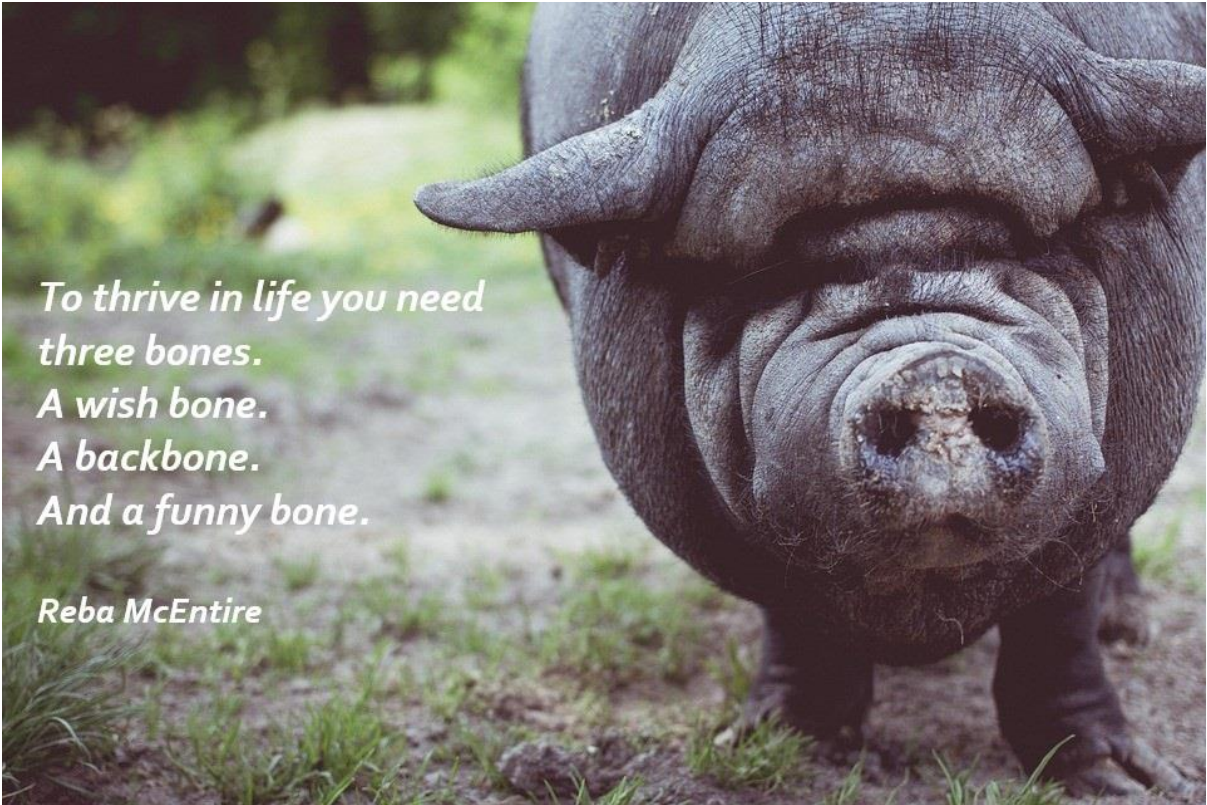
October 18th – World Menopause Day



**A day without a
friend is like a
pot without a
single drop of
honey left inside.**

Winnie The Pooh

October 19th



*To thrive in life you need
three bones.
A wish bone.
A backbone.
And a funny bone.*

Reba McEntire

October 20th – World Osteoporosis Day

It is that range of biodiversity that we must care for -
the whole thing - rather than just one or two stars.

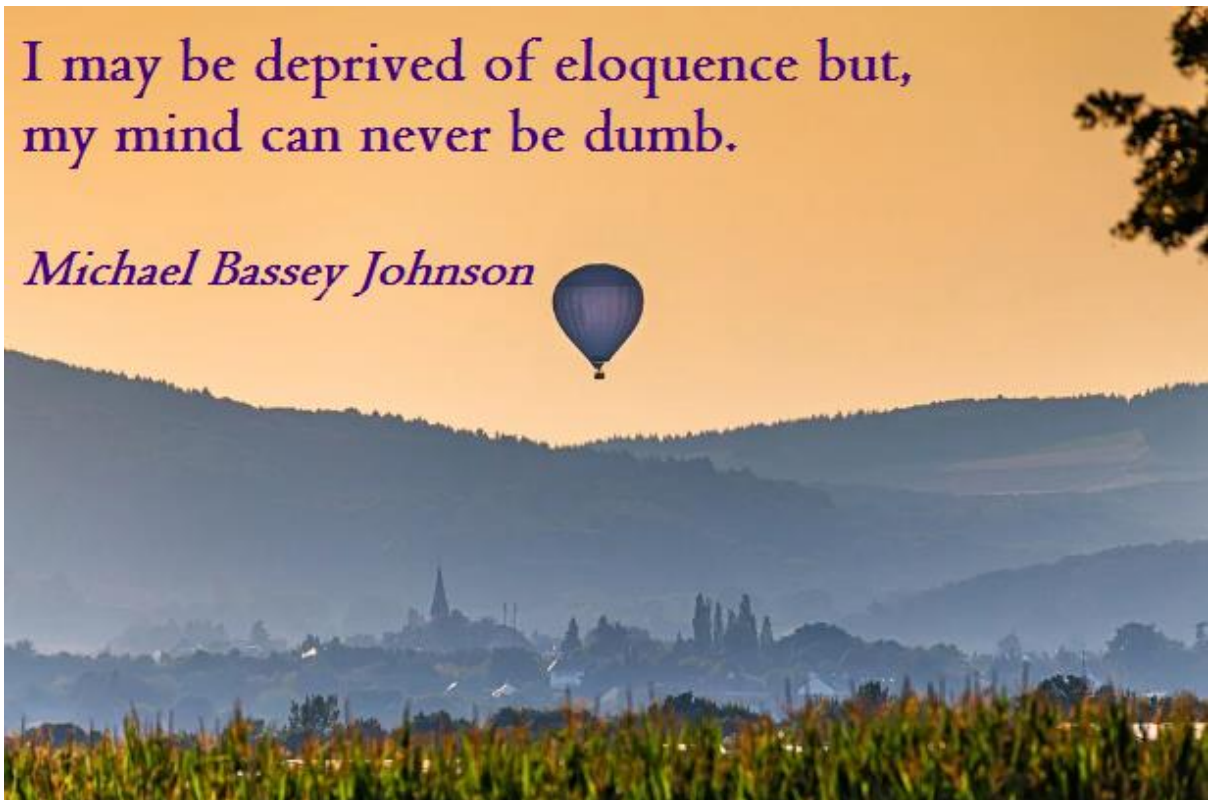
Sir David Attenborough



October 21st – Reptile Awareness Day

I may be deprived of eloquence but,
my mind can never be dumb.

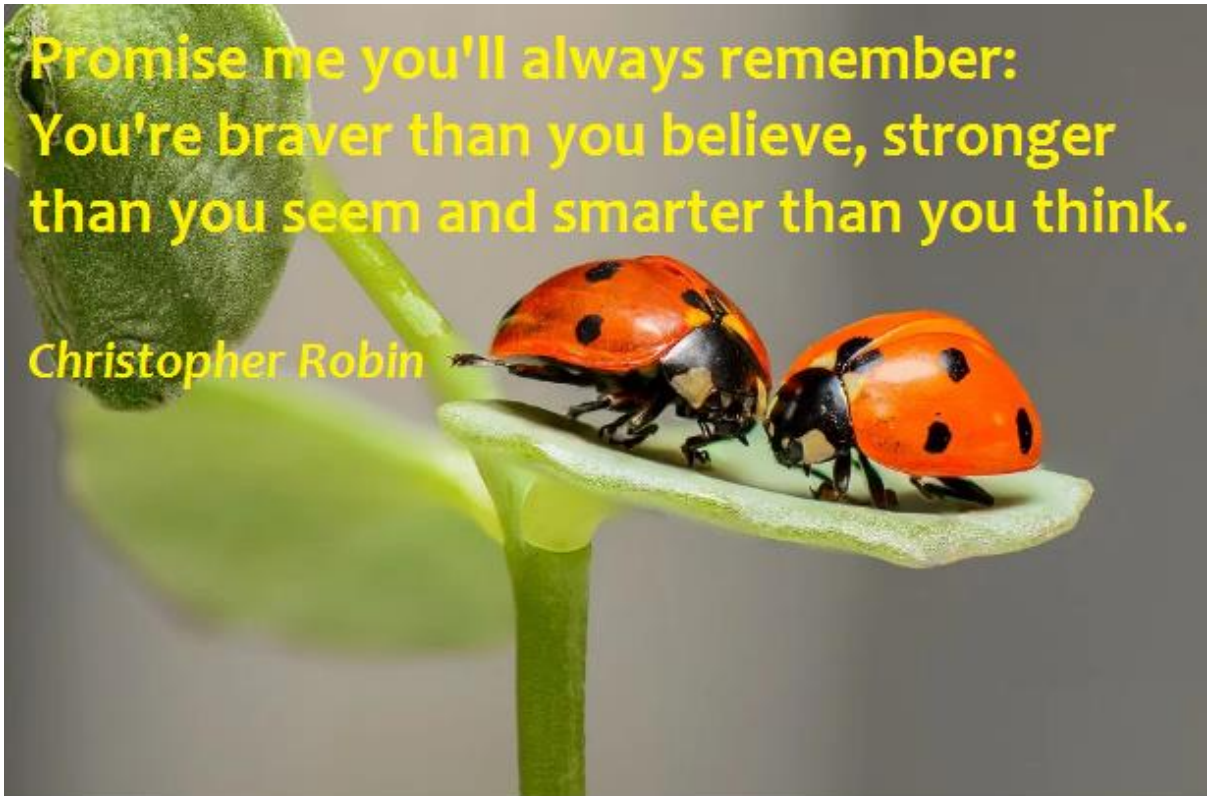
Michael Basse Johnson



October 22nd – International Stammering Awareness Day

**Promise me you'll always remember:
You're braver than you believe, stronger
than you seem and smarter than you think.**

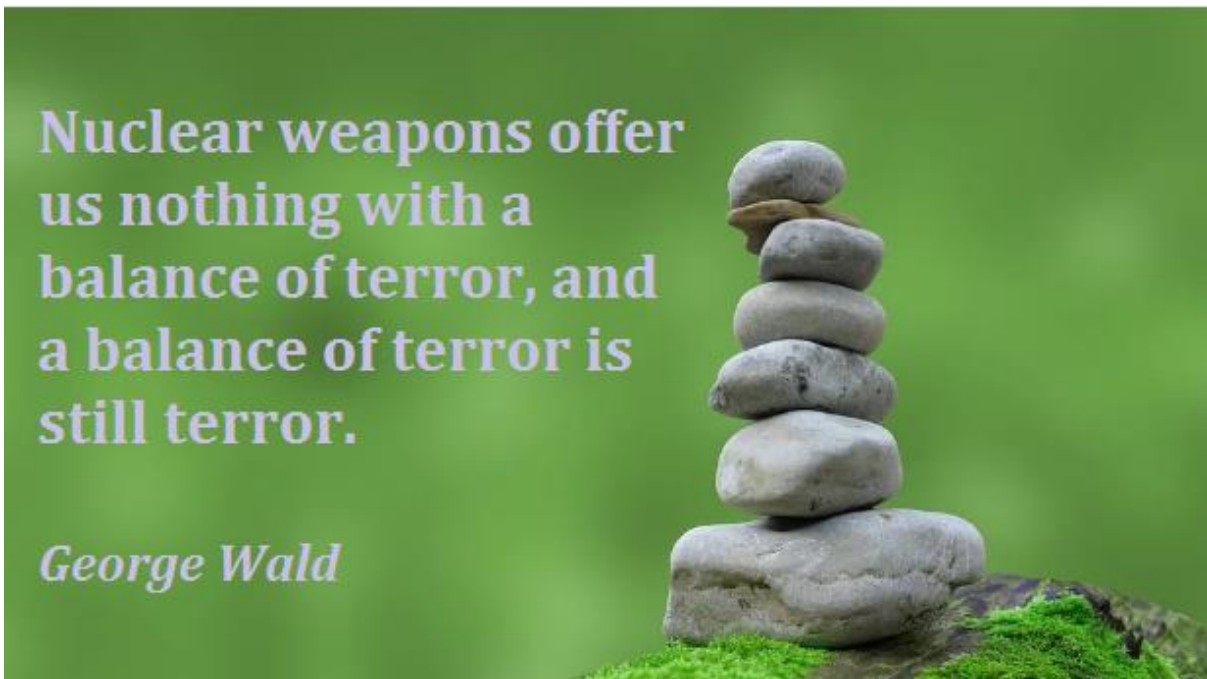
Christopher Robin



October 23rd – SUDEP Action Day

**Nuclear weapons offer
us nothing with a
balance of terror, and
a balance of terror is
still terror.**

George Wald



October 24th – Disarmament Week

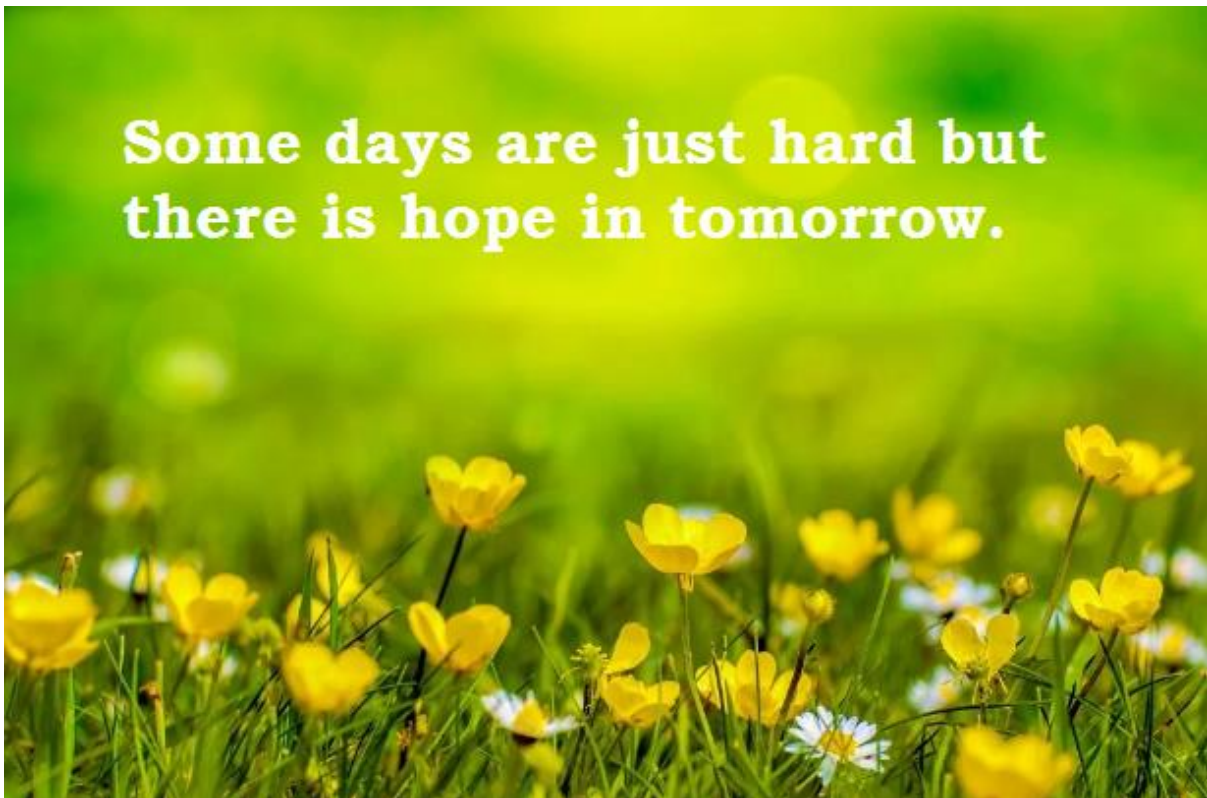
If a student is not fluent in multiple forms of media, I would venture to say that they won't necessarily be considered literate.

Nichole Pinkard



October 25th – Global Media and Information Literacy Week

**Some days are just hard but
there is hope in tomorrow.**



October 26th – International Brain Tumour Awareness Week

**The heritage of the past is the seed that
brings forth the harvest of the future.**

Wendell Phillips



October 27th – World Day for Audiovisual Heritage

**Develop an 'ATTITUDE OF GRATITUDE'.
Say Thank You to everyone you meet
for everything they do for you.**

Brian Tracy

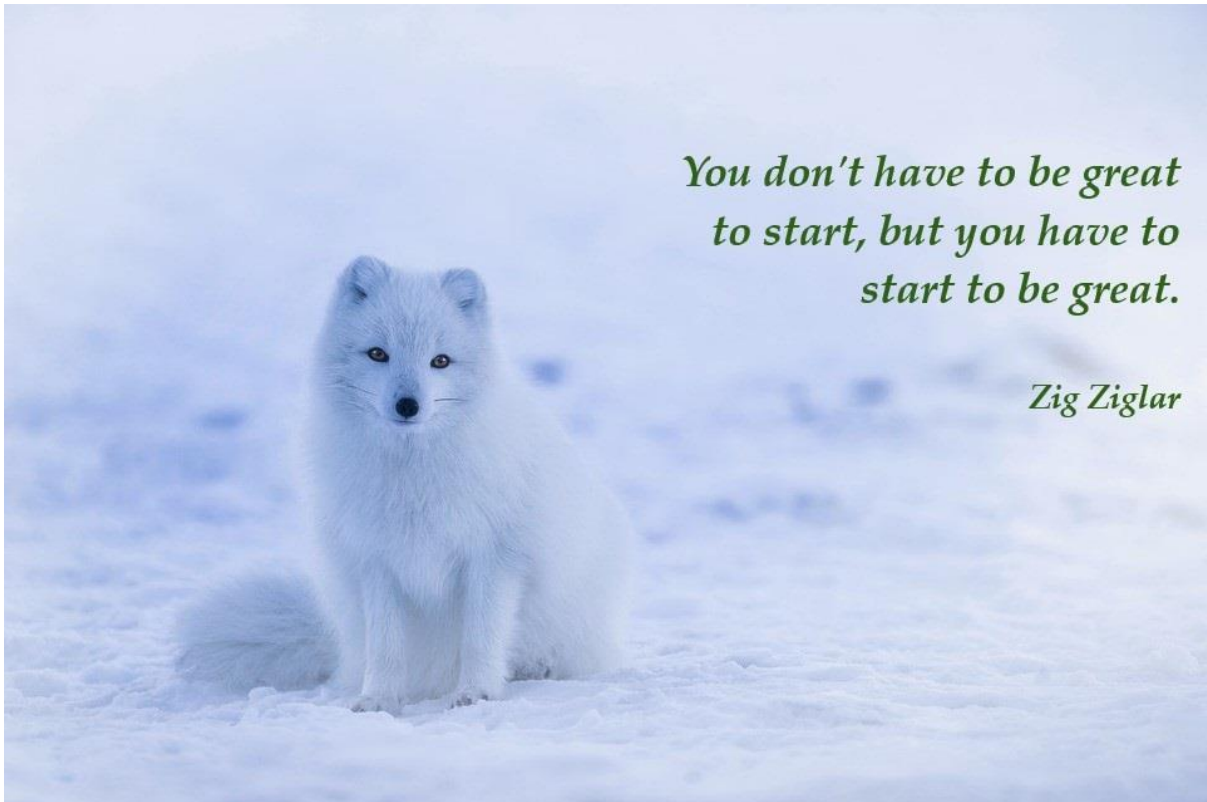


October 28th



**Networking is not collecting contacts.
Networking is about planting
relationships.**

October 29th – World Online Networking Day



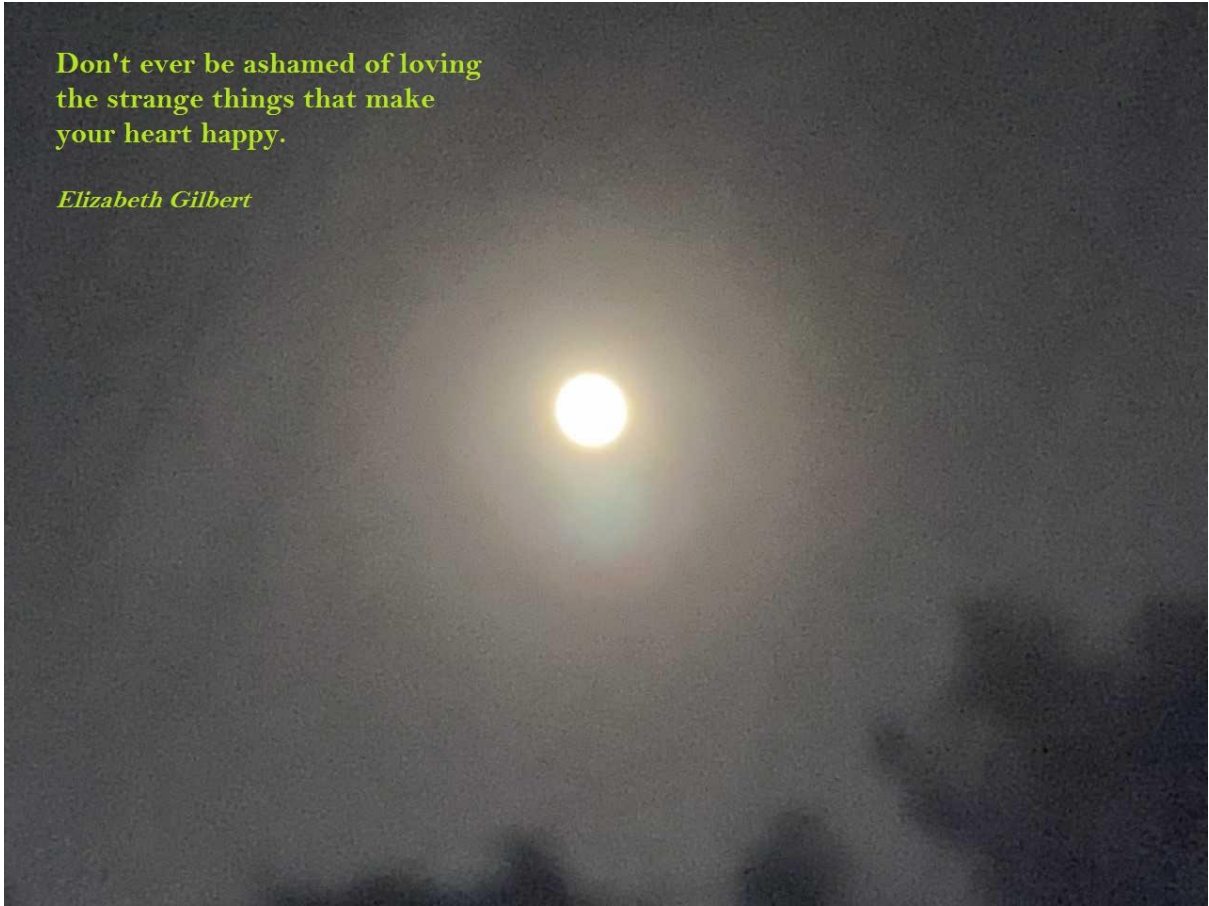
*You don't have to be great
to start, but you have to
start to be great.*

Zig Ziglar

October 30th

Don't ever be ashamed of loving
the strange things that make
your heart happy.

Elizabeth Gilbert



October 31st – Halloween