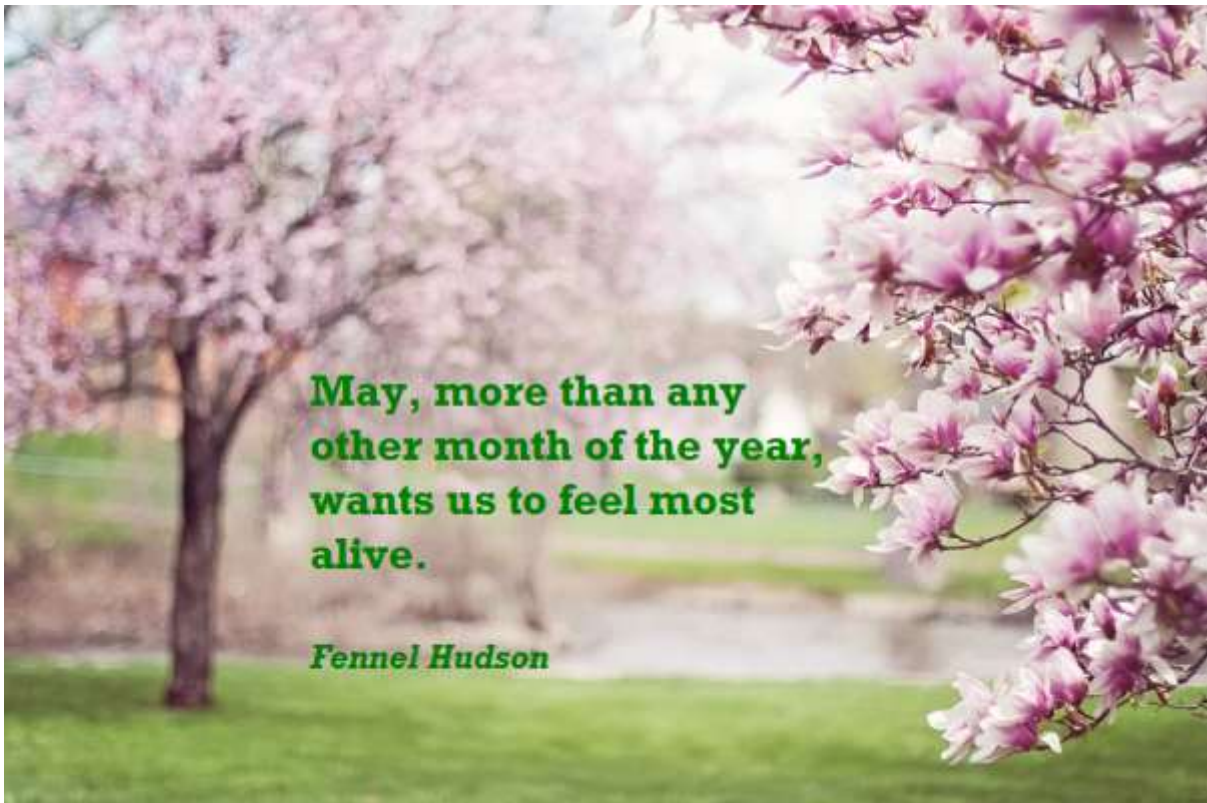
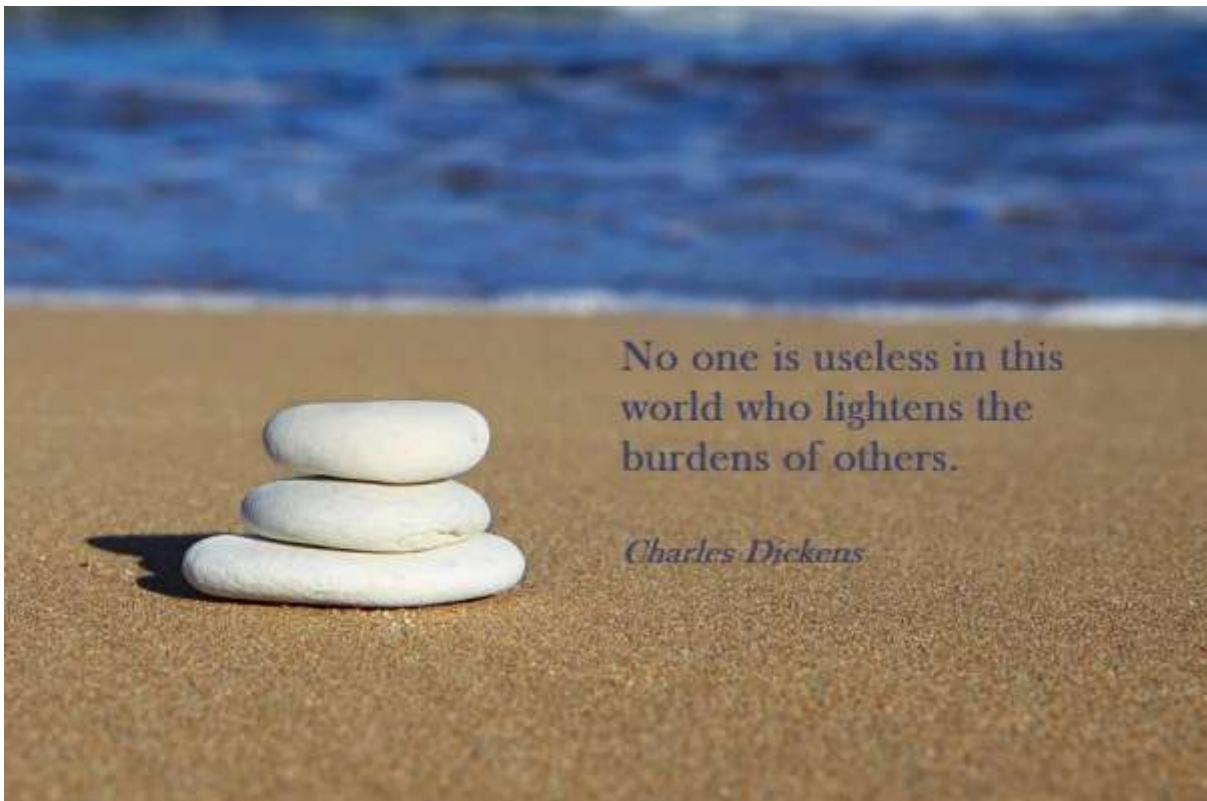


Thoughts For The Day – May 2020



*May 1<sup>st</sup>*



*May 2<sup>nd</sup>*



Don't believe all  
that you think.

*Unknown*

May 3<sup>rd</sup> – Maternal Mental Health Month



No one is perfect -  
that's why pencils  
have erasers.

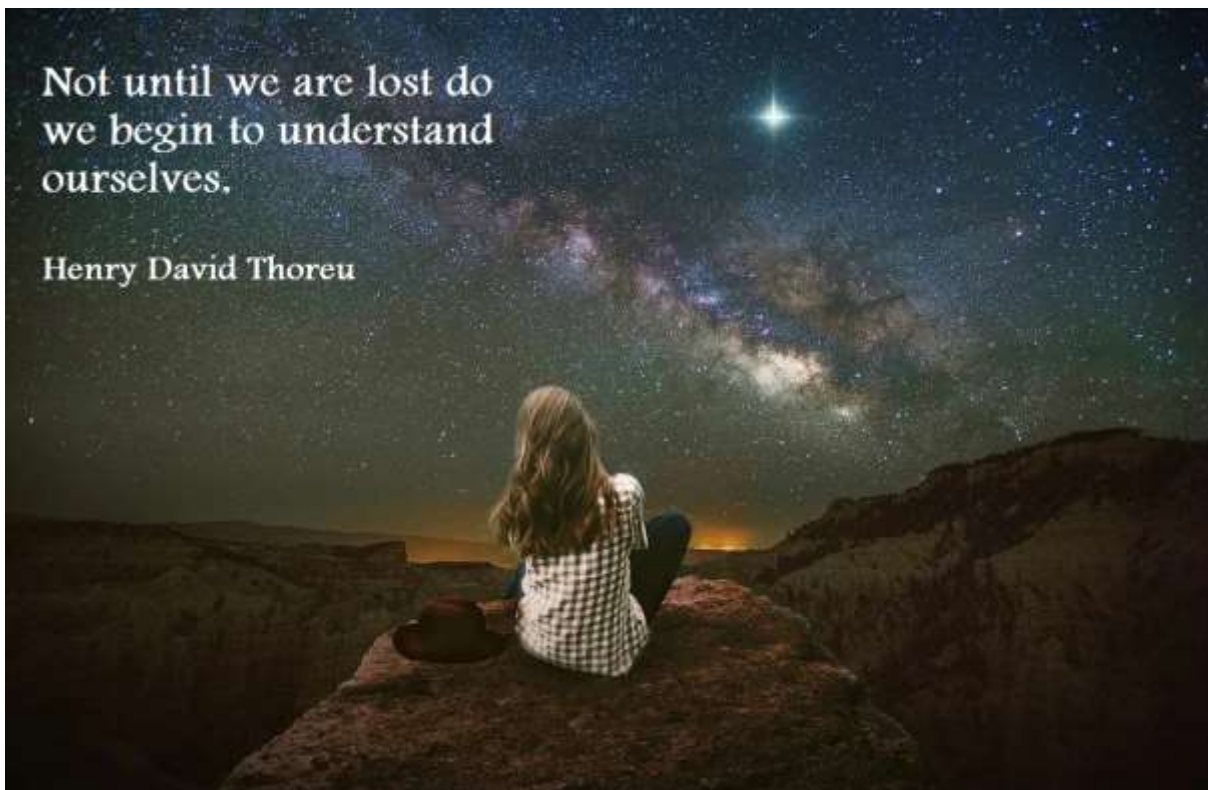
*Wolfgang Riebe*

May 4<sup>th</sup>





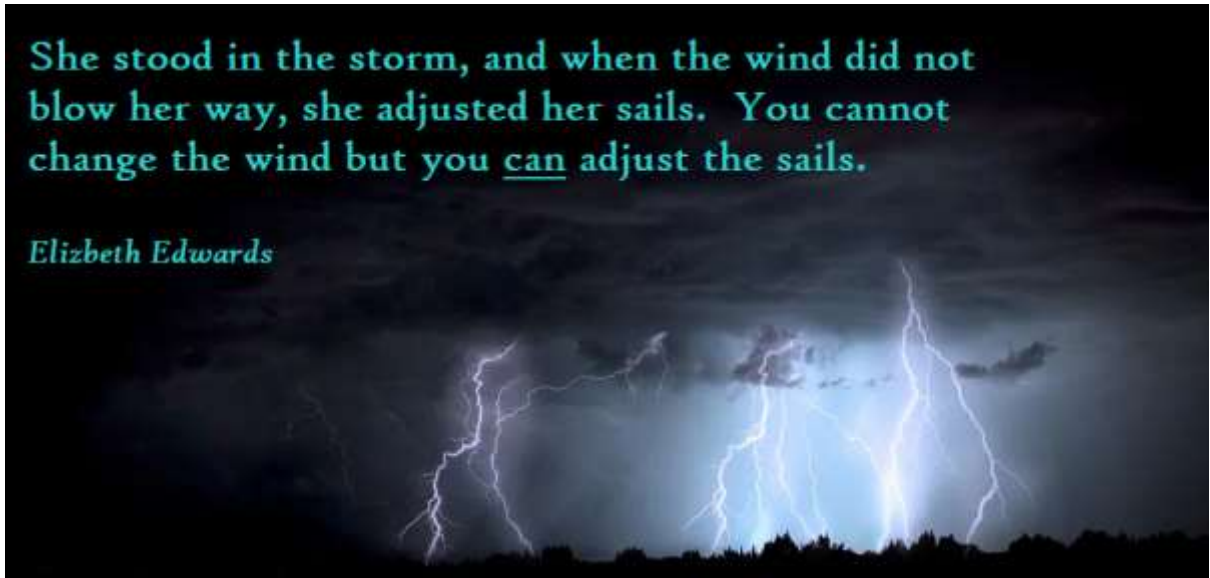
*May 5<sup>th</sup> – International Day Of The Midwife*



*May 6<sup>th</sup> – International Maternal Mental Health Day 2020*

She stood in the storm, and when the wind did not  
blow her way, she adjusted her sails. You cannot  
change the wind but you can adjust the sails.

*Elizabeth Edwards*



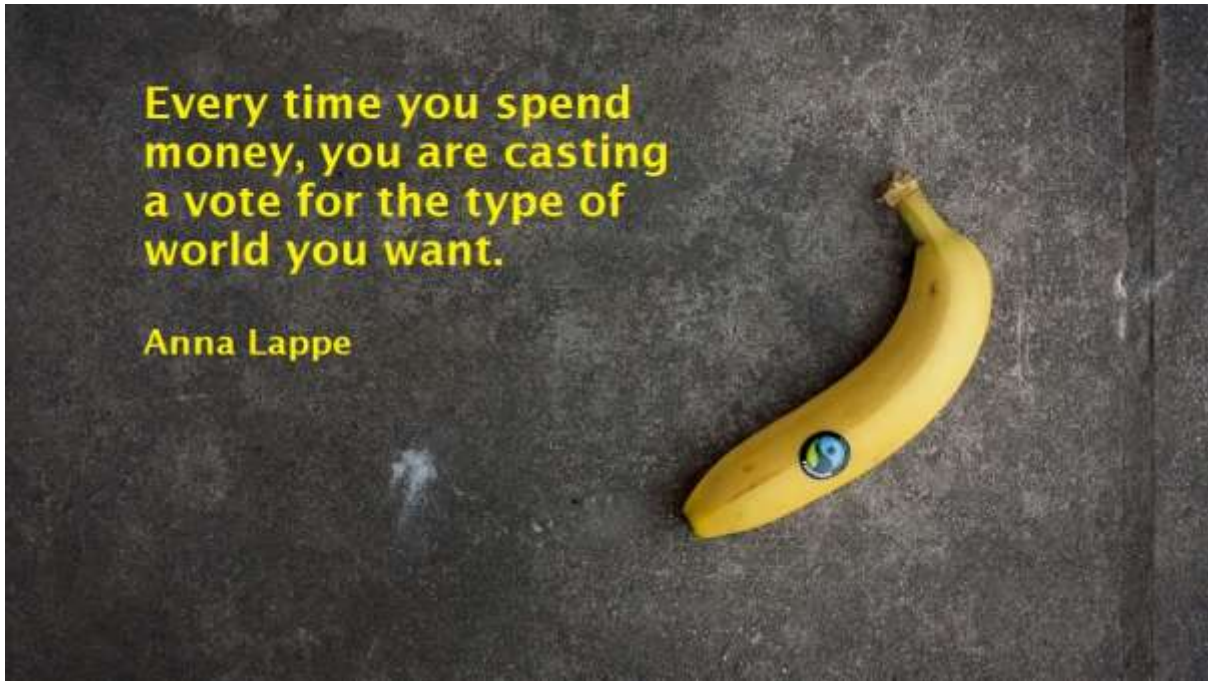
*May 7<sup>th</sup> – World Ovarian Cancer Day*



**The door that nobody else will go in at, always seems to  
swing open widely for me.**

**Clara Barton**

*May 8<sup>th</sup> – World Red Cross Day*



*May 9<sup>th</sup> – World Fairtrade Day*



*May 10<sup>th</sup> – World Lupus Day*





Happiness is not  
by chance, but  
by choice.

Jim Rohn

*May 11<sup>th</sup>*



The best way to find yourself is  
to lose yourself, in the service of  
others.

*Mahatma Ghandi*

*May 12<sup>th</sup> – International Nurse's Day*



One kind word can  
change someone's  
entire day.

*May 13<sup>th</sup>*

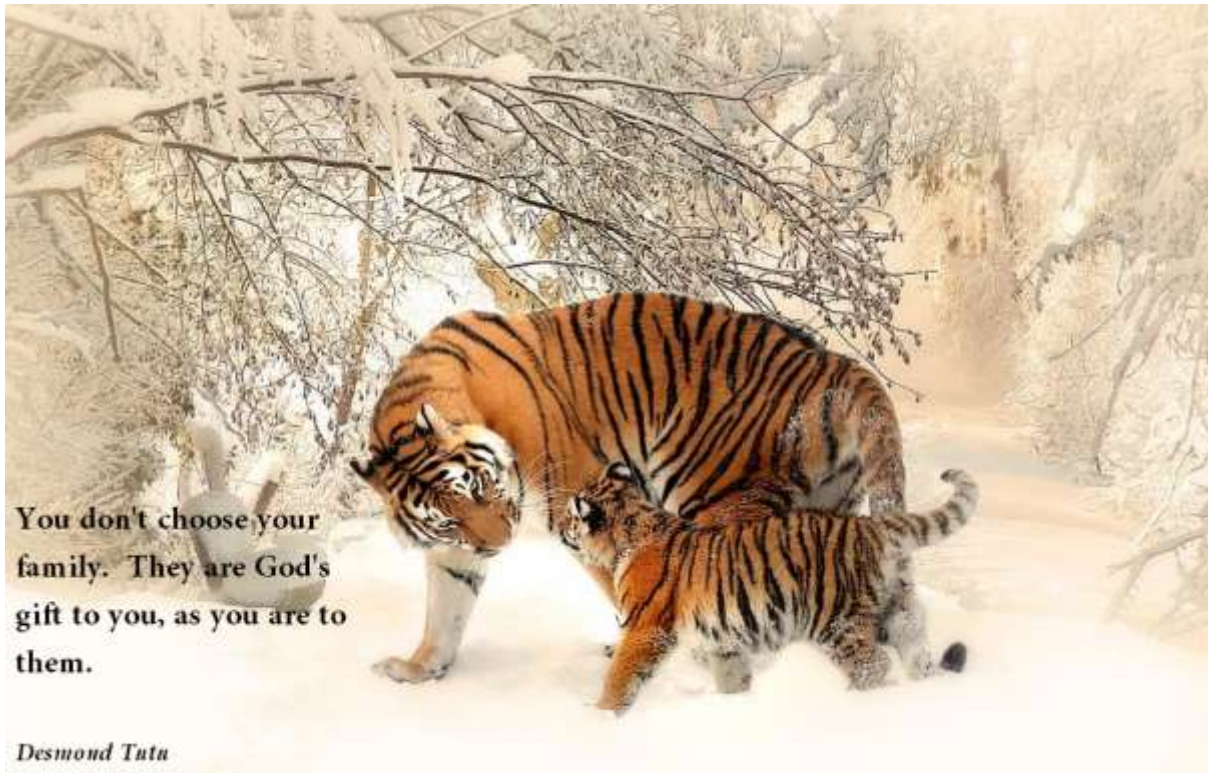


If you want to  
breathe, save the  
trees.

*Brandon Smith*

*May 14<sup>th</sup>*

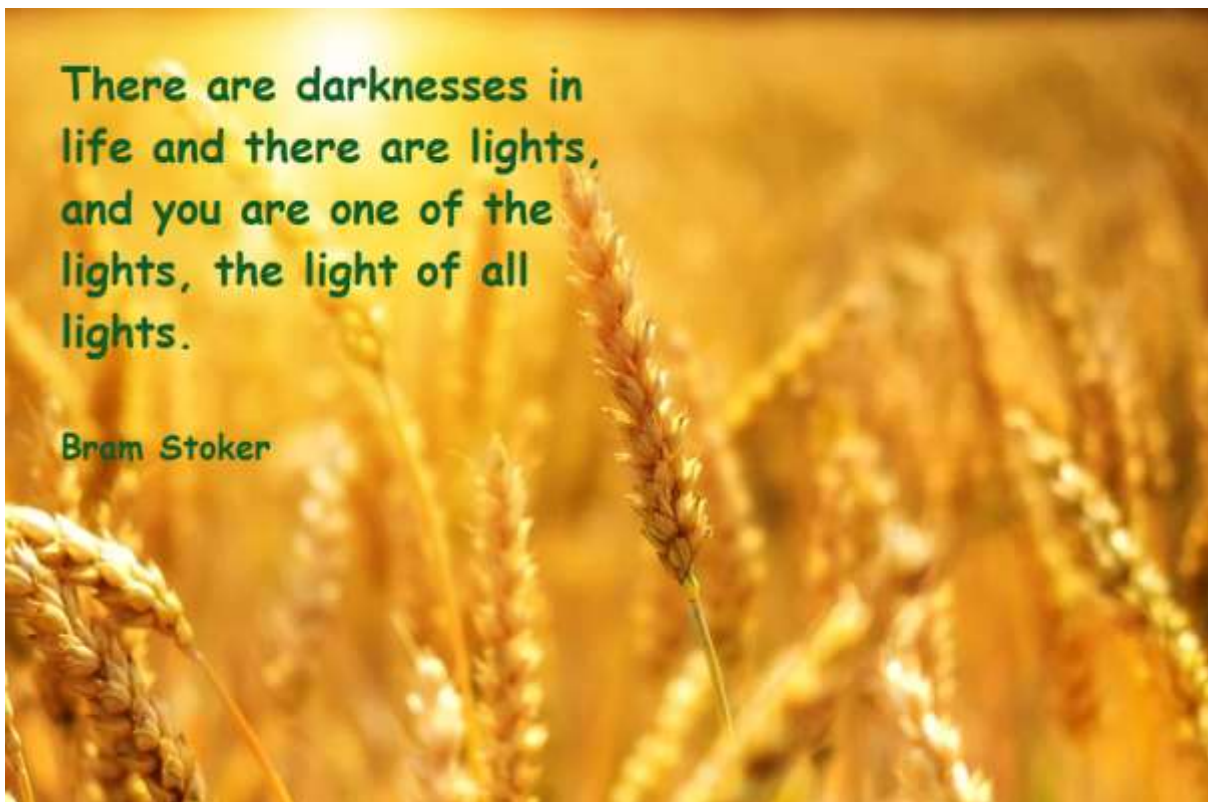




You don't choose your family. They are God's gift to you, as you are to them.

*Desmond Tutu*

*May 15<sup>th</sup> – International Day Of Families*



There are darkneses in life and there are lights, and you are one of the lights, the light of all lights.

**Bram Stoker**

*May 16<sup>th</sup> – International Day of Light*





*May 17<sup>th</sup>*



*May 18<sup>th</sup>*

Friendship is the  
rainbow between two  
hearts sharing seven  
colours:

Faith  
Feelings  
Happiness  
Sadness  
Truth  
Respect  
Love



*May 19<sup>th</sup>*

**Cleverness is a gift, kindness is a choice.**

*Jeff Bezos*



*May 20<sup>th</sup>*





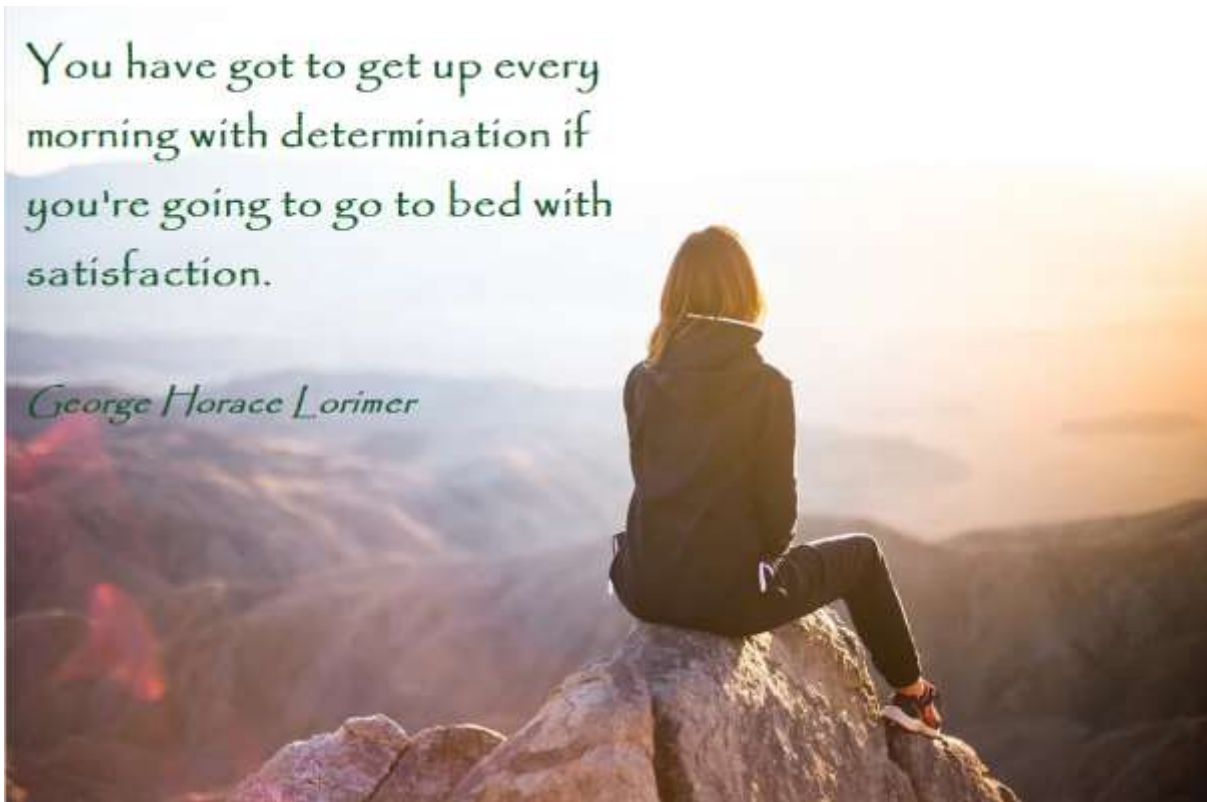
**Diversity is the one true thing we have in common.....Celebrate it every day.**

*Winston Churchill*

*May 21<sup>st</sup> – World Day For Cultural Diversity*

You have got to get up every morning with determination if you're going to go to bed with satisfaction.

*George Horace Lorimer*



*May 22<sup>nd</sup>*

Take a walk with a turtle. And  
behold the world in pause.

*Bruce Feiler*



*May 23<sup>rd</sup> – World Turtle Day*

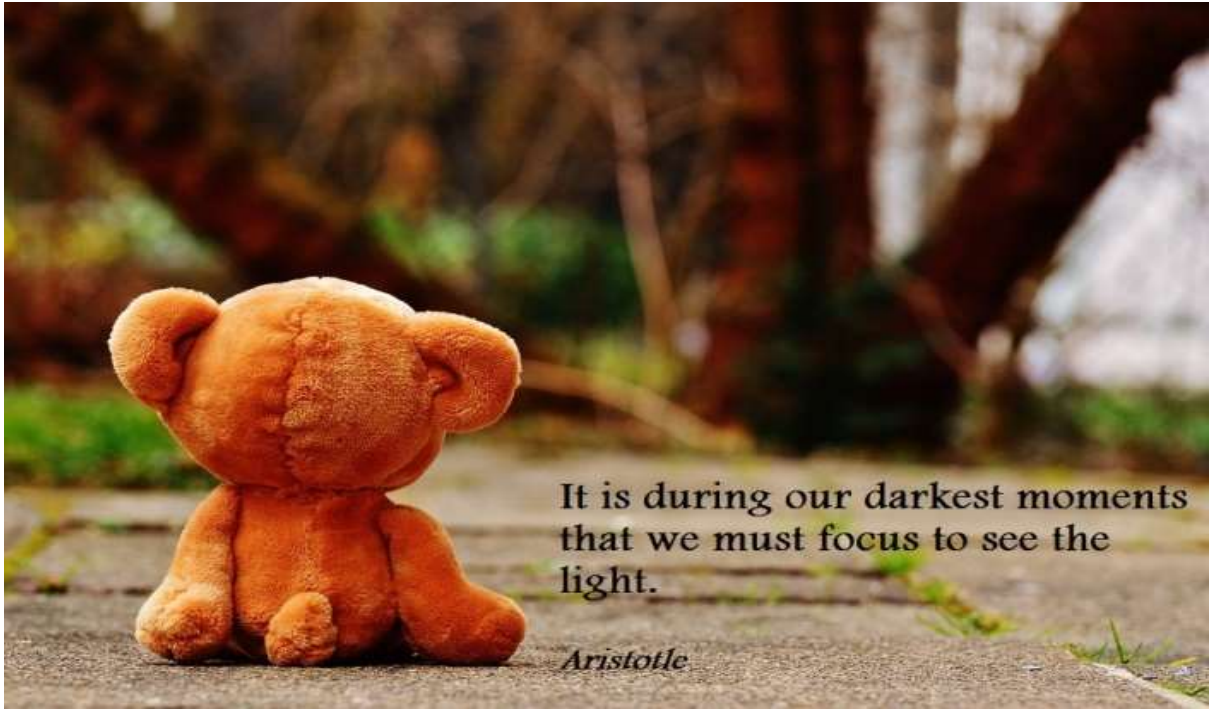
If we live like children  
of God and we let  
ourselves be guided by  
the Holy Spirit, we do  
good to all creation as  
well.

*Pope Francis*



*May 24<sup>th</sup>*





It is during our darkest moments  
that we must focus to see the  
light.

*Aristotle*

*May 25<sup>th</sup> – International Missing Children’s Day*



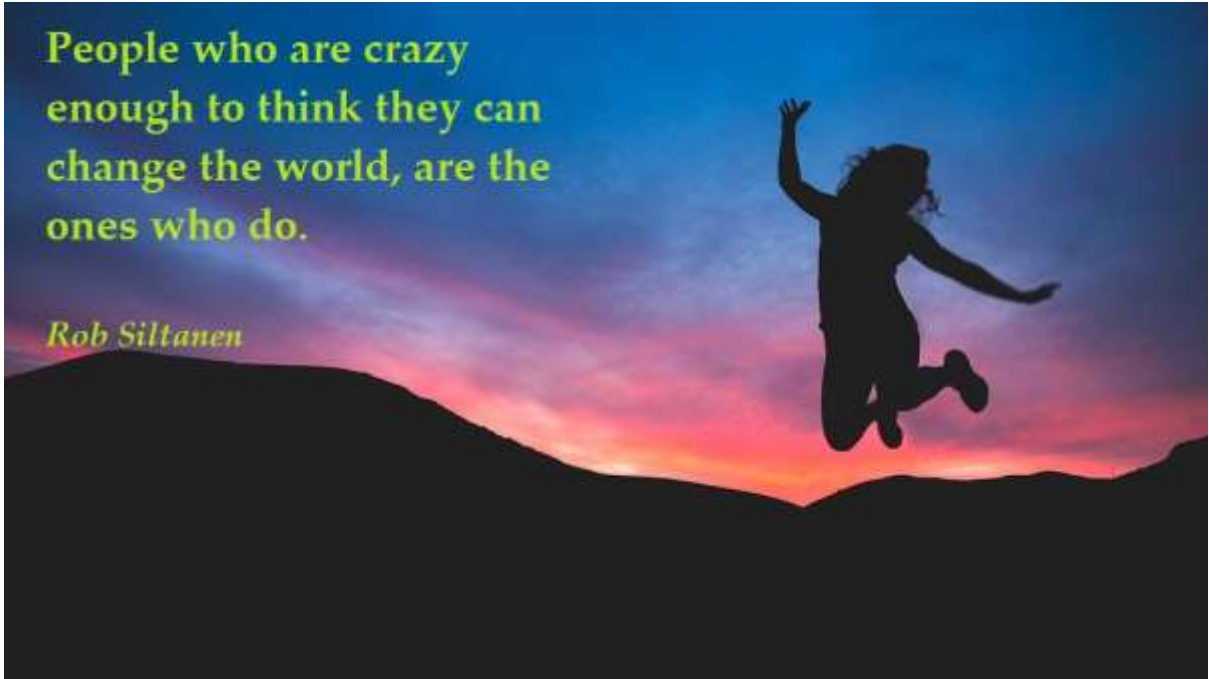
We shall  
never know  
all the good  
that a simple  
smile can do.

*Mother Teresa*

*May 26<sup>th</sup>*

People who are crazy  
enough to think they can  
change the world, are the  
ones who do.

*Rob Siltanen*



*May 27<sup>th</sup>*

If you can't feed a hundred  
people then feed just one.

*Mother Teresa*



*May 28<sup>th</sup> – International World Hunger Day*

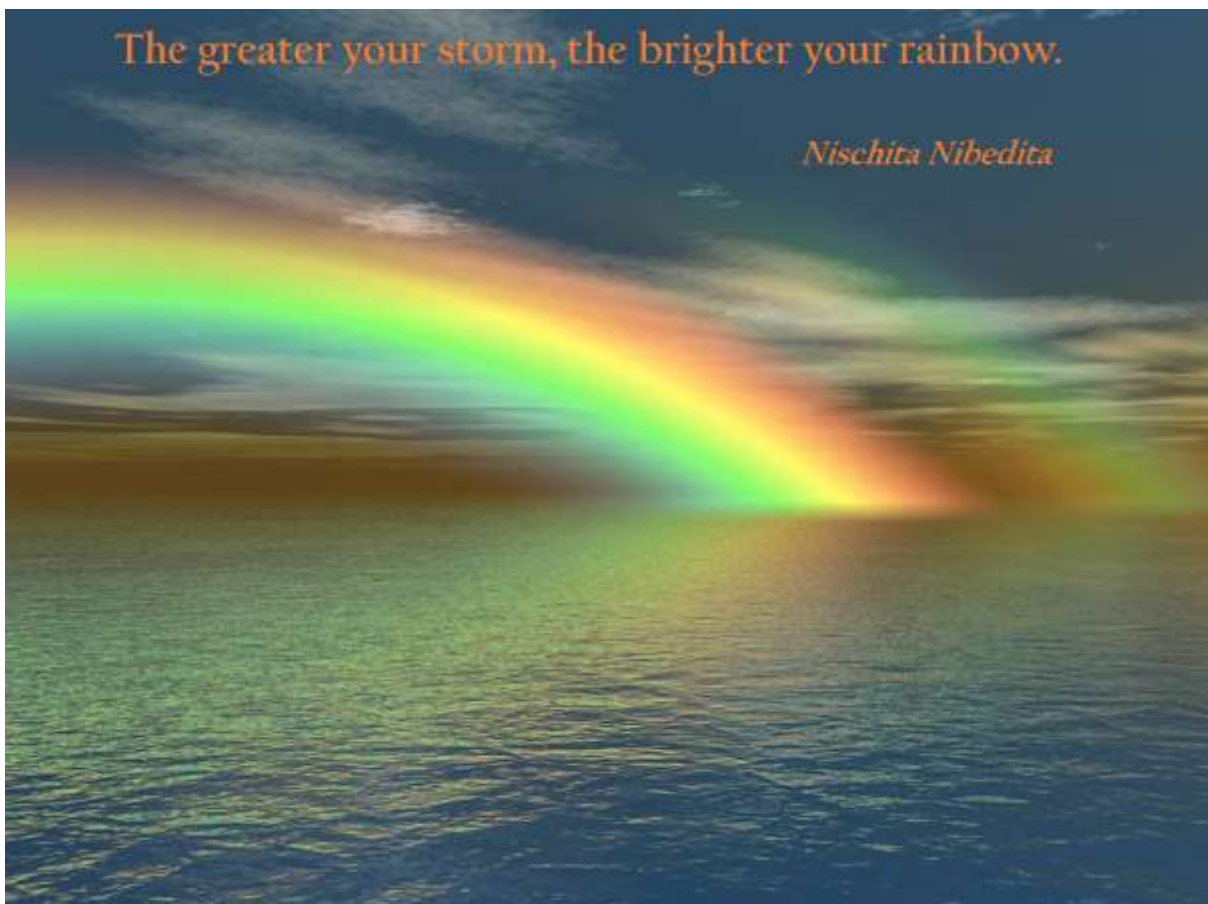




**The United Nations  
is designed to make  
possible lasting  
freedom and  
independence for  
all its members.**

**Harry S. Truman**

*May 29<sup>th</sup> – International Day of United Nations Peacekeepers*



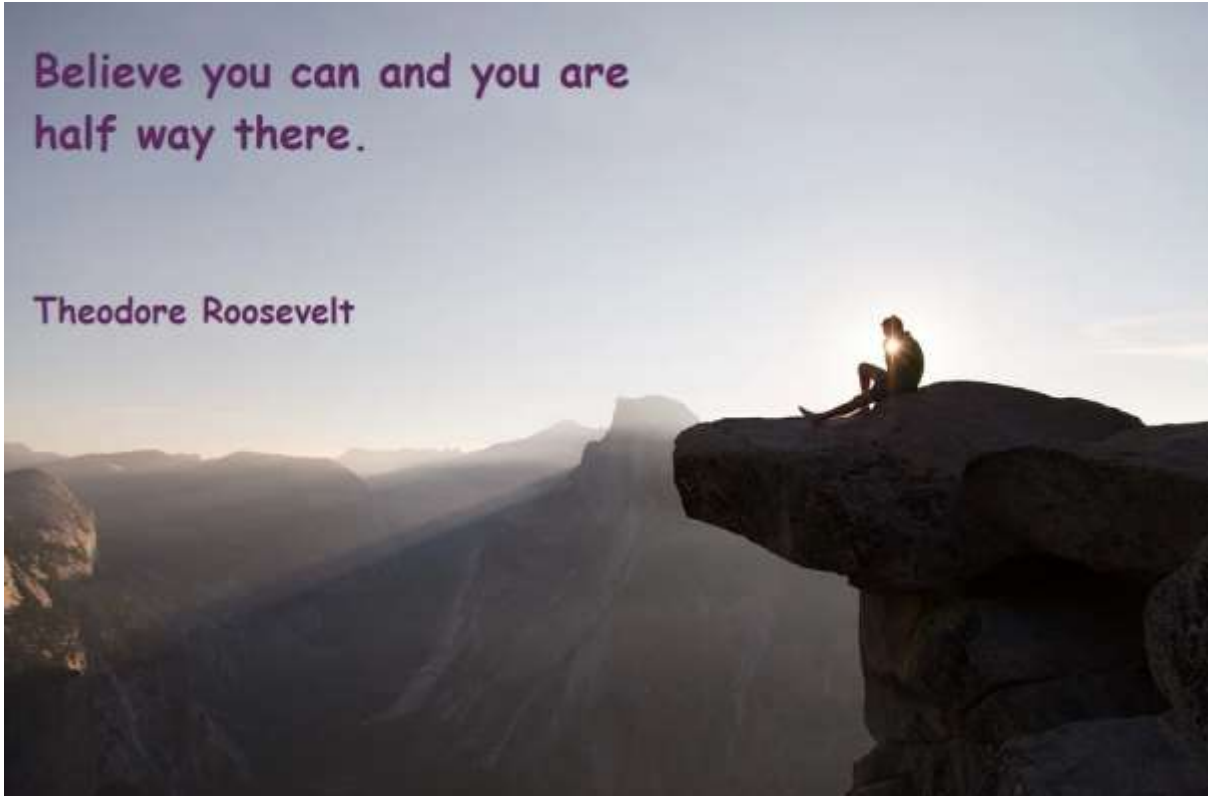
**The greater your storm, the brighter your rainbow.**

*Nischita Nibedita*

*May 30<sup>th</sup> – World MS Day*

Believe you can and you are  
half way there.

Theodore Roosevelt



*May 31<sup>st</sup> – World No-Tobacco Day*